montreal people's yellow pages

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no. 3

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EDITOR
E. Garth Gilker
GRAPHIC DESIGN
Suzanne de Guise
E. Garth Gilker
Craig Campbell
COVER
Madelon Lacombe
ILLUSTRATION
Cynthia A. Olendzenski
Suzanne de Guise
Madelon Lacombe
PHOTOGRAPHY
Craig Campbell
E. Garth Gilker
PROOFING
Sandi Beebe
POETRY & STORIES
Midnight-Gallery 2 / Steven Sky
A Gentle Parody / John McCauley
The Apocalyptic Bus / J. Graham
Waterfall / Carol Leckner
None of the above / Grant Judd

TYPESETTING
Coóperative d'imprimerie Véhicule
Many thanks to friends, Montrealers, and small businesses for supporting our idea.

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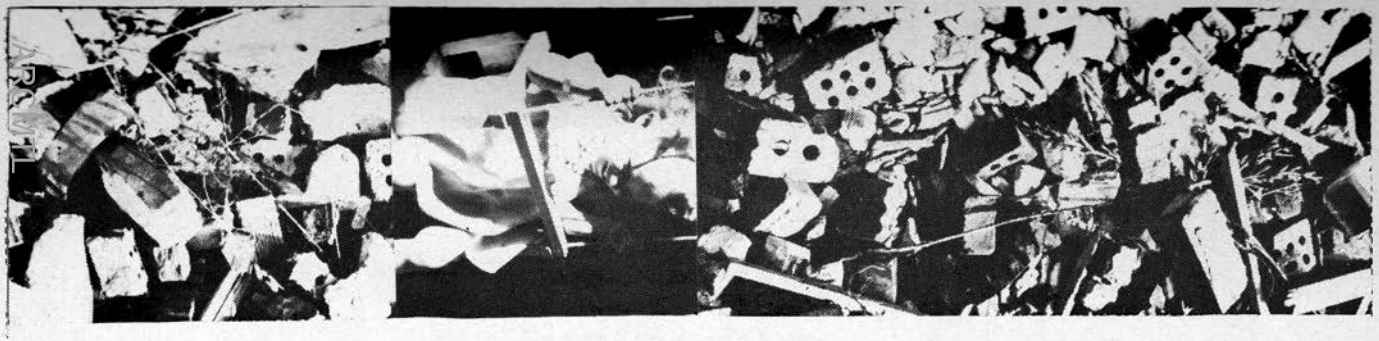

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ABORTION COUNSELLING & REFERRAL

WOMEN'S INFORMATION AND REFERRAL CENTRE. 3595 St. Urbain (842-4781).

Y.W.C.A. WOMEN'S CENTRE. 1355 Dorchester O. (866-9941) (Local 44).

NEW WOMEN'S CENTRE. 3465 Cote des Neiges, Suite 11 (931-3807).

COMMITTEE DE LUTTE POUR L'AVORTEMENT ET CONTRACEPTION LIBRES ET GRATUITES. 4800 Henri Julien (288-4325). Telephone only.

ACCOMMODATION ADDRESS

Poste Restante or General Delivery is a service for those who move around a lot. You can have mail sent anywhere in the world or you can have a mail service wherever you travel. In Montreal the Poste Restante Station is at 1025 St. James O. and is open till 11 p.m. every night except Saturday and Sunday. If your moving on to another city and your expected letter hasn't arrived then fill out a card at the Post Office and on its arrival it will be forwarded to your new address.

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ACCOMMODATION

HOSTELS

CANADIAN YOUTH HOSTEL. 3541 Aylmer (843-3317) $2.00 members and $3.00 non-members for a night.

SUMMER GOVERNMENT HOSTELS

INFORMATION

Hostels
Department of the Secretary of State
66 Slater Street, Room 2322
Lord Elgin Plaza
Ottawa K1A 0M5

	TELEPHONE	PERIOD OPEN	SHOWERS	BEDS	MEALS
MONTREAL: 2130 Bishop.	845-9957	3.6-1.9	●	60	●
MONTREAL: Cité du Havre (Expo).	861-8157	21.6-5.9	●	50	●
VAL DAVID: 2434 rue de l'Eglise.	322-6030	15.6-2.9	●	25	●
MONT LAURIER: Hwy./Rte. 309.	623-4063	16.6-1.9	●	26	●
GRANBY: 31 Queen.		15.6-1.9	●	30	●
BEAUCE: Vallée Jonction.		15.6-1.9	●	40	●
TADOUSSAC: Hwy./Rte. 138.		17.6-1.9	●	30	●
ST. FELICIEN: 1125 Conc./rang 6.	251-3110	15.6-1.9	●	43	●
STE. MONIQUE: Ile du Repos.		1.6-1.9	●	80	●
HAUTERIVE: Boul. Joliet.	589-8013	1.6-2.9	●	40	
SEPT-ILES: 225 rue du Moulin, (Clark City).	583-9685	25.6-25.8	●	40	●
QUEBEC: 1190 Claire Fontaine.	525-9223	1.6-1.9	●	40	●
NATASHQUAN:	726-3236	1.7-31.8	●	20	●
BLANC SABLON:		15.6-1.9	●	20	●

PROVINCIAL HOSTELS

INFORMATION

Haut-Commissariat à la Jeunesse aux Loisirs et aux Sports, Service de Développement Régional et de Plein Air, Edifice "G" 1035, de la Chevrotière Québec G1A 1J4

Charge/Tarif:

with bedding/avec literie	$1.25
with sleeping bag/avec sac de couchage	$0.75
breakfast/déjeuner	$0.50
meal/repas	$1.00
group stay/séjour pour groupe	$6.00 day/jour

BAIE ST. PAUL: Hwy./Rte. 138.		15.6-2.9	●	●
CHICOUTIMI: Hwy./Rte. 54.		1.1-31.12	●	●
MATANE: 354 av. d'Amour.	562-2836	1.1-31.12	●	●
MONTREAL: 6511 St. Vallier.	277-6226	1.1-31.12	●	●
MONT ST. PIERRE: Hwy./Rte. 6.	797-2898	15.6-2.9	●	●
PERCE: Hwy./Rte. 6.	782-2829	15.6-2.9	●	●
QUEBEC: 31 Couillard.		1.1-31.12	●	●
QUEBEC: 69 d'Auteuil.	694-0755	1.1-31.12	●	●
RIMOUSKI: 186 Rouleau.		1.1-31.12	●	●
RIVIERE du LOUP: 139 McKay.	862-6217	15.6-2.9	●	●
ROUYN: 20 est rue Reilly.		15.6-2.9	●	●
ST. FAUSTIN: Lac Carré (Cté Terrebonne).	688-2233	1.1-31.12	●	●
ST. GEDEON: (Cté Lac St. Jean).	345-2607	1.1-31.12	●	●
ST. LUCIE: Lac Legault (Cté Terrebonne).		15.6-2.9	●	●
ST. OMER: Hwy./Rte. 6.	364-7470	15.6-2.9	●	●
VAL MORIN: 114 rue Morin.		15.6-2.9	●	●
TROIS RIVIERES: Parc Exposition.		15.6-2.9	●	●
NORD du NORD SAULT au MOUTON:	231-2214	1.1-31.12	●	●
LA TUQUE: Haute Mauricie.		15.6-2.9	●	●

ROOMS

IROQUOIS HOTEL. 454 Place Jacques Cartier (866-4605). $9.00 and $15.00 a night.

HOTEL NELSON. 425 Place Jacques Cartier (861-5731). $14.00/night.

ESQUIRE ROOMS. 1430 McGill College (288-4993). $14.00 a night with toilet, $9.00 a night - toilet outside.

THE NEST. 1271 Dorchester W. (866-0344). $11.00/week, (men only).

MCGILL RESIDENCE. 3935 University (392-4222). For students for one night a room is $9.50, with breakfast $10.50, with all meals $14.00. For others for one night a room is $10.50, with breakfast $11.50, with all meals $16.00.

VISOSONIE. 481 Prince Arthur O. (845-5879). Dormitory $3.00/night, single $8.00/night, double $10.00/night, inexpensive cafeteria also available.

CALVADOS TOURIST ROOMS. 1720 St. Denis (285-9104). $15.00 and $17.00 a week.

BLUE JAY ROOMS. 1738 St. Denis (845-3542). $7.00/day.

Y.W.C.A. 1355 Dorchester O. (866-9941 ext. 62). Single room - $8.00, $9.00, $10.00/night.

Y.M.C.A. 1441 Drummond (849-5331). $18.00/week.

CHAMBRES CASCADES. 1037 St. Denis (844-1227). $18.00/week.

BISHOP GUEST HOUSE. 1242 Bishop (879-0500. $17.00 and $22.00/night.

THE INN. 1070 Mackay (878-9393). Farout accommodations.

PETE'S PLACE. 1233 Mountain (879-0523). $8.00 for a single room, $12.00 for a double/night. Caters to gay cliental.

OLD BREWERY MISSION. 915 Clark (866-6591). Refuge for destitute men.

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SALVATION ARMY MEN'S RESIDENCE. 1620 St. Antoine (932-2214).

SALVATION ARMY WOMEN'S RECEIVING HOME. 4102 Dorchester O. (932-5306).

ACUPUNCTURE

ACUPUNCTURE ASSOCIATION OF QUEBEC. 1459 Belanger E. (727-3466).

ACUPUNCTURE SINO-THIBETAINE. 7454 St. Denis (271-3963).

CENTRE D'ACUPUNCTURE DU QUEBEC. 6716 St. Denis (271-8515).

CLINIQUE D'ACUPUNCTURE DE MONTREAL. 1459 Belanger E. (727-3523).

INSTITUTE D'HYGIENE ALIMENTAIRE. 1332 Fleury E. (388-5793).

SAMUEL FAIERSTEIN. 1003 St. Joseph E. (843-5019).

AIR TRAVEL

AIR CANADA. Reservations (931-4411). Arrivals/Departures (931-6464).

CP AIR. (931-2233).

AIR FRANCE. (861-9001).

EASTERN PROVINCIAL. (935-2561).

QUEBECAIR. (636-3890).

EASTERN. (931-8211).

BRITISH AIRWAYS. (874-4141).

PAN AM. (861-0521).

AVIANCA "Colombian Airline" (861-2766)

SCANDINAVIAN AIRLINES. (861-8311)

AEROFLOT. (288-2125). Soviet Airlines.

AMUSEMENT PARKS

BELMONT PARK. 12530 Rivoli (334-6212). Opens on April 29th, and closes on Labour day. Admission: children – (16 and under) 15 cents; adults – 30 cents. Transportation: metro to Henri Bourassa, then transfer to bus no. 69 going west, to the end of the line.

LA RONDE. "Man and His World" Opens May 13th and closes Sept. 4. Somewhat expensive. Transportation: metro to Papineau, transfer to bus no. 169 or take metro to Ile Ste. Hélène. (872-6222).

ANIMALS

INFORMATION CANINE DE MONTREAL. 9998 Lajeunesse (382-1685) open 8:30 - 6:00 p. m. and Thursday till 8:00 p.m. They provide grooming and pet shop service. Also a bookshop library and telephone information and referrel centre for animals.

S.P.C.A. (735-2711) 5215 Jean Talon O.; 2202 St. Antoine O., free diagnosis Monday and Thursday between 3 - 4:30 p.m.; 3880 Ste. Catherine E. free diagnosis Tuesday between 2:30 - 4 p.m.

CLINIQUE VETERINAIRE MOTORISEE (382-2263). House calls only.

MOBILE VETERINARY CLINIC (389-1462). House calls only.

JASMIN & JASMIN. 740 Guy (932-3149).

ANIMAL CLINIC OF COTE DES NEIGES (738-6491)

ANIMAL HOSPITAL OF MONTREAL. 324 Victoria (489-8217).

ANIMAL HOSPITAL OF PARK EXTENSION. 910 Ogilvy (273-4921).

OUTREMONT ANIMAL HOSPITAL. 1102 Van Horne (276-1226).

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ANTIQUES

BILLIES' ANTIQUES. 2039 St. Laurent (849-1553).

ANTIQUES PUCES LIBRES. 4274 St. Denis (842-5931).

HUBERT'S ANTIQUES. 58 Pine Ave. (288-3804).

THE OTHER SHOP. 232 Duluth E. (845-3503).

MENDELSON. 167 Craig E. (866-9543; 866-4831).

CIRCA 1880. 2127 St. Urbain, 1654 and 1886 Notre Dame O. (849-9670).

HONKY TONK ANGEL. 3667 St. Laurent (288-1992)

SPIDER WEB. 1418 Notre Dame O. (935-3933).

RIEN DE NEUF. 1894 Notre Dame O. (932-8838)

MARTIN ANTIQUES. 1874 Notre Dame O. (932-6213).

L'ATELIER. 515 Bonsecours (844-0360).

LA PATENTE, ENRG. 119 Pine E. (844-0066). Repair shop for electrical and mechanical antique "things".

ANTIQUES NOSTALGIA

TANGO. 2065 St. Laurent (843-7619). Pieces of nostalgia from the early 1900's.

MUMBLE. 1059 Bleury (861-6283).

NOSTALGIA FACTORY. Viaduc, Place Bonaventure (845-8002). A gallery of advertising of the 30's and 40's.

ANTIQUES ARCHITECTURAL

ARCHITECTURAL ANTIQUE SHOP. 119 St. Pierre (849-3344). Some of the finer pieces saved from the demolition war against some of Montreal's architectural valuables.

AREAS

STREETS OF INTEREST

DOWN CENTER. McKay, Bishop, Crescent, Mountain, Stanley, between Dorchester and Sherbrooke Streets. Heavy concentration of boutiques, pubs, restaurants, coffee houses and droves of people just floating around.

STE.-CATHERINE STREET. Montreal's main retail thoroughfare, with all the major department stores.

CARRE ST.-LOUIS, ST.-DENIS STREET. (Just above Sherbrooke) The centre of Montreal's "village" or Latin Quarter. Prince Arthur Street winds east from the McGill Campus to the park through Village Carré St. Louis.

ST.-DENIS STREET (below Sherbrooke). Very much like the Crescent Street area though with a more distinctly french atmosphere.

ST. LAWRENCE BLVD. Montreal's ethnic area. It is by far the most economical and interesting for marketing and a fascinating environment through which to stroll and window shop.

LOWER ST. LAWRENCE BLVD. "The Main" . . . freaky bars, steamed hot-dogs parlours, porno flics, the tatoo parlours, amusement arcades.

PLACE JACQUES CARTIER. A gathering place for people on warm summer afternoons and evenings, it also has its share of clubs, restaurants and flower stands.

RUE SAINT PAUL. The first street in Old Montreal, it is a narrow cobbled street with lanterns and snug stone buildings, small boutiques and restaurants.

ART GALLERIES

GALERIE ANDRE-GEORGES. 224 St. Paul O. (845-3996).

GALERIE MILLOR YOUST. 205 St. Paul O. (843-3190).

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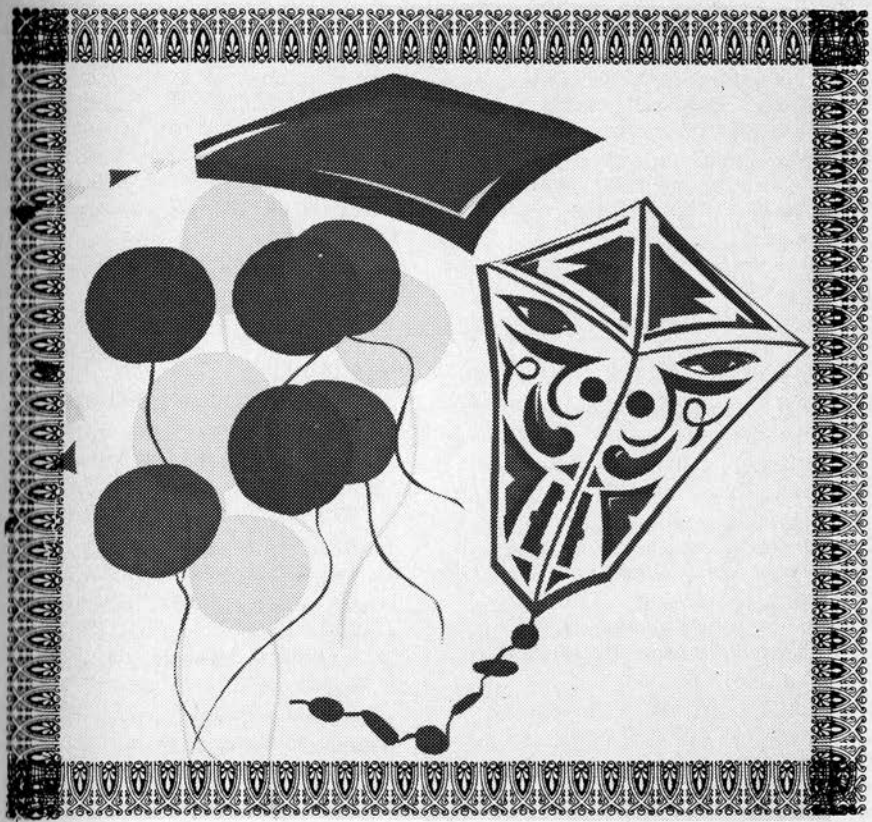

VEHICULE ART. 61 Ste. Catherine O. (844-9623).

KASTEL GALLERY. 1366 Green Ave. 933-8735.

ARTORIUM. 420 rue Bonsecours (866-8689).

GALERIE B. 2175 rue Crescent (844-6950).

ESPACE 5. 1115 Sherbrooke O. (844-3831).

GALERIE GILLES GHEERBRAND. 2130 Crescent (843-7535)

MEDIA GRAVURES ET MULTIPLES. 276 Sherbrooke O. (844-5642).

GALERIE CLAUDE ET LUCE. 1637 St. Denis.

GALERIE LA RELEVE. 3611 St. Denis (845-3898).

GALERIE LA SAUVEGARDE. 160 Notre Dame (861-2658).

GALERIE POWER HOUSE. 3738 St. Dominique (844-4101).

CHARLES BUTLER. 408 St. Gabriel (845-1959).

WEISSMAN GALERIE. 1455 de Maisonneuve. Concordia University.

ARTLENDERS. 318 Victoria Ave. (484-4691).

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ART MATERIALS

ART CO-OP. 2922A Crescent.

ART-TEC. 269 Sherbrooke O. (288-9892).

BRITISH BLUE PRINT CO. 1831 Ste. Catherine O. (935-9919).

CRAWLEY. 1396 Sherbrooke O. (842-4412).

FISHER. 1218 Drummond (866-7867). Large supply of instant acetate lettering.

HUGHES-OWENS. 2050 Mansfield (288-3698).

STAPLE CRAFT. 6540 Park Ave. (273-2586).

NOUVEATES EDUCATIVES. 2001 St. Denis (844-1922).

GEMST. 5380 Sherbrooke O. (488-5104). Also has a framing service besides art supplies.

LE PLAQUE SHACK. 1189A Crescent (861-2140). Specializes in photographs, maps etc. Mounted on wall plaques.

HICKEY PLASTICS. 700 duGolfe, Nun's Island (769-8545). Supplier of plastics.

LECLERC WEAVING CENTRE. 9210 Lajeunesse (384-9500).

BILLARD. 1579 St. Denis (288-7960). Weaving and needlecraft supplies.

JEANNETTE'S NEEDLECRAFT SHOPPE. 5322 Queen Mary Road (486-2800).

Also refer to beads, candles, fabrics, film equipment, leather supplies, photographic supplies and pottery supplies.

ART STUDIOS . . .

POWER HOUSE GALLERY. 3738 St. Dominique (844-4101). $20 - $60 per month for space.

ARTISANS

QUEBEC HANDICRAFT CENTRE. 1450 rue St. Denis (849-9415). 1474 Peel Street.

THE CANADIAN GUILD OF CRAFTS. 2025 Peel Street (849-2379).

COUP D'OEIL. 3443 St. Denis (845-4896).

L'EMPREINTE. 130 St. Paul E. (861-4427).

LES ARTISANS DU MEUBLE QUEBECOIS. 88 rue St. Paul E. (866-1836).

CADEAUX QUEBEC. 3770 St. Denis (849-5527).

BOUTIQUE SOLEIL. 430 Bonsecours (866-9019).

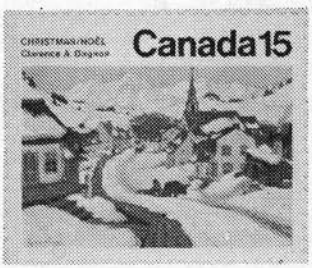
DETOUR. 37 St. Paul E. (861-2311).

L'ATELIER DU PRAGUE. 383 St. Paul E. (861-4020).

ARTISANAT. 312 St. Paul O. (525-1232).

ATELIER D'ART. 278 Sherbrooke O. (845-6443).

LE TOUCAN. 1567A St. Denis (843-4698). Specialize in stuffed pillows and dolls.



LES ATELIERS DE LA MANDALA. 351 Duluth E. (523-2037) Artist of leaded glass.

L'ATELIER DE PRAGUE. 383 St. Paul E. (861-4020) Ceramics & candles.

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BABY SITTING

WE SITTERS AGENCY. 672-6070.

BABY SITTERS SERVICE. 4253 Ste. Catherine O. (932-2191).

BELLANGER BABY SITTING. 1426 Bishop (844-2686).

LES AIDES MENAGERS. 936 St. Joseph E. (527-8351).

PROXY PARENTS. 6505 Sherbrooke O. (481-4058).

PEOPLE'S ANTI-POVERTY ASSOC. 1047 Van Horne (277-7169; 277-3330; 273-9333). Emergency baby sitting.

BADGE AND BUTTON PRODUCERS

EXCULSIVE BUTTON. 99 Chabanel O. 4th floor (384-8185).

FORD. 101 Eimslie (363-6011).

BAKERIES

ST. LAWRENCE BAKERY. 3830 St. Lawrence Blvd. (845-4536). Open until 11 p.m. daily. This bakery has everything from bagels to cheese cake, all baked in brick ovens.

SAMOS. 26 Roy Street E. (845-8833). Open usually until 10 p.m. Greek bread and pastry.

LEVINE'S. 3670 St. Lawrence Blvd. (845-1634). Open 7 a.m. until 10 p.m. daily.

CHINESE BAKERY "FONG WONG" 1057 St. Lawrence Blvd (866-8229). You can buy such delights as Moon cakes, sweet melon cakes and sesame candies. Open until 8 p.m. daily.

PELOPONISSOS. 152 Napoléon (845-6765). Greek bread and a variety of pastries. Open 24 hours a day.

BAGEL FACTORY. 263 St. Viateur (276-8044).

VAN HORNE BAGEL BAKERY. 4655 and 4777 Van Horne (731-7567).

BOYMAN'S BAKERY. 4874 St. Lawrence (845-5713).

CANTOR. Alexis Nihon Plaza (932-1517).
1665 de Maisonneuve O. (935-6262).
2209 Ste. Catherine O. (937-2471).
4421 Ste. Catherine O. (931-3631).
4853 Sherbrooke O. (481-9674).
All Cantor Bakeries are open until 11 p.m. nightly.

BELGIUM PASTRY. 289 Sherbrooke O. (845-1245).

DUTCH PASTRY SHOP. 3781 St. Lawrence (288-6707).

PATISSERIE PETIT PARIS. 261 Bernard O. (277-2640).

WESTMOUNT CAKE AND PASTRY. 4966 Sherbrooke O. (484-5010).

WILLIAN TELL. 2055 Stanley (288-0139).

LA PATISSERIE DE NOTRE MAISON. 4066 St. Laurent (844-2169). Fine french bread and good croissants.

BASKETS

GLOBE BASKETWARE. 438 McGill (845-2454).

VANNERIE. 1182 Ste. Catherine O. (861-8589).

IMPORT BAZAAR. 1108 Ste. Catherine O. (866-6166).

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Peel Cycle Center

"The Getaway Gear Shop" specialists in "On Your Own Steam" travel equipment.

BICYCLES

10 Speed Specialists

BACKPACKING EQUIPMENT

Packs, Tents, Stoves, Down Sleeping Bags, Hiking Boots

CANOES – SALES & RENTALS

Grumman Aluminium Fibreglass, Wood and Canvas Paddles, Accessories

CROSS COUNTRY SKIS & SNOW-SHOES – SALES & RENTALS

Top quality - everything you need to have a ball this winter.

FREEZE DRIED FOOD

CLOTHING FOR OUTDOORS PEOPLE

Foul weather gear, Norweigan Ragg Socks, 100 percent wool, Sweaters, Ponchos etc.

1398 Sherbrooke St. W.
Montreal, P.Q.
844-8606

BATHS

CENTRAL STATION. Both men's and women's public shower facilities are available for 50 cents.

BEADS

BYBLOS. 2120 Bleury (849-4479).

PYKASSO. 1265 Bishop (861-6075).

FISHER. 1218 Drummond (866-786

FOYER D'ARTISANAT RAYMOND 1673 Ste. Catherine E. (524-7833). Near Papineau Metro. Good variety o macrame beads.

BICYCLE HIRE

PEEL CYCLE. 1398 Sherbrooke O. (844-8606). You can rent bikes by the week for $22.50 or monthly for $50.00, plus a $20 deposit.

LE ROI DE LA PEDALE. 235 St. Pa O. (845-1658). Bikes rented in summer months only 25 cents per ho for a standard bicycle.

BICYCLE AUCTION

CITY OF MONTREAL
held around the 20th of August each year, for more information call (872-4770 and after 4:30 p.m. 872-5157).

BICYCLE TRANSPORTATION

BICYCLES are not allowed on the Metro in Montreal in non-rush hour periods. Whatever the transport authorities excuse is, it is not valid, due to the success in London and San Francisco where bikes are allowe public transportation with little hindrance to the average commuter. (Complaint Department, 2033 Berrie, Montreal, Quebec).

Bicycles are allowed to be carried on both C.P. and C.N. Railways at no extra cost as long as its under the 150 lbs. personal allotment. The

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same conditions apply to most inter city bus lines. It is best to tie wheels and any lose parts of the bike, crating is not necessary.

CITIZENS ON CYCLES. 5550 Park Ave., room 314 (277-5714). An organization who would like to see safe bicycle ways and the replacing of the automible with bicycles in the downtown area.

BICYCLE SHOPS & REPAIRS

ABC CYCLE. 5584 Park Ave. (276-1305).

BAGGIO CYCLE. 6975 St. Lawrence (279-5655).

QUILICOT. 1749 St. Denis (842-1121).

MCWHINNIE'S. 5866 Sherbrooke O. (481-3113).

LA BICYCLETTE. 1176 Phillips Place (288-3050).

PEEL CYCLE. 1398 Sherbrooke O. (844-8606). Open 7 days a week May - September.

SMALL ENGINES. 3754 St. Dominique (843-8932). Also repairs small machinery.

TRADING POST. 5385 Queen Mary Road (484-3447).

BLACK PEOPLE'S ORGANIZATIONS

BLACK COMMUNITY ASSOC. OF N.D.G. 6310 Somerled (481-6766).

BLACK COMMUNINTY PROJECT. 5757 Decelles, suite 17 (737-1118).

NEGRO COMMUNITY CENTRE. 2035 Coursol (932-1107; 932-1108).

NATIONAL BLACK COALITION RESEARCH INSTITUTE. 1610 Sherbrooke O., room 12A (931-2579)

BOOKSHOPS

THE O PTI ZOIZO BOOKSHOP. 1596 Blvd. St. Lawrence (845-2824). Ecological and spiritual publications.

GAY
FEMINIST
ANARCHIST
LIBERTARIAN
& NON-SEXIST
CHILDREN'S
BOOKS &
PERIODICALS

Hours Mon-Wed 12—8
Thurs & Fri 12—9
Sat 12—6

androgyny/alternatives
bookstore
1217 Crescent Street 866-2131

CLASSIC BOOK SHOPS

BOOKSELLERS TO MONTREAL,

17 LOCATIONS TO SERVE YOU,

INCLUDING THE WORLD'S

LARGEST PAPERBACK BOOKSHOP.

YOU MUST SEE IT TO BELIEVE IT!

1327 St. Catherine St. W.
near Crescent
844-1721

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HO CHI MINH. 131 Prince Arthur E. (843-6061).

LIBRAIRIE ENCYCLOPEDIQUE. 1635 St. Denis (845-0911).

LIBRAIRIE QUEBECOISE. 1567 St. Denis (842-3604).

MANSFIELD BOOKMART. 2065 Mansfield (845-1872). New and used books. Also antique books. A book search service. They also specialize in art books, canadian poetry and fiction.

418 Books 4345 St. Dominique (288-2944). Mysticism and occult literature and posters.

THE MOVING FINGER BOOK GALLERY. 24 Prince Arthur W. (842-6971). Used books, 25 cents and up.

L'EZOTERIK. (mainly french). A library of Galleric books in the vein of mysticism, orientalism, hermetism and the occult. A good selection of Tarot cards. 1707 St. Denis.

INFORMATION CANADA BOOKSTORE. 640 St. Catherine W. Maps, government publications, statistics etc.

ELLIOT DUNCAN BOOKSELLERS. 1381 St. Catherine St. W. (849-3201). New and used books, also offer to order and book, and an out-of-print search service.

THE WORD. 469 Milton (845-5640). Seller of used books.

BOOK CENTRE. 5168 Queen Mary Road. (481-5609).

ARGO BOOK SHOP. 1915 Ste. Catherine O. (931-3442).

ANDROGYNY'S. 1217 Crescent Street (866-2131). Feminist and Gay-Bookstore - non-sexist children's books too..

TALLY HO 764 St. Pierre (842-7604)

RODICKS. 1484 St. Catherine St. West (935-9042).

CHEAP THRILLS 1433 Bishop St. (844-7604) New and used books.

ACADEMIC. 2125 Drummond St. (843-5711).

CLASSICS.

1430 St. Catherine West (866-8276)
1327 St. Catherine W. (844-1721)
Westmount Square (931-8501)
Place Ville Marie (866-1323)
Alexis Nihon Plaza - metro level (933-4336)
Alexis Nihon Plaza - rez ce chausée (933-1806)
Place Bonaventure (866-4077)
Rockland Shopping Centre (733-1414)
2020 University (843-4788)
Dorval Airport (631-6312)
Plaza Cote des Neiges (733-3234)

BRASSERIES

Under the Quebec Law, Taverns are only for men, women are not allowed, and thus Brasseries were created to let women drink draft bear and cheap meals in an avant garde tavern atmosphere. Brasseries also offer two toilets opposed to the Taverns one. Both close at 12 midnight and all day Sunday. Both sell only beer.

BRASSERIE DES FORTIFICATIONS. 262 St. Paul E. (861-7507).

BRASSERIE DES NATIONS. 1244 Peel Street (861-0058).

BRASSERIE 3 ACES
181 Sherbrooke O. (845-2773)

BRASSERIE ASTERIX
1450 de Maisonneuve O. (843-7510)

BRASSERIE LE GOBELET. 8405 St. Laurent (382-2203).

TIFFANY. 2080 Union (844-1775).

BRASSERIE LE TUBE. 1498 Stanley (842-8539).

BRASSERIE BONAVENTURE. 735 Mansfield (866-6834).

BRASSERIE AU PETIT PAIN. 1264 Stanley (871-9867).

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BUS INFORMATION. (877-6260). 24 hour service.

LOST ARTICLES. 505 Ste. Catherine E. "Berri-de-Montigny Metro Station". (877-6006).

THE METRO is in operation from 5:30 a.m. to 12:00 midnight. There are trains every six minutes and every 2:30 minutes at rush hour.

THERE ARE buses about every 15 - 20 minutes.
Bus 15 Ste-Catherine and 31 St-Denis have 24 hour service.
Other important bus routes operating late are:
24 - Sherbrooke last bus leaves Claremont at 3:35.
65 - Cote des Neiges north west leaves Phillips Square at 3:08.
105 - Sherbrooke West to N.D.G. leaves Atwater at 3:30.
80 - Park Ave. north leave the corner of Craig and Bleury at 3:55.
55 - St. Laurent north leave Place d'Armes at 3:27.

TRANSFERS. The transfer privilege is granted throughout the MUCTC system to those passengers who must use more than one vehicle to make a single direct and shortest route.
From the metro the transfer distributed by the automatic machines in the Metro allows you to take a bus after your journey in the Metro.
From buses, transfers with a perforated code are issued. These transfers are accepted by the automatic turnstiles in the Metro stations.

FARE. Adults cash 50 cents, books 13 for $5.00. Students under 18 years 10 cents cash, 6 tickets for 50 cents, and books 25 for $2.00.
Children under 5 years of age are carried free when accompanied by an adult.

BUSES (INTERCONTINENTAL)

BUS TERMINAL. 505 de Maisonneuve E. at the Berri-de-Montigny Metro Station. Fares and schedules (842-2281).

CABANE A SUCRE

Some places for sugaring off in the early spring.

CABANE A SUGRE MAURICE CARDINAL. 510 Mtée des Trente, Mont St. Hilaire (467-3511).

CABANE A SUCRE LAFORTUNE NORMAND. St-Alexis de Montcalm, St. Jacques (839-3431).

CONSTANTIN FERNAND. 1053 Arthur Sauvé, St. Eustache

ICI LA SOUPE AUX POIS. Mont St. Grégoire, St. Jean (347-7855).

SUCRERIE ST. EUSTACHE. 1058 Arthur Sauvé, St. Eustache (473-9331).

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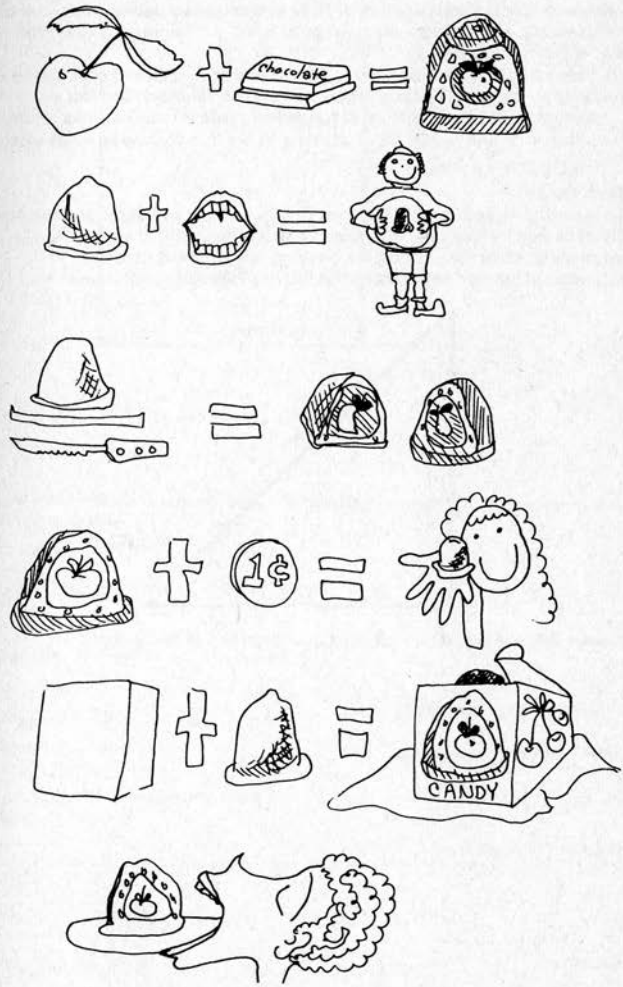

A MONOGRAPH ILLUSTRATING
THE CHOCOLATE LAWS
BY MILKIE O'HENTRY

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A MONOGRAPH ILLUSTRATING THE CHOCOLATE LAWS BY MILKIE O'HENRY

A GENTLE PARODY BY JOHN McCAULEY

A survey of recent monographs on chocolate show that they are nonexistent; in their place one finds advertisement testimonials which are biased come-ons — shilling a product.

This nonograph is a compendium of little known papers devoted to the research of chocoloate. It is also a rigorous attempt to bring the empirical method into the world of chocolate subjectivity.

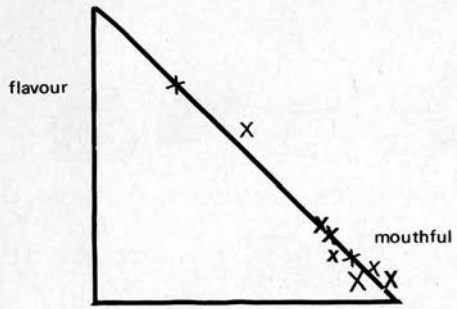
It is hoped that this paper will leave the student of science and chocolate with a knowledge that the human taste receptors are one of the most complex and discriminating — and yet most pleasurable of all functional feedback mechanisms of Man. And above all, that only one flavour can do justice to the human palette — chocolate.

THE CHOCOLATE LAWS

Lowney's Law:

The quantitative relationship between the flavour and mouthful of chocolate was initially described by Lowney. He observed that a mouthful of chocolate was inversely related to its flavour — if the chewing rate was held constant.

i.e. A plot of flavour versus mouthful had the following appearance:



He showed that this could be expressed quantitatively in the form:

$$F \propto \frac{1}{M} \quad \text{or: } FM = \text{CONSTANT}$$

so that if flavour is changed from —

$$F_1 \rightarrow F_2$$

the mouthful changes from—

$$M_1 \longrightarrow M_2$$

to maintain —

$$F_1 M_1 = F_2 M_2$$

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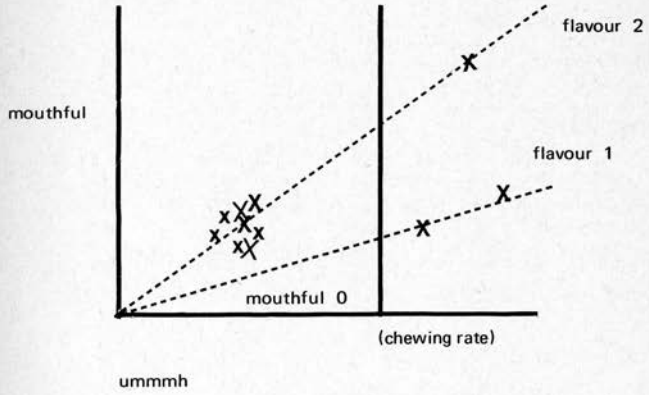
Fry or Cadbury's Law:

The dependence of the mouthful of chocolate on the chewing rate under conditions where the flavour is held constant was described by Fry and Cadbury.

A plot of the mouthful of chocolate as a function of the chewing rate in degrees of ummmh would look like:



The mouthful is increased linearly with the chewing rate, and the relationship could be expressed in the form:

$$\text{mouthful} = M\,O\,\left(1 + \frac{\text{chewing rate}}{\text{ummh}}\right)$$

or:

$$M = MO + \text{ummh} \times \text{chewing rate}$$

where the constant ummmh which is the slope in the graph is:

M O / ummmh

if we write:

$$M = \frac{MO}{\text{ummmh}}(\text{ummh} + \text{chewing rate})$$

then it is clear if we define a new chewing rate ummh, then we obtain:

$$\frac{M}{\text{chewing rate}} = \frac{MO}{\text{ummmh}} \quad \text{but:}$$

M O = mouthful at ummh, so that in the more general case:

$$\frac{M_1}{\text{chewing rate}} = \frac{M_2}{\text{chewing rate}}$$

or:

$$\frac{\text{mouthful}}{\text{chewing rate}} = \text{ummmh}$$

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THE IDEAL CHOCOLATE LAW

Obviously there is a Combined Chocolate Law know to scientists as: 'The Ideal Chocolate Law'. However, since all chocolates tend toward ideal behaviour, it is unnecessary to elaborate and illustrate it here.

The main thing for any student is practice over theory – so eat!

THE AUTHOR:
Milkie O'Hentry holds the Chocolate Chair at Oxford University. O'Henry obtained his bachelor's, master's, and doctoral degrees at Oxford in 1933, 1934 and 1936 respectively. He is a member of the Royal Academy of Confection and President of the Swetmettas Society. He is the author of two books: 'The Cacao Papers' & 'Confessions of a Chocolate Junkie'.

(Published originally by Dave Vessey for HY JACK PRESS.

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CAMPING EQUIPMENT (Sales & Rental)

PEEL CYCLE. 1398 Sherbrooke O. (844-8606). Sales and rentals of canoes, $23 weekend, $38 per week and the car top carrier is included.

MOUNTAIN HUT. 1324A Sherbrooke O. (842-2851). Sales and rentals.

METRO SPORTS. 8366 St. Laurent (384-3582). Sales and rentals.

UNIVERSAL SHIP SUPPLY. 451 McGill (842-6833). Army/navy surplus.

GENERAL SURPLUS. 20 Notre Dame E. (861-5393).

GRATTON SPORT. 1982 Ste. Catherine E. (524-3671).

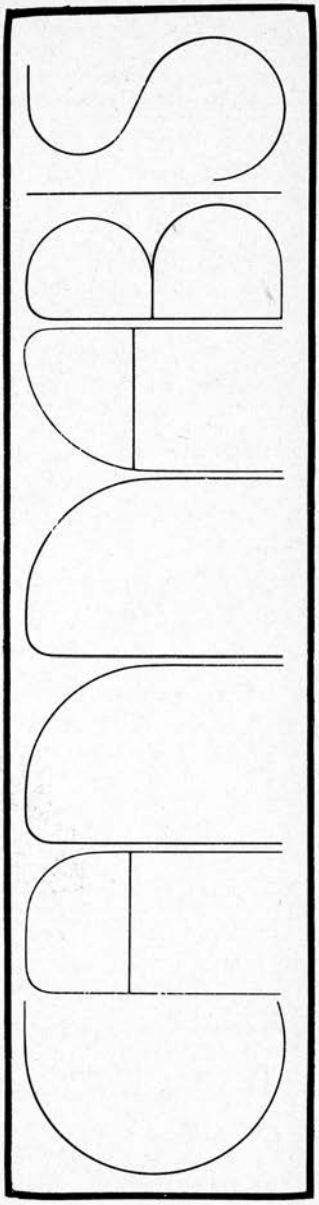
CAMPING SITES

QUEBEC TOURIST OFFICE. 1 Place Ville Marie has a book called "Camping Quebec" which is available free of charge.

SOME CAMPING AREAS NEAR MONTREAL. On route 15: Americ direction Saint-Phillipe, Saint-Claude exit 24, Bon Air exit 24, Koa Montreal-Sud exit 24, Saint-Andre exit 24,
On route 40: (Ile Bizard) Royal Martin, Plage Théoret (Pierrefonds) L'Anse à l'Orme
On route 132: (Ste-Catherine-d'Alexandrie)Côte Sainte-Catherine, (Delson) Delson Trailer Park, (Brossard) Riverside Trailer Park

VAUDREUIL. Hwy 20. Riverview & Trailer Park. Hilltop Camping. Vaudreuil Camping.

COTEAU-DU-LAC. Hwy 201. Koa Montreal West. Soulanges.
ST.LAZARE. Hwy 201. Lac des Cèdres.
HUDSON. Hwy 201. Daoust Camping.
RIGAUD. Hwy 201. Club de la Raquette.



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Hashish prices as such:

$7-10 per gram
$50-75 per 1/4 oz.
$100-150 per 1/2 oz.
$160-200 per oz.
$450-$600 per 1/4 lb.
$850-1200 per 1/2 lb.
$1300-2300 per lb.

Hashish varieties available in Montreal.

Citrali hashish: Basically a good grade of hash but strictly commercial. Brought in honestly as mediocre grade of Pakistani but sold in the streets as Citrali. $7-10 gram.

Afghan hashish: At most recent in reality considered very rare. But sometimes smuggled in. When acquired, quality can be considered excellent. $7-10 gram.

In Montreal, Kashmir is considered the most expensive but highest quality hash. The grass equivilent is Columbian. It is the most sought-after grass in the city.

Other varieties of hashish: Lebanese (blonde & red), Nepalese (dark, camel taste)

Other varieties of marijuana:
Mexican - $25 per oz.
Columbian - $40-60 per oz.
Jamaican - $25-35 per oz.

Note: One should be cautious of imported pounds which have been adulterated or extended with additives. One pound of hashish can become 3 lb. in this manner.

CANDLES

DAVID THE CANDLE MAKER. 515 Bonsecours (844-0360).

ARTISANAT 312. 312 St. Paul O. (845-3085).

L'ATELIER DE PRAGUE. 383 St. Paul E. (861-4020).

CANDLE SUPPLIES. Esso Refinery 3400 St. Patrick (861-4251) sells candle wax in bulk. For more candle supplies check under Art Materials.

CAR HIRE

BUDGET RENT-A-CAR. (937-9121), Airport (636-0052).

MONKLAND CAR AND TRUCK RENTALS . (748-7881).

TILDEN. (878-2771), airport (631-6343).

HERTZ. (879-1114).

AVIS. (342-3301).

CAR DRIVE-AWAY

This is a car delivery service, where if one is 23 years old and over and has a driver's license, one may drive a purchased car to a particular destination. This obviously saves one's hitching thumb from over-exertion.

MONTREAL DRIVE-AWAY. 4018 Ste. Catherine (937-2816).

RELIABLE DRIVE-AWAY. 6660 Decarie Blvd. (731-3485).

CHARTER FLIGHTS

TOURBEC. 112 St. Paul (849-2374).

YOUTH HOSTEL ASSOCIATION. 1324 Sherbrooke (842-9048).

BRITISH CALEDONIAN. Toronto (416) (363-3768).

WARDAIR. Toronto (416) (362-2141).

ICELANDIC AIRWAYS. New York (212) (757-8585).

CHEESE SHOPS

LA PETITE EUROPE. 3633 St. Lawrence (842-4323).

OLD EUROPE. 1430 de la Montagne (843-7466). 3855 St. Laurent (842-5773).

CHEESE SHOPPE. 611 de Maisonneuve O. (849-1232).

OVERWEEL. 4467 Ste. Catherine St. O. (932-2347).

HOUSE OF CHEESE. Alexis Nihon Plaza. (931-5913).

HODGE GEO & SON. 166 King (866-4077). Wholesaler and prices considerably cheaper than most cheese shops.

CHARCUTERIE DIOGENE. Metro Station Berri at Ste. Catherine St. entrance (843-3555).

CHESS

LIQUE D'ESHECS DE MONTREAL. P.O. Box 104, Station Delorimier, Montreal.

CHESS CASTLE. 5011 Queen Mary Road (342-2804).

CLUB D'ECHECS ALEKHINE. 4570 St. Denis.

CAFE EN PASSANT. 3619 St. Denis (845-1866).

CAFEBEC. 2343 Pie IX (256-9924).

CHILDREN (AT PLAY)

PICCADILLY. 5025 Sherbrooke O. (486-2811). Saturday morning films. 9 and 10:30 a.m., adults $1.50, children 75 cents.

OUTREMONT. 1248 Bernard O. (277-4145). Sunday afternoon films, three flicks for $1.00, films run in winter months only.

YOUTHEATRE. 1585 St. Lawrence (844-8781). Winter months only.

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Also refer to Parks, Planetarium, Railway Museum and zoo's.

STORY TIME. Cote St. Luc Library. 7101 Cote St. Luc Road (481-5676). Every Wednesday at 2:30 p.m. preschoolers favourite nursery rhymes and easy readers. Free admission.

PLASTIC ARTS. Civic Libraries graduates from Ecole-des-Arts teach children finger painting, free sketching and papier-mâche, free admission, for time and nearest branch phone 872-3320. Monday 1:30 - 4:00 p.m.

STORY HOUR AND PARTICIPATING DRAMATICS. Thursdays at the Main Branch of the N.D.G. Library, time 3:45 p.m. Free admission, 3761 Prud Homme Ave. (872-2003).

FRENCH ACTIVITY GROUP. Cote St. Luc Library. French immersion course directed towards preschoolers, each Tuesday at 2 p.m. and Thursday at 10 a.m. Nominal fee.

LA JEUNESSE DU RIDEAU VERT. 4664 St. Denis (844-1793).

PUPPET THEATRE (526-0821) Ste Hélene's Island. Wed. - Sat. 2 in french - 2 p.m., Wed. - Sat. 4 in english - 4 p.m.

MACDONALD COLLEGE FARM. (Ste. Anne de Bellevue). Baby animals and modern and pioneer tools. Weekends 2 - 5 p.m. and the admission is free (457-6580).

MONTREAL AQUARIUM. La Ronde (872-4656). Bus 169 from Papineau metro to Man and His World.

THE CHILDREN'S THEATRE. 3835 Girouard (484-6620). One hour after school or Saturdays during winter.

ARCMTL

CHILD HEALTH CLINICS

MONTREAL CHILDREN'S HOSPITAL. 2300 Tupper (937-8511).

MONTREAL CHILDREN'S HOSPITAL HEALTH CENTRE. 1040 Atwater, room 104 (932-1151) (Local 3).

FAMILY AND CHILDREN'S SERVICE. 4515 Ste. Catherine O. (931-5808).

CHILD AID CLINIC. 6161 St. Denis (873-4521).

CHILD AND FAMILY CLINIC. 410 Bellechasse E. (843-2522)

CHILD HEALTH ASSOCIATION OF MONTREAL. 1040 Atwater (932-1151).

CINEMAS

FIRST RUN FILM CINEMAS

ATWATER. (English) Plaza Alexis Nihon (935-4246).

AVENUE. (English) 1224 Greene Ave. (937-2747).

BONAVENTURE. (English) 1 Place Bonaventure (861-2725).

ELYSEE. (French) 35 Milton Ave. (842-6053). Bus: Sherbrooke no. 24 to St. Lawrence Blvd.

PLACE DU CANADA. (English) La Gauchetière and Windsor (861-4595). Chateau Champlain Hotel.

PLACE VILLE-MARIE. (English) 777 Dorchester West. (866-2644). There are two cinemas in this theatre.

SEVILLE. (English) 2155 St. Catherine St. W. (932-1139). Atwater metro station.

THEATRE ST. DENIS. 1594 St. Denis (849-4211).

VENDOME. (French) Victoria Square (878-1451). Trans: Victoria Metro Station.

WESTMOUNT SQUARE. (931-2477).

YORK. (English) 1487 St. Catherine St. W. (937-8978) Trans: Guy Metro Station.

CLAREMONT. 5038 Sherbrooke St. W. (486-7395).

REPERTORY CINEMAS . . .

LOYOLA COLLEGE. F.C. Smith Auditorium, 7141 Sherbrooke St. W. (482-0320 local 437) Trans: bus 105 from Atwater metro.

MCGILL UNIVERSITY. Leacock Building (392-8934). Most of these flics are show in the winter months.

OUTREMONT. 1248 Bernard West (277-4145) (French/English) All films are (1.50) There are midnight show on weekends. Trans: bus 160 west from Beaubien metro.

SIR GEORGE WILLIAMS UNIVERSITY. Hall Building, Room H-110. 1455 de Maisonneuve (879-4349). Year-round films $ .50. – $ .75.

2001. 855 Decarie Nord (277-2001) Metro Cremazie, buss 100 west to Decarie.

PICCADILLY (English) 5025 Sherbrooke O. (486-2811).

CINEMA PARTICIPATION. 550 Sherbrooke O. (283-4753).

BIBLIOTEQUE NATIONALE. 1700 St. Denis (844-8734).

FLICK TWIN CINEMA. 1433 Crescent (845-1269).

CINEMA V. 5560 Sherbrooke W. (489-5559).

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CLINICS

Most of Montreal's clinics are free to the public (Canadians and non-Canadians alike) and a few are listed below. It is preferable to make an appointment.

MONTREAL YOUTH CLINIC. 3658 Ste-Famille (843-7885).

CLINIQUE ST-JACQUES. 1211 Parc Lafontaine (523-6211).

WESTMOUNT YOUTH CLINIC. 4424 Ste-Catherine West (932-3338).

HEAD AND HANDS YOUTH CLINIC. 5826 Sherbrooke West (481-0277). Open 10 a.m. - 10 p.m.

PEOPLE'S YOUTH CLINIC. 8027 Cote St. Luc Rd. (487-5553). Open 3:30 p.m. - 5:30 p.m. except Wednesday. Service nightly from 7 p.m.

CLINIQUE COMMUNAUTAIRE DE JEAN-BAPTISTE. 4220 Drolet (849-3537).

POLYCLINIQUE. 1988 Ste-Catherine East. Open 8 a.m. - 8 p.m. except Saturday until noon (524-3637).

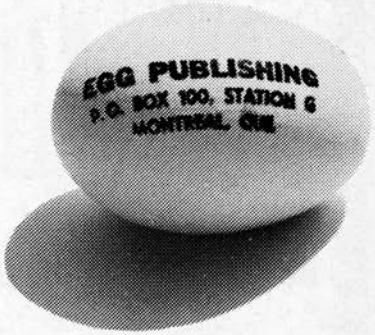
PEOPLE'S MOBILE CLINIC. (937-9251).

JEWISH GENERAL HOSPITAL. 3755 Cote Ste-Catherine Road (342-3111).

SIR GEORGE WILLIAMS UNIVERSITY CLINIC. 2145 McKay St. (879-5995).

CLOTHES HIRE

DEALERS BLUES. 2013 St. Lawrence (845-8694). Clothes from the 20's, 30's and 40's for rent at 15 percent of price per week.



ARCMTL

FOR THOSE WHO PREFER TO BE A LITTLE DIFFERENT...

ORIGINAL DESIGNS FROM THE BYGONE 1920's UP TO 1970's.

GARMENTS TO ACCOMODATE ALL TASTES & BUDGETS, MALE & FEMALE.

PLUS ACCESSORIES SUCH AS HATS, FURS, JEWELERY, SCARVES, TIES, ETC.

LACE, QUILTS, BROCADE CURTAINS AND MATERIALS.

NOT FORGETTING OUR SPECIALLY IMPORTED BOOKS AND UNIQUE ART PRINTS.

TRY US, AND SEE FOR YOURSELF !

DEALERS' BLUES

2013 St. Laurent Boulevard

ARCMTL

CLASSY. 1277 Phillips Square (861-3625).
5320 Queen Mary (482-5240).
4806 Park Avenue 272-5704).
Formal wear rentals.

CLOTHES SHOPS

THE BIG APPLE. 1432 Mackay (843-4745).

AVANT HIER. 450 Rachel E. (843-4745).

TEMUJIN. 3609 Coloniale.

TOUCHE. 1357 Greene Ave. (935-8878).

LE CANTALOUPE. 370 Sherbrooke O. (844-0392)

ATELIER ORIENTAL. 270 Queen Street (861-8601). By appointment only.

BOUTIQUE CEYLAN. 1415 Drummond St. (843-4415).

LABYRINTH. 486 Ste. Catherine St. W. (861-6914).

BIZBECK. 158 Prince Arthur E. (842-1566).

LIVE FROM EARTH. 156 Prince Arthur E. (288-8605).

LE CACHE. 1357 Greene Ave. (935-9295).

BOUTIQUE DES AMOUREUX. 1329 Ste. Catherine O. (842-6311).

BOUTIQUE KI KI. 1409 MacKay (842-5332).

LE CHATEAU. 1310 Ste. Catherine St. O. (866-2481).

TWIN. 1242 Ste. Catherine O. (861-3274).

CANADIAN JEAN MACHINE. 3508 Park Ave. (844-9112); 1567 Ste. Catherine E. (526-5250).

BEIGE EN VILLE. 75 rue Prince Arthur E. (284-0781).

CLOTHES - ANTIQUE

ANTIQUE CLOTHES from the old year of the 1930's and 40's.

BYGONE THREADS. 1433 Bishop, room 1.

FOUND OBJECTS. 4886 Sherbrooke O. (481-3304).

XANADU. 120 Prince Arthur E. (282-4285).

DEALERS BLUES. 2013 St. Laurent (845-8694). They also sell clothes by the pound.

KITCH. 486 Ste. Catherine O. (879-0335).

MUCHA. 3591 de Bullion at the corner of Prince Arthur.

CLUBS

ORIENT EXPRESS. 2140 MacKay (842-2342)

CAFE CAMPUS. 3315 Queen Mary Road (735-1259).

NELSON GRILL. 421 Place Jacques Cartier (861-5731).

ANNEX. 1445 Bishop (844-8419).

LE BISTRO. 2080 Mountain (842-3481).

RAINBOW BAR AND GRILL. 1430 Stanley Street (849-8262).

WRONG NUMBER. 1468 Crescent (842-3713)

THURSDAY. 1449 Crescent (849-5634)

FRIAR'S PUB. 1445 Crescent (849-9086)

CAFE SOMA. 1709 St. Denis (845-7860).

STORK CLUB. 1433 Guy (933-6891).

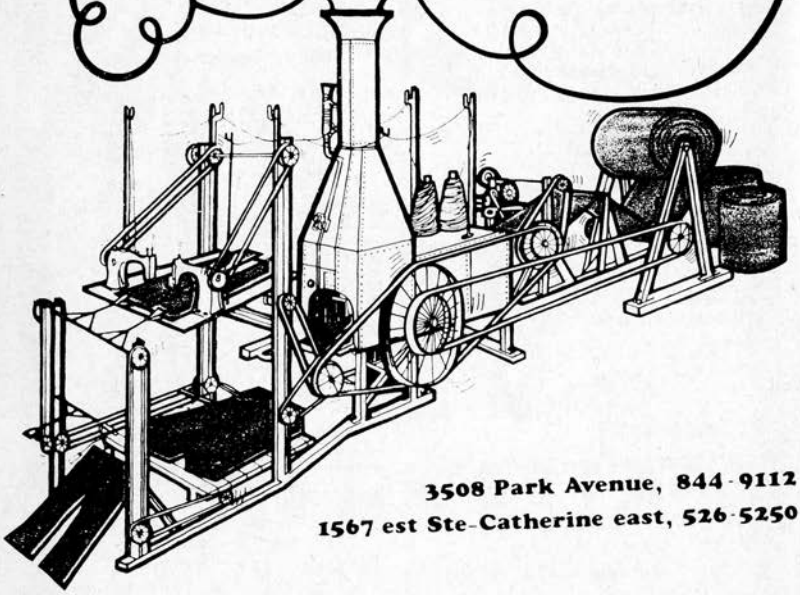
L'IMPREVU. 446 Place Jacques Cartier (861-5416).

A LA QUEUE LEU LEU. 154 St. Paul E. (866-3245).

Also refer to category.Music Live.

ARCMTL

Canadian Jean machine



3508 Park Avenue, 844-9112
1567 est Ste-Catherine east, 526-5250

ARCMTL

CLUBS (DANCING SPACE)

LIMELIGHT. 1254 Stanley (871-0057) Dancing on the first floor. Cover charge $1.50 M. T. W.; $1.00 Th.; $2.00 F.; $2.50 S.

VALENTINO'S. 700 Peel (866-2531) Closed Mondays, cover charge Sats. $2.00.

LORELEI. 1200 Stanley, cover charge $1.00 weekdays and $2.00 weekends, and 25 cents tip for your friendly doorman. The same old computer styled music is redundently still happening.

LE TAROT. 1459 Saint Alexandre (849-2861). No alcohol and opened on weekends only. Cover charge.

VALENTIN. 291 Mont Royal O. (849-1371).

GAY DANCE PARTY. 57 Prince Arthur E. Admission $2.00, drink tickets 2 for $1.25, dances every 2nd week.

This list is of clubs that have dansing floors big enough to danse on and not just a 4 x 4 cramped square.

COFFEE HOUSES

YELLOW DOOR.COFFEE HOUSE. 1625 Aylmer (392-4947).

GOLEM. 3460 Stanley just above Sherbrooke (845-9171).

CAFE PRAG. 1433 Bishop.

FAMOUS CANADIAN CAFE. 1227 Crescent.

CAFE PICASSO. 1621 St. Denis (843-3533)

THE ARK. 5462 Sherbrooke O. (486-6111).

CAFE SOMA. 1709 St. Denis (849-5932).

ROSE'S CANTINA. 1-226-2504, Morin Heights, Quebec.

BURNING BUSH. 16 Ave. de la Gare, St. Sauveur des Monts (1-227-2586). Friday and Saturday 8 p.m.

CAFE DU PORT. 356 Berri corner of St. Paul E. (845-8765). Closed on Monday but open until early morning the rest of the week.

COFFEE SHOPS

Shops that have a good variety of beans from the coffee producing countries of the world.

VAN HOUTTE. 272 Ste. Catherine E. (866-9851).

VAN HOUTTE CHRISTOPHE. 5252 Sherbrooke O. (488-4362).

VAN HOUTTE GERARD. 1042 Laurier O. (274-5601).

LA PETITE EUROPE. 3633 St. Laurent (842-4323).

OLD EUROPE. 3855 St. Laurent (842-5773).

CONSULATES

GREAT BRITAIN. 635 Dorchester Blvd. O. (866-5863).

CUBA. 1415 Pine Ave. O. (843-8897).

EASTERN CARIBBEAN. Place Bonaventure (866-7761).

FRANCE. Place Bonaventure (878-4381).

GERMANY. 3455 Mountain (849-1134).

GREECE. 1350 Sherbrooke O. (845-2105).

QUATEMALA. Place Bonaventure (861-5919).

ISRAEL. Place Bonaventure (866-4048).

ITALY. 3489 Drummond (849-8351).

JAPAN. 1155 Dorchester O. (866-3429).

MEXICO. 3450 Drummond (288-2502).

NETHERLANDS. 1 Place Ville Marie (866-4875).

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TRINIDAD & TOBAGO
1140 de Maisonneuve O. (842-8521)

USSR. 3655 Ontario Ave. (843-5901)

UNITED STATES. 1558 MacGregor (937-6301).

CONSUMER ORGANIZATIONS

CONSUMERS' ASSOCIATION OF CANADA. 45 Jarry E. (388-2709)

CONSUMERS' PROTECTION BUREAU. (Gov't of Quebec), 201 Cremazie Blvd. E. (873-5436)

BETTER BUSINESS BUREAU. 1155 Dorchester O. (861-9281).

AUTOMOBILE PROTECTION ASSOCIATION. 292 St. Joseph O. (273-2477).

COSTUMES (FOR HIRE)

MALABAR. 422 Notre Dame O. (845-8169).

PONTON JOSEPH. 451 St. Sulpice (849-3238).

JOHNNY BROWN. 2019 Mansfield (844-3221)

DATING AGENCIES

FACE TO FACE. (288-5252).

COMPUDATE. (933-3673). 24 hours of romance by computer.

SCIENTIFIC RENDEZ-VOUS (282-0058).

MAZEL-MATCH (282-0054). A Jewish introduction service.

DAY-CARE CENTRES

Y.W.C.A. DAY-CARE CENTRE. 1355 Dorchester O. (866-9941) 2 - 5 yrs. &75 per month.

ST. URBAIN DAY CARE. 3553 St. Urbain. (842-8836 ext. 31) 3 - 5 yrs. price according to income.

SOMERLED DAY NURSERY. 6532 Somerled (486-6297) 2 - 6 yrs., $15 per week.

NEGRO COMMUNITY CENTRE. 2045 Coursol (932-1107) 3 - 5 yrs. Pay according to your income.

NOTRE DAME DE GRACE. 3471 Girouard (488-7174) up to 5 yrs. $25 per week.

SISTERS OF SOCIAL SERVICE. 3589 St. Famille (845-8532) 2 - 5 yrs. $14 per week.

CENTRE NOTRE DAME DES PETITS. 120 rue Laurier E. (279-9040) up to 6 yrs. $20 per week or $4 per day.

SWALLOWS' DAY NURSERY. 5675 Park Ave. (274-4790) 2 - 5 yrs., $15 per week.

MCGILL COMMUNITY CENTRE. 3491 Peel (392-4557) for McGill students or staff only.

GARDERIE DU COLLEGE DU VIEUX MONTREAL. 55 Pine E. (842-7161) 1 - 5 yrs. $1 per day, for college students only.

For more information concerning Day Care Centers you may call, Day Care and Nursery Information and Refferal (842-9751). Women's Information and Referral (842-4781).

DRUG AID

INTERACTION. (392-8981) 3480 McTavish, drop in center for drugs and an related problems, 9 a.m. to 12 midnight.

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If you pop, snort, or shoot phone 282-0555 for help, hope, and lots of understanding.

INFORMATION AVAILABLE:
3418 Drummond
Montreal Quebec
h3g 1y1
514·282·0555

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PORTAGE. 3418 Drummond (282-0555). A bilingual, 24 hour residential program for men and women with serious drug problems.

EDM UNIT, MONTREAL JEWISH GENERAL HOSPITAL. 3755 Cote St. Catherine Road (342-3111) (Local 494). 24 hour crisis aid.

TEL-AIDE (935-1101). 24 hour service.

ALCOHOLICS ANONYMOUS. 4216 St. Hubert (521-2185).

DRUG LAWS

There's the law . . .

Possession of any drug, and this includes pot and hashish, is an offence punishable by a maximum imprisonment term of seven years.

Possession with intention to traffic is punishable by a maximum of life imprisonment. Trafficing is defined as making, selling, giving, administrating, transporting, delivering, distributing or offering.

The present level of drug use in Montreal is such that the authorities are much more concerned with drug trafficing and pushers (with most of the heat falling on heavy importers).

As years go by so does the discussion on changing the harsh laws for simple possession and at the rate the gov't. moves on making a decision we can expect no change in the near future.

ENTERTAINMENT BOX OFFICES

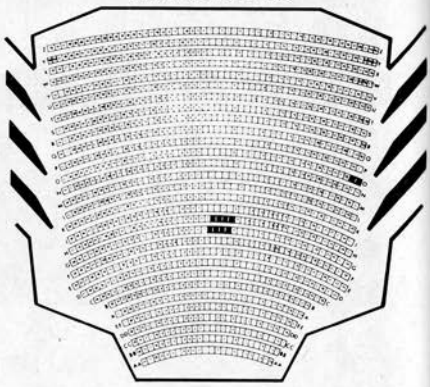
PLACE DES ARTS. 175 Ste. Catherine O. (842-2112).

DIAGRAMMES/SEATING PLAN

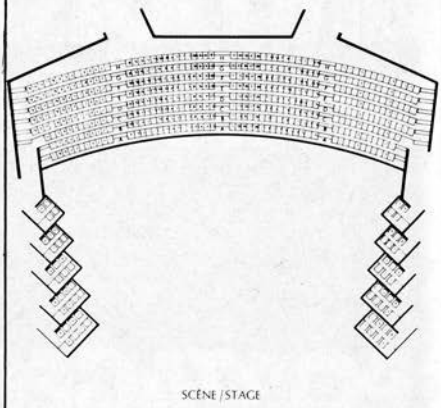
SALLE WILFRID-PELLETIER

PLACE DES ARTS, MONTRÉAL

PARTERRE 1405



MEZZANINE 448 LOGES 64



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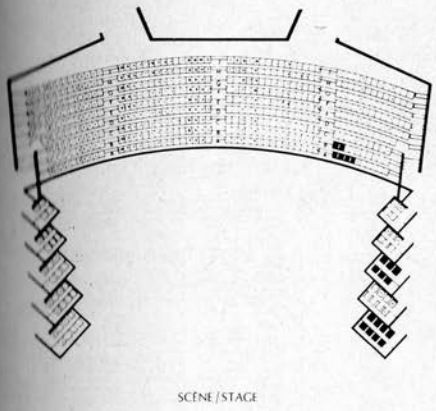
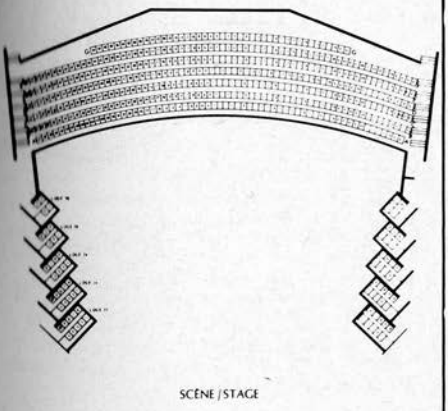
CORBEILLE 482 LOGES 64



BALCON 444 LOGES 76



MONTREAL TRUST. Place Ville Marie (861-1681 local 282). Tickets are available for most Montreal performances and reservations can be made for Broadway shows in New York.

MONTREAL FORUM. 2313 Ste Catherine O. (932-6131).

T.R.S. OUTLETS. Information on outlets - 1010 Ste Catherine O., suite 1240 (878-3811). In Montreal, most Miracle Marts and Simpson's stores are ticket agents.
In Ottawa, Voyageur Colonial, 265 Catherine Street (238-5900) and Miracle Mart Stores.
In Burlington, Vermont. Vermont Transit, 135 St. Paul (864-6811; 862-9671).
In Plattsburgh, N.Y. Greyhound Bus Terminal, 240 Cornelia (563-1480).
Glen Falls, N.Y. First National Bank,

In St. Jerome. Maison Hattem, 340 St. Georges (432-9795)

ENVIRONMENT

STOP. 2052 Ste-Catherine O. (932-7267). Recycling depot at the municipal parking lot at the corner of Westminister and Cote St. Luc Road.

SVP - SOCIETE POUR VAMP la POLLUTION. 1207 St. André, room 305 (849-7276).

GREEN SPACES. 4508 Ste. Catherine O. (932-7422) and (932-0217).

INFO-CANADA. 640 Ste. Catherine O. Has two booklets on pollution which are available free: "A Pollution Primer" and "The Environment Needs You".

RECYCLING

TIN CANS are recycled by Continental Can at 4455 Côte de Liesse & 695 Dollard, Ville LaSalle. 9:00 am - 5:00 pm, Monday - Friday.

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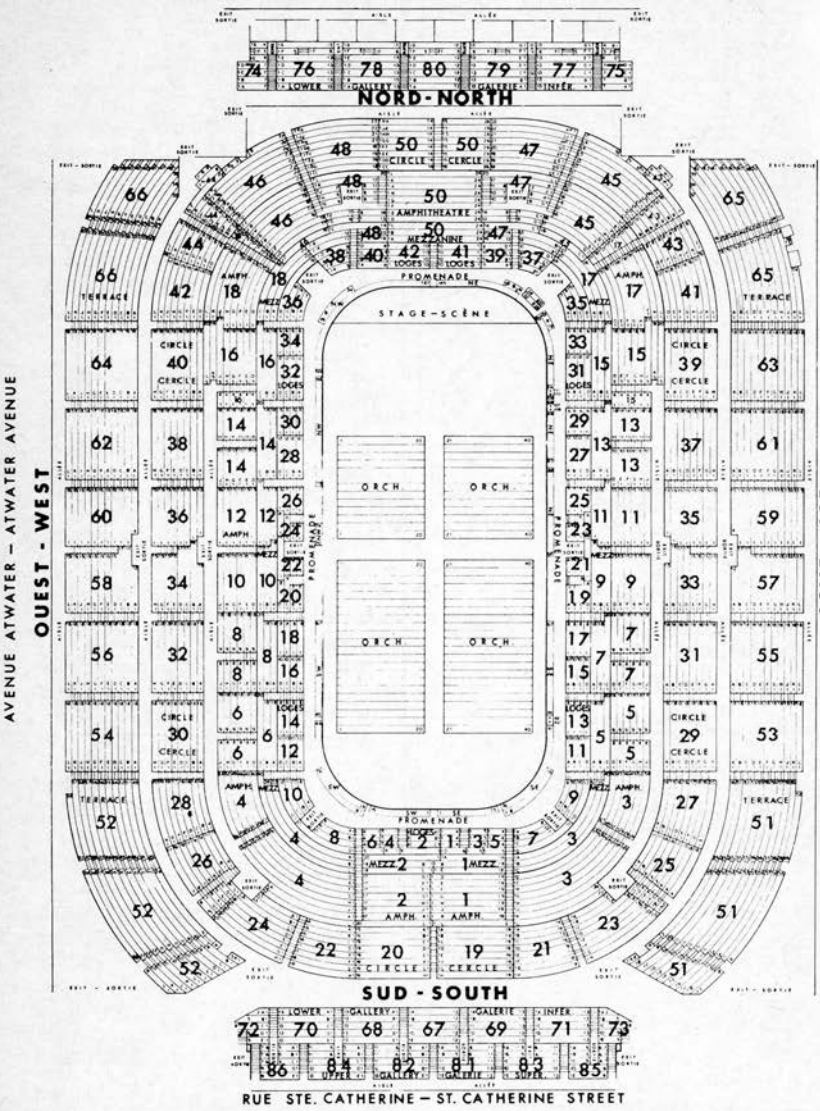
NORD - NORTH
SUD - SOUTH
OUEST - WEST
EST - EAST
AVENUE ATWATER – ATWATER AVENUE
RUE CLOSSE – CLOSSE STREET
RUE STE. CATHERINE – ST. CATHERINE STREET
STAGE – SCÈNE
ORCH
PROMENADE
AMPHITHEATRE
MEZZANINE
CIRCLE
CERCLE
LOWER GALLERY
GALERIE INFER
TERRACE
LOGES
AMPH.
MEZZ.

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FABRICS

QUATRE SAISONS 107 Prince Arthur E. tissues et coupons

BIBA. 1635 Sherbrooke O. (933-7676).

MARSHALLS. 1195 Ste. Catherine O. (844-2558).

TISSUS NORDIC. Place Bonaventure (861-7900). Marimekko dresses and fabrics.

SHILLER'S. 1421 St. Lawrence (288-4201).

DRESSMAKERS SERVICE. 2186 Ste. Catherine O. (935-7421). Buttons and feathers.

ALLAN INDUSTRIES. 852 Des-lauriers (336-7600). Large selection of burlap.

BOUTIQUE DE PARIS. 1444 de la Montagne (843-6231).

TRANSYLVANIA TEXTILES. 4310 St. Lawrence (845-0405).

FESTIVALS

MONTREAL EVENTS. Issued quarterly for free from Montreal Tourism and Information. 85 Notre Dame E. (872-3561) or the summer kiosk at Dominion Square.

QUEBEC CALENDAR. Issued quarterly for free at the Quebec Tourist Bureau. 2 Place Ville Marie (873-2015) or by writing the Ministère du Tourisme de la Chasse et de La Pêche. 150 est, Saint Cyrille-Quebec City, G1R 4Y3

ICE FISHING FESTIVAL. St. Anne de la Perade. If your into fishing and it's cold and snowing outside then try Tommycod fishing at St. Anne, a village that is built on the riverside. For $10 a day you have your own cabin equipped with hole in the ice, bate and fishing rod. The festival lasts all the month of January. For information (873-2763).

CANADA EVENTS. A quarterly for free on events across Canada. Issued from the Canadian Government Office of Tourism. 150 Kent Street, Ottawa K1A 0H6, or Information Canada, 1255 University, 8th floor, 283-7877.

CANADIAN TULIP FESTIVAL. Takes place in Ottawa every year at the end of May for one week.

QUEBEC WINTER CARNIVAL. Held in Quebec city on the first Thursday of February and lasts for twelve days.

ST. TITE FESTIVAL. A Quebeç-oise styled western rodeo which gets under way on the first weekend of September and lasts for 10 days. Held in St. Tite north of Trois Rivieres.

ST. JEAN BAPTISTE, MONTREAl. Starts on the weekend of June 24 lasting 5 days - music, theatre and two million people, all on top of Mount Royal.

FILM DISTRIBUTORS

(Prices for renting films depend on particular film and where it's shown).

ASSOCIATED FILM SERVICES. 8525 Decarie (735-5771) 16mm – $25/weekend, $15/day; 35mm– $20/weekend, $12.50/day.

COLUMBIA PICTURES. 5800 Monkland (488-9151) 35mm rental library.

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CRITERION. 2310 Benny (487-1400). 16mm rental library. $25/ day & up. 50 per cent each additional day.

UNITED ARTISTS. 3290 Cavendish (489-8256). 35mm & 16mm rentals.

FILM EQUIPMENT HIRE

UNIVERSAL FILMS. 8444 St. Laurent (384-4100)

NATIONAL FILM BOARD. 3155 Côte de Liesse (283-4685) Free for 48 hours.

FIREWORKS

FIREWORKS. Displays are held on June 24 on the Mountain and at La Ronde every Saturday night about 11:00 pm between June and the first week of Septembre.

Fireworks can be bought at Sherbrook Service store, 5255 Sherbrooke O. (484-8936), Sydney Abrams, 280 Ste Catherine E. (288-5230) or Beaucage Fireworks, 3736 Jean Talon O. (733-1444).

FLAGS

MERCHANTS AWNING. 24 St. Paul (866-6855) You can buy 3'x6' flags, silkscreened to your own design.

DOMINION CRESTS. 407 Notre Dame O. (842-1136)

FLATS

DOWN CENTRE. Size:2.5 -3.5 rooms Rate: $110 - $150 heated. Stove & Fridge usually included. Condition: good.

NDG. Size: 5.5 - 6.5 rooms. Rate: $100 - $130. Many heated. Stove & fridge usually included. Condition: good - excellent.

VILLAGE ST-LOUIS. Size: 4.5 - 7.5 rooms. Rate: $100 or less, unheated, no stove or fridge. Condition: Not so good; need paint & repairs.

MONT ROYAL WEST. Area extending north from Mt-Royal St in & around Boul. St-Joseph & Park. Size: 5 - 8 rooms. Rate: $100 or less, unheated, no stove or fridge. Condition: fair-very good. About 20 minutes from city centre.

MONT ROYAL EAST. Area extending north from Mt-Royal St. in & around St-Laurent and St-Denis. Size: 4-7 rooms. Rate: $100 or less, unheated, no stove or fridge. Condition: Similar to Village St-Louis. About 25 minutes from city centre.

OUTREMONT
Size: 4 - 8 rooms; rate: $125 and up, and up, sometimes there are very good finds. Condition: excellent. About 25 minutes from city centre.

LOWER WESTMOUNT
Selby - Greene, Dawson campus area. Size: 5-8 rooms. Rate:$130 or more, sometimes heated, sometimes a stove and/or fridge. Condition: fair - quite good.

If you're seeking permanent accomodations, the Wednesday edition of most of the city's newspapers and the weekend edition, list apartments and flats to let. Riding around on a bicycle or walking up and down the streets in the area you might like is almost always successful as many landlords simply advertize by a sign on the house. Also try these 'housing registries'.

INFO LOGE. 3465 Peel (392-4554) For McGill students only.

LA BANQUE DE LOGEMENT. (876-3083) 1187 Bleury, 4th floor.

CONCORDIA (879-5495, Room 405)

ARCMTL

FURS

GRIZZLY. 152 Prince Arthur E. (843-4000) A good selection of used fur coats and accessories.

A.P. DOSTERT. 372 St. Paul O. (842-4423) Courier de bois and Siberian fur hats.

GAY MONTREAL

SOCIAL AIDS

CENTRE HOMOPHILE URBAIN DE MONTREAL "CHUM". 5223 St. Denis (279-5381)

GAY JEWISH DISCUSSION. 2308 Beaconsfield, NDG (487-6866)

GAY MONTREAL CENTRE. 3425 Peel Street No.6 (288-1101)

LABYRIS. 3595 St. Urbain (842-4781) Gay women's centre.

MONTREAL COMMUNITY CHURCH. 1441 Drummond. Downtown YMCA Chapel. Services at 2:00 pm.

NEW WOMAN CENTRE. 3465 Côte des Neiges, No.71. (931-3807)

TEL-AID . (935-1101)

CLUBS

VALENTIN'S. 291 Mount Royal O. (849-1371)

LORELEI. 1200 Stanley St.

P.J.'s CABARET. 1422 Peel (849-1915).

LIME LIGHT. 1254 Stanely (871-0057)

ARCMTL

CAFE PRAG. 1433 Bishop Ave.
APOLLO. 5116 Park Avenue (272-7443).
ROCAMBOLE. 1426 Stanley (842-5575).
LE TAUREAU D'OR. (843-5252)
LE MYSTIQUE. 1424 Stanley (843-7271).
CLUB 1160. 1160 Sherbrooke Est.
CAFE LINCOLN. 4479 St. Denis (844-2149).
LA ROSE ROUGE. 2112 Ste Catherine O. (932-0388)
BUD'S. 1250 Stanley (866-0519)
PEEL PUB. 1107 Ste Catherine O. (844-6769)
BABY FACE. 1235 Dorechester O. (861-0896). For gay women.
LE VIEUX BUDAPEST. 3481 St. Laurent (845-3910) Female impersonators, shows $2 cover charge at 10:30pm and 1:00pm nightly.

RESTAURANTS

AU JARDIN. 410 Duluth E. (849-8867). A vegetarian restaurant.
LE VALENTIN. 291 Mount Royal O. (849-1371)

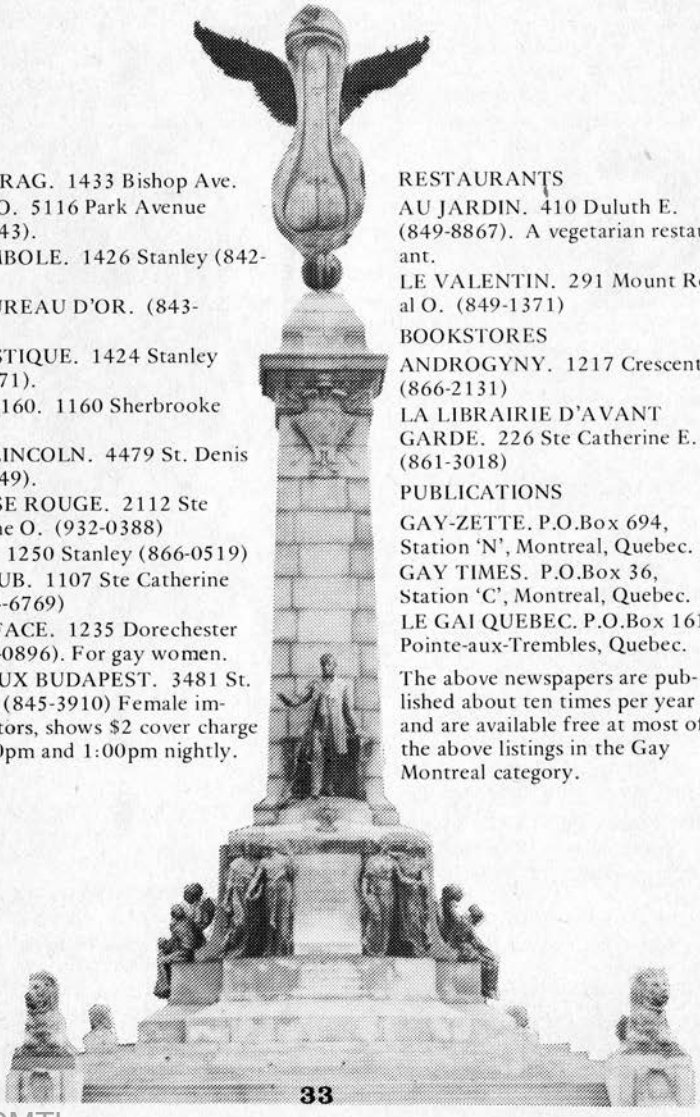
BOOKSTORES

ANDROGYNY. 1217 Crescent (866-2131)
LA LIBRAIRIE D'AVANT GARDE. 226 Ste Catherine E. (861-3018)

PUBLICATIONS

GAY-ZETTE. P.O.Box 694, Station 'N', Montreal, Quebec.
GAY TIMES. P.O.Box 36, Station 'C', Montreal, Quebec.
LE GAI QUEBEC. P.O.Box 161, Pointe-aux-Trembles, Quebec.

The above newspapers are published about ten times per year and are available free at most of the above listings in the Gay Montreal category.



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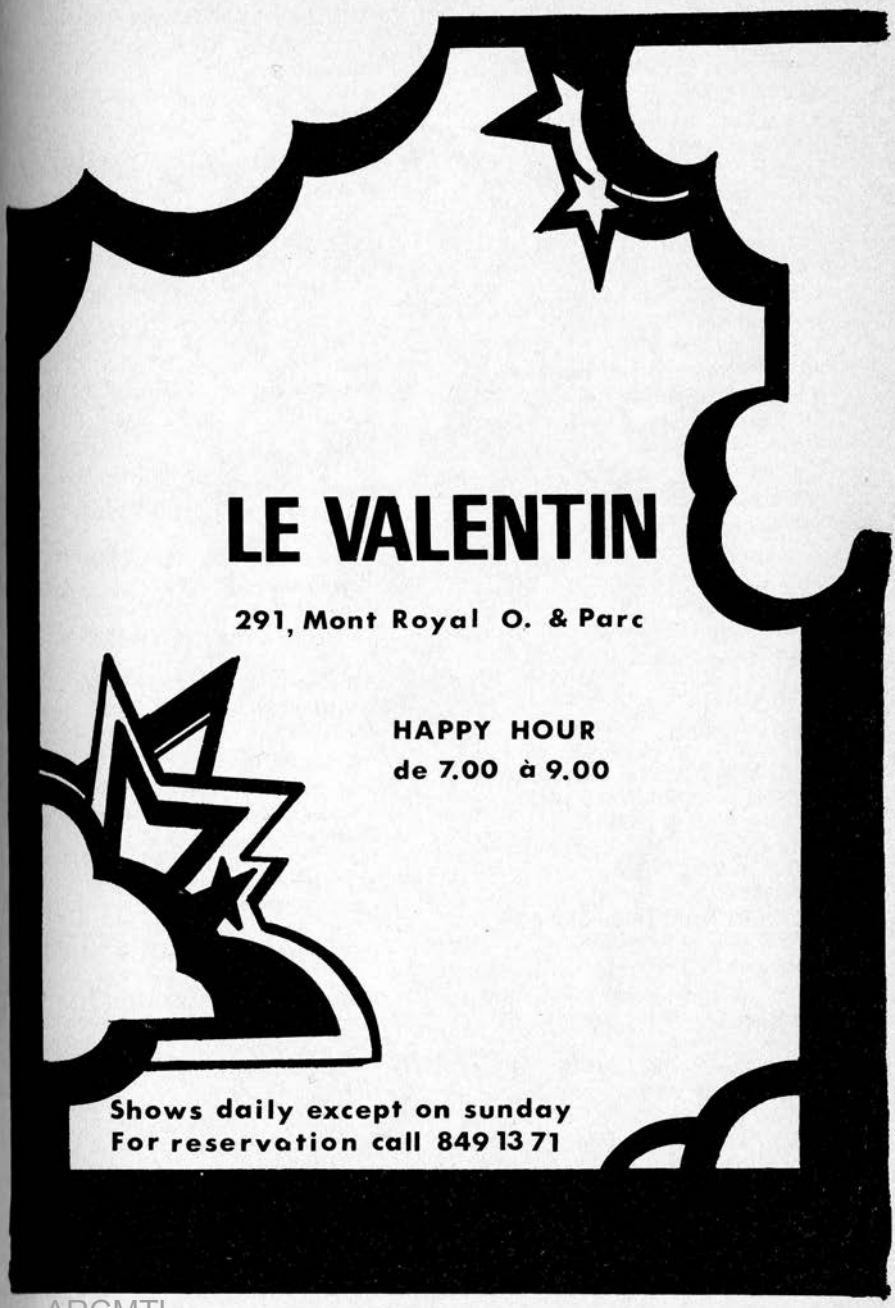
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GUILBAULT, J. St.Jacques. 919 Cherrier (523-5031).
LALONDE, M. Outremont. 5858 Côte des Neiges (283-5117).
LOISELLE, G. St.Henri. 1197 Roperey (932-4307).
PRUD'HOMME, M. St.Denis. 428 Beaubien (277-5070)
TRUDEAU, Prime Minister P. Mont Royal, 5250 Ferrier, suite 804. (283-6426).

PROVINCIAL GOVERNMENT REPRESENTATIVES.

GOLDBLOOM, V. D'Arcy McGee. 6000 Côte des Neiges, No. 570. Montreal - (873-2814) Quebec City - (418-643-2050).
BOURASSA, Robert (Premier). Mercier. 460 Gilford, 1st floor. Montreal - (844-6392) Quebec - (418-643-5321).
CIACCIA, J. Mont-Royal. Chambre 383 A, Cité Parlementaire, Québec. Montreal - (866-6743) Quebec - (418-643-4955).
TETLEY, W. NDG. 4560 Beaconsfield (488-5591). Quebec- (418-643-8442).
CHOQUETTE, J. Outremont. 10 Craig E. No. 1139 (873-3317) Quebec- (418-643-4210)
SPRINGATE. G. Sainte Anne. 1307 Laprairie (935-8702). Quebec - (418-643-2327).
BLANK, Harry. St.Louis. 1255 University, No.300. (866-1125) Quebec- (418-643-2714).
DRUMMOND, K. Westmount. 1255 Carré Philippe, No. 505 (873-2104), Quebec - (418-643-7295)
CHARRON, C. St. Jacques. 1022 Sherbrooke E. (525-2597).

MUNICIPAL GOVERNMENT

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STE ANNE:
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Books & periodicals dealing with every social, economic and human interest of Canada.
THE RED PHONE. Found at Information Canada and with it you can call Ottawa free of charge to get information on any parliamentary functions.
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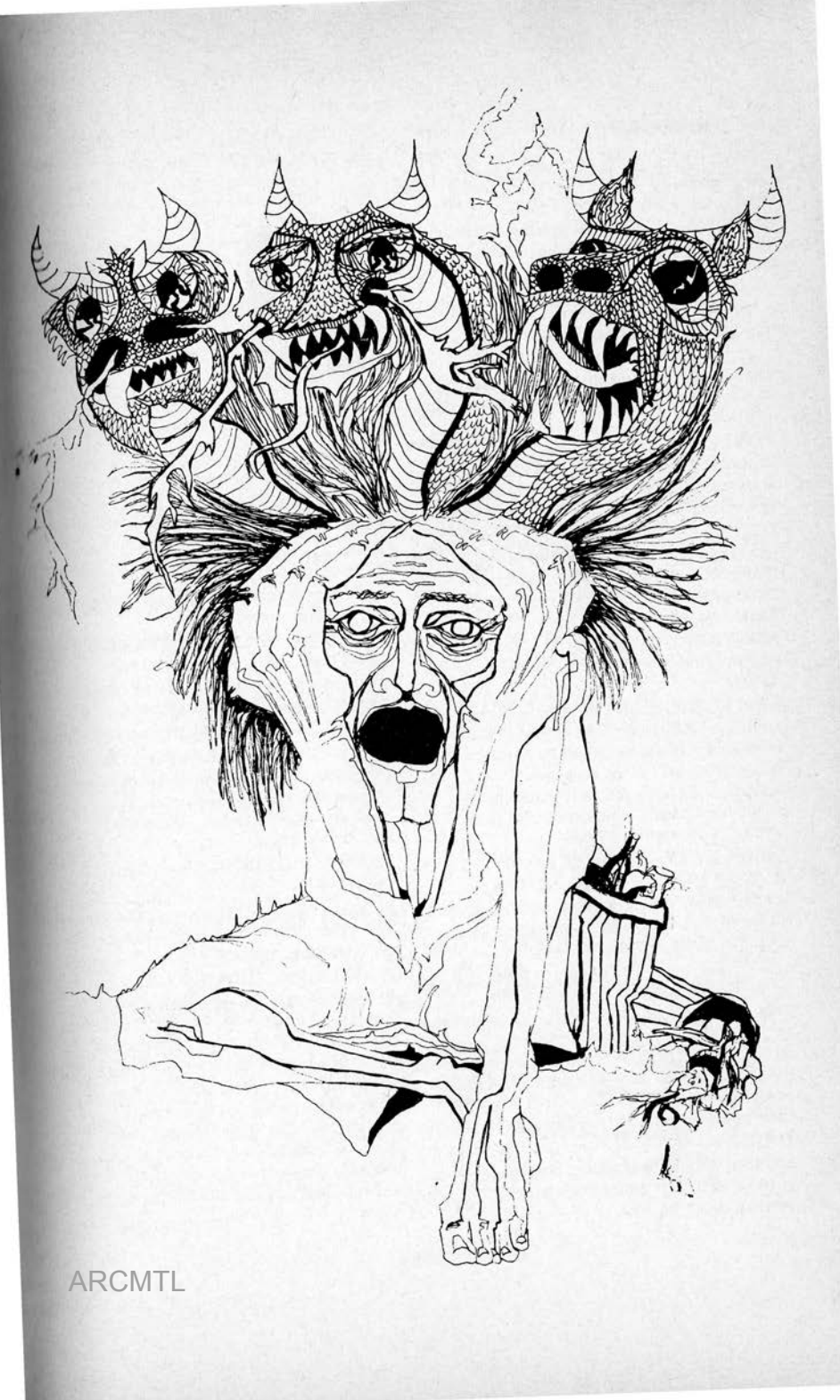

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GUIDEBOOKS

MONTREAL AND ENVIRONS. A 65-page book on the historical, social and tourist attractions of Montreal. Available free from the Quebec Tourist Bureau, 2 Place Ville Marie. (873-2015). Montreal Tourist Bureau, 85 Notre Dame St. E. (872-3561) and at Dominion Square (summer only).

GUIDE MONTREAL. A street index map book of Montreal. Available at most magazine and bookstores. Cartex, 1019 Bleury (business address) (866-3011) $1.95.

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WHERE TO EAT IN CANADA. For those who travel Canada and are sick of visiting Howard Johnson's, Voyageur and Cavalier restaurants and like to eat well in an original atmosphere. The book is a good buy, listing over 300 restaurants. Available in most bookstores across Canada. Oberon Press, 555 Maple Lane, Ottawa, Ont. 260 pages. $3.95.

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HEALTH FOOD SHOPS

LA FLECHE. 277 Laurier West. (276-0744)

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ST. LOUIS NATURAL FOOD CO-OP. 4800 St. Dominique (843-4593). A co-operative food store with over 1,000 members. Grains, dried fruit, flour, nuts, oils, cheese, etc. may be purchased in bulk or smaller quantities. There is a library for browsing through books concerning cooking, nutrition and gardening. Books (French & English) on these subjects are also offerred for sale.

AWATTO INTERNATIONAL. 39 Westminster South. (489-2891). Mrs. N. Homonnay.

O-PTI-ZOIZO. 1596 Boul. St.Laurent, (845-2824). Open from noon to 7:30 pm. This is a store for serious natural food folks. The store is the best of its kind in the City Centre. It has a good stock for buying in bulk, has little commercial wrapping and a large book selection on natural foods.

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WIDE WORLD OF HERBS. 11 Ste Catherine E. (842-1838)

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HERBO REMEDIES. 4848 Park Ave. (277-1900)

LABORATOIRE FONTAINE. 3855 St. Denis. (849-9524)

GINSENG THE MAGICK ROOT. 1461 Crescent. (845-6544)

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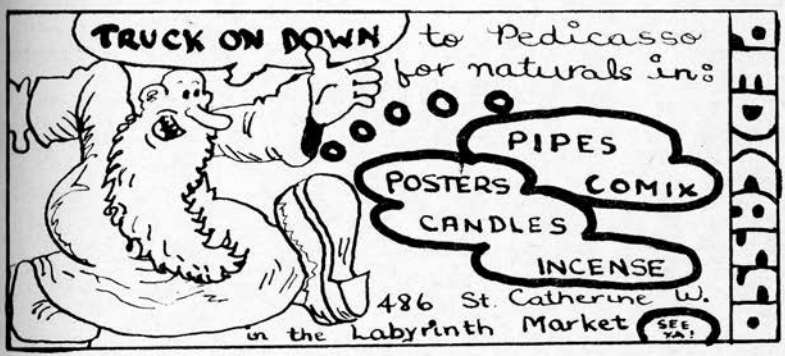

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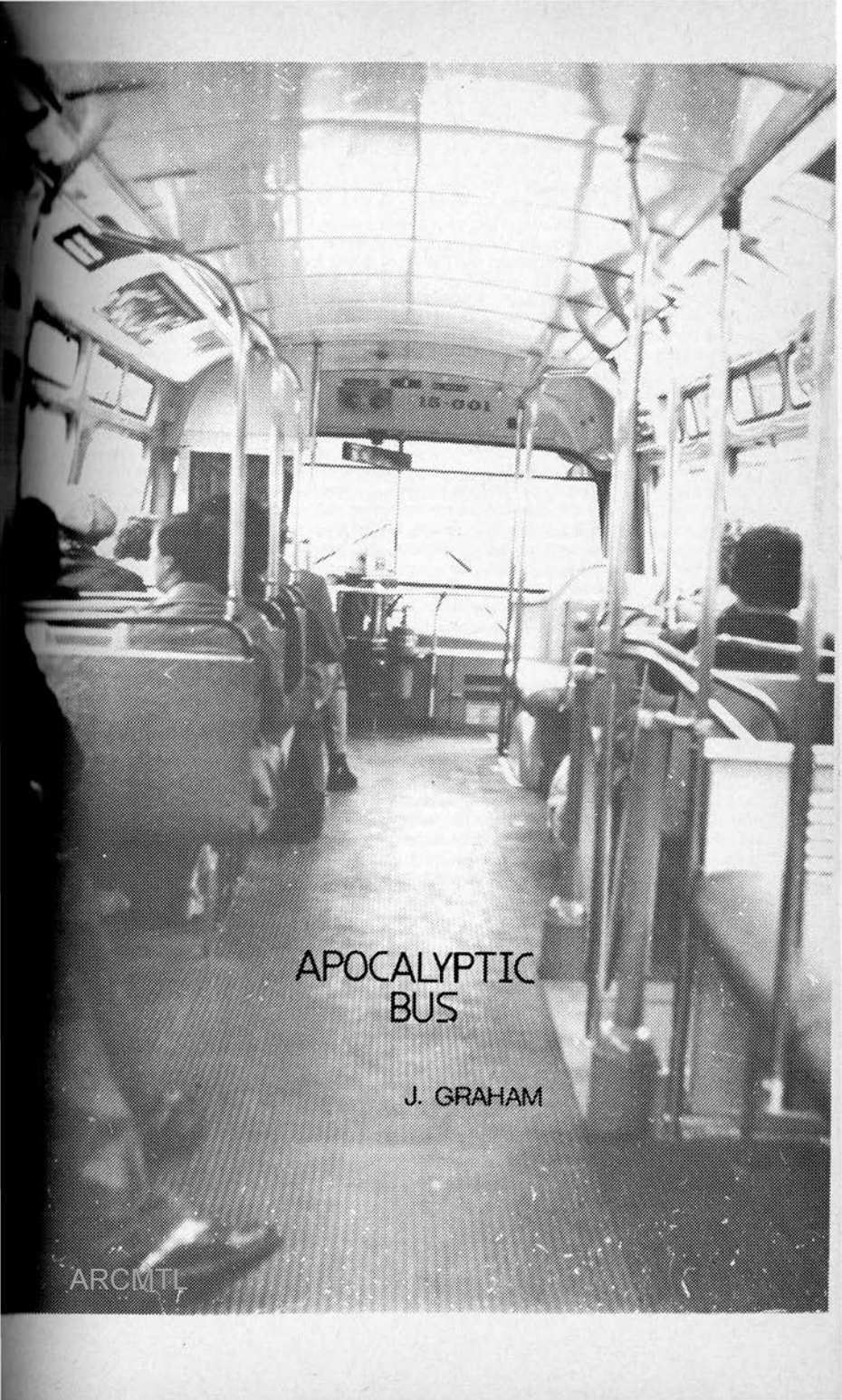
APOCALYPTIC
BUS
J. GRAHAM
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THE APOCALYPTIC BUS

"Hi, Remember me? "

I guess I came on too strong, but I was very happy to see her again. I'd been looking for her for so long. "On the bus, remember? Two weeks ago Thursday. The number thirty-seven, around two in the morning." I was sure it was the same girl. The same hard eyes and rigin, nervous, well-proportioned body under that same deceiving soft long light brown hair.

"No, I don't know what you're talking about. You must be thinking about somebody else." She snapped it at me nervously and moved off quickly towards the door of the restaurant. Perhaps she was right, I thought. The girl on the bus was even more scared and lonely looking.

Just the same I couldn't help feeling an ache of rejection in my stomach as I turned back to my coffee. I didn't want to look up because I was sure that all of the restaurant staff was looking at me, condemning me for having used such a cheap ruse to try and pick up a girl in their restaurant. The ache turned into a lump of loneliness, and I imagined her waling quickly down the sidewalk, the cheeks of her ass pinched tightly together for fear that I might follow. I imagined that I could see that same lump of loneliness in her stomach.

Thinking that gave me the courage to look over at the fellow who was wiping the counter. He had one of those white aprons tied around his waist, and a loose, faded blue shirt with the right sleeve rolled carelessly back from the wrist. The cuff slipped down to his hand and he pushed it back to where it had been, as though resigned to the fact that it would only slip down again. His hair was dark, greasy and longish with traces of it growing in a scattered pattern over his cheeks. His skin was pale and a few pimples stood out to protect the sparse hair on his face from the threat of a razor blade. He wiped the counter as though he had just forgotten something important and hadn't realized it yet.

The juke box had just finished playing the third of the three songs I had selected for a quarter, I had already forgotten what they were, and the restaurant was hushed in that dishcloth silence peculiar to empty restaurants when the juke box has just stopped playing. I though I could see the same lump of loneliness in the guy wiping the counter and suddenly I was picturing all the people out in the street, each one with this uncomfortable lump of loneliness lodged there in the stomach, all walking around as though they had just forgotten something really important but hadn't realized it yet.

I stirred my coffee and took out a cigarette. I began thinking about that bus ride of the second Thursday before last.

"Hey, do you know if the number 73 bus runs along Laurier? " I asked the guy wiping the counter. "I think it's the 73 or the 54 or something.

"No," he said, half-pausing in his work.

"No, eh? Well. Thanks anyway," I mumbled. I was ure it was the 73 that had picked me up that night, though it might have been the 37 or the 54.

"The bus up there, it goes down St. Denis to Dorchester," the restaurant guy suddently responded, rolling his cuff back up.

"It does? I didn't know that. You been on it? "

"Sure," he answered, "I go home on it up Parc; it goes all over the place."

"Ya but not the same one, though."

"Oh yeah, it's the same one. It goes all over. It goes along St. Joseph sometimes and back towards the metro that way. I been on it."

"Yeah? I didn't know that."

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"Yeah," he said and walked off into the kitchen. I drank some of my coffee and looked over to see a couple walk in. They avoided my eyes and looked for a seat over near the back where the telephones are. They looked Italian, mostly by the way they avoided my eyes. Italians have their own way of doing that. He guided her pas the counter where I was sitting and as they passed I felt the lumps of loneliness in their stomachs. I looked back to my coffee and thought about that bus again.

I had just left a friend's place that night, and I was feeling pretty lonely and depressed and things, and it was cold as hell. I kept stamping my feet to keep warm and when it came, and I knew that the bus I usually take along there isn't the 73, but damn, it was cold, and the bus stopped for me, so I got in.

"Will this bus take me to the Metro? , I asked the driver, and he said 'Qui Monsieur'. Well, that was good enough for me. Just the same, something seemed funny. For one thing, I had never had a bus driver call me Monsieur before, and for another thing, the bus was unusually crowded for two a.m. I looked down the aisle and reached for the support bar. I was trying to avoid people's eyes while I scanned through them for a seat. That's when I noticed that they were all looking directly at me. I got really scared.

"Yeah, I know the busses pretty good," said the restaurant guy coming back out of the kitchen. "Just thinkin' of it like that, I don't know any 73 on Laurier, though."

"No, eh? " I answered.

"No," he paused, leaning back against a shelf with his arms crossed. He had decided he was going to talk. "Might go up around Cremazie, not Laurier though. That's the forty-eight." The way he was leaning I had a clear view of the lump in his stomach; it was sending out messages to the one in mine.

"The forty-eight, eh? "

"Yepp. It goes over to the Metro and then comes back along St. Joseph. My uncle lives up there. He used to be a bus driver." He gave me a look of authority, as though he had made an important point and gained the upper hand in an argument. I noticed out of the corner of my eye that the Italian girl was watching us. I looked over at her and she looked away. Her boyfriend was studying the menu. She had wavey black hair that looked like it had recently been done by a hair dresser. Her dark eyes had a tense, nervous quiver in them that was reflected in her face. She wore a soft looking silkish marroon blouse. I thought I could see her breast through the button holes. I thought of spring. Then I remembered the bus again. There was real excitement in the passengers' eyes as they looked at me. No hostility, but it scared me all the same. I wanted to check and see if my fly was undone, but I couldn't figure out how. The people at the back of the bus had gotten up and were waling towards me. Everyone seemed to be getting up. A cute short little girl hugged me and kissed my throat, and then an elderly man embraced me, pushing his right cheek against mine and then his left cheek against my left one. Somewhow it seemed perfectly normal. I was trying to check my back pocket to see if my wallet was still there. A whiskered, sunken cheek old bum with alcohol on his breath tried to embrace me next, but I put my hand firmly on his chest and pushed him back. Behind me I heard strange laughter stop. I hadn't noticed it until it stopped. Some people stopped the old bum from falling over, and he looked at me with hurt, dark eyes. All the people were sitting down again. their eyes avoiding mine. "What the hell's going on here? ", I yelled, but they all seemed not to hear me. I turned back to the bus driver. "What's going on here! What's this all about? " I glanced back at the seats. "Pardon Monsieur? " I said, "What's it all about? " But as I spoke I noticed that everyone was sitting down again, exactly where they had been before, all looking at their laps or at some corner of the bus. "I'm afraid I do not understand, Monsieur; would you like me to call you at your stop? "

The bus looked perfectly normal now. Everyone looked paranoid and separate, as nervous of each other as I had felt of the. I began to think that the whole thing had been in my imagination. "Y-Yes, thank you," I said to the driver.

The telephone rang in the restaurant and the Italian guy got up and answered it. At the same time three of those waspy student types walked in, talking about politics.

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"Yeah, it's a fuckin' rip-off, man, I mean we're just being kept in school to be kept off the labour market." The one who was talking had black longish hair, sideburns and a mustache thin enough to show his age. He was taller than the other two and he wore a working man's overshirt, jeans and cowboy boots. He was spindly with over-sized hands and thin, piano-player fingers. His movements were jerky.

"That suits me. I don't want to work anyways," the second guy laughed nervously. When he said it his lump of loneliness came in to focus and I could suddenly see that all three of them had one. It was like a tension that held them apart and together at the same time. The second guy was short and he had a blond beard that he wore like an amateur actor who had forgotten to take his costume off. His hair was cut shorter than a brush-cut. He wore the same uniform as the jerky tall guy. Their presence jolted the atmosphere of the restaurant making everyone recoil as though the newcomers had crashed in through the front window and were on their way out through the back wall. They collided with a table right behind me, landing noisily on three nervous chairs. The third guy had curly brown hair and brown eyes and a long, pointed brown beard that was wrapped around his left index finger. He didn't look like he was going to talk. He was wearing a grey blanket with a hole in the middle for his head to stick through, and his eyes were focused inwardly as though he were contemplating that important thing that everyone else hadn't realized the'd forgotten. I had the feeling he was sitting in the lotus position behind me..

"Yeah, but it's just not cool, man. I mean there's no jobs for us now, and even when we get a B.A. there's still not going to be anything for us. I mean, at least we should have the right to choose. In a Marxist state we would be paid to go to university, by the state, and when we finished we'd have a job because the state would be controlling that side of it, too. I mean, right now in America everything's controlled by big business, and big business is designed to make the stock-holders rich at the expense of everyone else. I mean in a Marxist state everything would be organized with everyone's best interest in mind."

The Italian guy hung up the phone and walked over to the juke box. The guy who had been wiping the counter looked afraid to talk now, as though he was afraid he would be overheard, so he went back to wiping the counter. The juke box started to play some off-beat song like that music they pipe into office buildings. It drowned out the converstation so that I would have to strain to hear it. I went back to thinking about the bus.

I had taken a seat near the back of the bus with my back to the side window. I still wasn't sure if I trusted these people. They looked normal enough, now, but I couldn't dismiss what had happened. The old bum I had shoved was sitting almost directly across from me and he looked like a hurt puppy. It seemed silly to me to find myself wondering if these things had really happened. I knew I was tired, yet I couldn't believe my mind was playing such tricks on me. I decided that I would go and see my doctor the next day, but I never did. I was really tense. I just wanted to get to the Metro and get home, get away from these people. These buses were getting me down; I was doubting my sanity. The old bum looked at me for a second too long when our eyes met, and I felt myself baring my teeth, but he looked away again, quickly. I felt the eyese of an old lady from farther up toward the front of the bus. I turned the full force of my stare at her, but I had to look away again. There was a sad sympathy in her eyes. "They're all in this together," I thought, "they're all playing tricks on me". I tried to took out of the far window, but there was too few places to look; even t here I had to avoid the reflections of peoples' eyes. I felt the old drunk staring at me again. "The weak link! I thought. I could get mad at him and they couldn't do anything without showing their hand.

But it was a perfectly normal bus now. It was just that incident I had imagined as I had got on earlier. I might be cracking up, but this wasn't the place to prove it.

Just the s ame I resented the fact that I was too upset to return the drunk's stare. I turned on him and made a motion to get up, as though I were going to slug him. He looked really scared and turned to look out the window. I felt flushed

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and I felt my underarms begin to sweat. I couldn't see anything except my anger, but I could feel something else, almost right across from me, boring in through my blindness. Before I had settled into my seat again I had acknowledged what it was, and I new that I had to confront it.

It was the little girl who had first embraced me, her eyes reprimanding and innocent. I couldn't confront them; they were too honest: They demanded an answer, an honest one. I looked at her and ally my confusion swelled into my face. I got up, I had to re-act, and grabbed onto the support bar as the bus swayed around a corner: "What the Hell? It's not my fault! " I looked from the girl to the older lady to the drunk. I felt like crying into the old man's lap, but just then a ripple of laughter swelled down from the front of the bus, a spontaneous wave that jiggled me inside leaving me laughing in its wake. My own laughter burst up from inside of me and I felt as though I were just a part of it. Warm tears ran down my cheeks and as my eyes cleared I saw that I was not alone, that everyone on the bus was laughing, and suddenly I knew them all, because each person's laughter was his own as I was mine, and that caused me to burst out all over again.

There was something more peculiar this time, though, because as my laughter swelled through me I could beel someone else, very close, through his laughter. It was the bus driver. I could see him out of the corner of my eye, and for just a second I could see that he was dressed in long, white robes, and that he had a flowing white beard and white hair that trailed away from him down the aisle, as though it were blowing in the wind.

It seemed for just that second too that his laughter and mine had become one, and that I was looking out the front window of the bus, at the cold, lonely streets, through his eyes, and I couldn't tell whether we were laughing or crying. I felt a strange fear ride through me, as though I were off-balance on a bicycle.

Back at the restaurant the music stopped and I could hear the three guys behind me again. The blond, short guy was talking animatedly to his friends.

" . . . And then suddenly this German-looking guy turns to me and says, "My name is Horst Maier; I am a jeweller and a clock repairer." He's got this big friendly smile on his face, like. And then this middle-aged lady says, "And my name is Annette Lafléche; I am a secretary." And somebody else introduced himself and somebody else! It was crazy man.

"And then this big fat broad, she's got make-up all over her face, she gets up and curtsies! Man! Then she says, "My name is Lola Lablanche, I am an actress! And man, suddently this bus driver starts laughing again . . . " The juke box started playing another song and their conversation was lost to me again. You can imagine how I felt, though. My heart was beating in anticipation. This guy behind me, why he had been on the same bus! That was just how it happened, alright. Everyone began introducing themselves, and the bus driver laughed until the windows rattled. Then the bus stopped, and someone got out and we all wished him good night, and someone else got in and we all ran forward to meet him or her, and some would get a little scared, and others would get really scared.

This one little old lady came up the steps with a cane, wished the bus driver a good evening, put her ticket in the box, and then, when she turned and saw us all her eyes just lit right up and she exclaimed: "Oh, I've been waiting so long for this! My name is Gabrielle Lajoie and I am a grandmother.! "

Everyone was sharing biscuits and cigars and chocolate and stories and there was this feeling of happy conversation in the air, even when no-one was talking.

I bumped the saucer of my coffee cup as I sat there in the restaurant counter recalling all this, and I watched as the ripples echoed in towards the center of the coffee. It felt like the laughter in my stomach were causing the ripples. Just then I noticed that the restaurant guy was watching me a little peculiarly. He came over and filled my coffee cup, then walked into the kitchen with the pot. The juke box stopped again and I could hear the three guys behind me.

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"What was the driver's name, do you remember? " It was the tall guy who asked the question.

"Yeah! " The short guy said, "That was the best part. He turned and said, 'My name is Roch St. Pierre,' and then he laughed that laugh again."

There was silence for a second; the restaurant guy came back out of the kitchen. Then the tall guy said, "Man that is some dream! You should write it down before you forget it."

"Yeah, I guess I should." Answered the short guy. Then the third song began to play on the juke box. The restaurant guy came over to me and said:

"You listening to that story they're telling behind you there? '

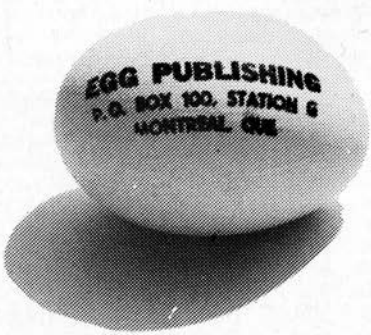
"Sort of, Why? I answered.

He turned to leave, then he turned back on me and said: "The guy says its a dream, but it's not. It's not no dream 'cause the same thing happened to me." Then he turned and walked quickly into the kitchen before I had a chance to answer.

Well I sat there for a second, then I decided that it was that it was time to leave the restaurant. On my way out the door I thought about how I had finally gotten off the bus.

It had stopped and someone got up to leave through the back door, and we all said good night, and this girl stepped up in the front and put her ticket in the box. She was about my own age. She turned to look for a seat as the bus began to move again. When she saw us all rushing forward to meet her, she panicked the same way as I had and turned back towards the driver: 'Let me off! Stop the bus! Let me out of here! " We were all so upset that we all quickly assumed our seats, not wishing to have upset here. No-one meant to hurt her, yet I found myself feeling so embarrased, as though we had meant her harm, that I couldn't look at any of the other passengers. The bus stopped again, and she got out.

I was so upset by the fear that I had seen on her face that quickly got up and jumped out the back door. I wanted to tell her that it was alright, that she didn't have to be afraid, but when I got on the street and the bus had left I could see no sign of her. I spent the rest of the night walking the streets looking for her and thinking about the bus, but as the sun began to rise, I gave it up and went home. Still, I keep thinking that I see her in the fear I see in people's faces, and I suppose I will continue to, until I find her.



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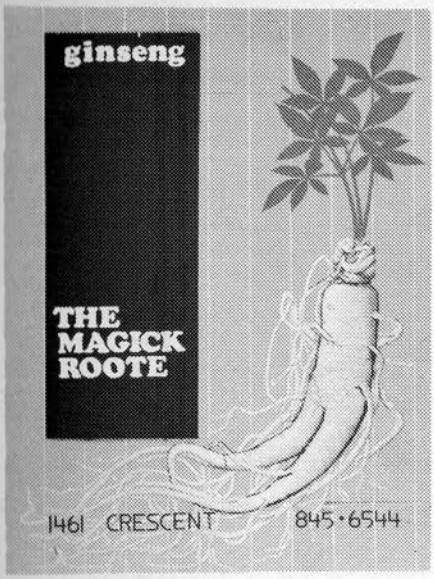

HITCH-HIKING

INTER-CITY HITCH-HIKING:

HITCH WEST. Route 40. Ottawa, Toronto, Vancouver. Take Metro to Cremazie, then bus 100 along Metropolitan Blvd. to Trans-Canada ramp entrance. Ask busdriver to shout out the stop. Fastest way to city limits.

Route 20. Fort Street entrance at Dorchester St., is reasonable for hitching from downtown.

HITCH EAST. Quebec City, Halifax. Metro to Longeuil. Take door for taxis. Walk to 2 o'clock position towards Sorel entrance ramp of Route 3 and 20.

Entrance ramp to Jacques Cartier Bridge from downtown is reasonable but not as direct as using the Metro.

HITCH SOUTH. New York, Boston. Take Metro to Longueil and do as hitching East but use Laprairie, USA entrance ramp.

HITCH NORTH. Val Morin, Ste-Agathe, Mont Tremblant Park. Take Metro to Henri-Bourassa, then transfer to bus 69 to the Laurentides Autoroute ramp. Also bus 100 West from Cremazie to Laurentien Blvd, get off bus at the Continental Can of Canada Building.

INTRA-CITY HITCH-HIKING

HITCH EAST-WEST. Route 2, Sherbrooke Street is reasonable hiking.

HITCH NORTH-SOUTH. Côte des Neiges (Guy), at the corner of de Maisonneuve Blvd. or Sherbrooke St., and for the east side of the mountain—Park Avenue, St-Laurent or St-Denis Streets.

HITCH SOUTH SHORE. The best bet is to use the entrance ramps of Victoria or Jacques Cartier Bridges.

The hitching locations listed under INTER-CITY are the easiest and fastest ways out of the city, but if you haven't the bread for the Metro, then follow the INTRA-CITY routes out.

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HITCH SOUTH crossing into the USA. It's not easy getting into the land of the free these days. The world's longest continuous un-defended border has been closed especially to hitch-hikers. If you're going that way use bus or train to cross or have the driver of the car mention nothing of your hiking and that you are both going to the same location. Use any border crossing but the Champlain checkpoint, Route 15 Canada, 87-USA. It's big, new and dozens of customs men do nothing but check Montrealers. Those who own cars seem to have lost most of their joie de vivre to picking up hikers. In two years, hiking has become disgustingly poor in the downtown areas even if there is a bus strike. It seems that the motto is—man is the king of the car, one man to 14 miles per gallon, pollute, kill, mangle and consume more space than is humanly tolerable.

Rides are announced on radio CHOM 97.7. (935-8591) and check personal column of the classified section in the daily papers.

HOCKEY

FORUM. The home of the Montreal Canadiens. 2313 Ste Catherine O. For information: (932-6131)

HORSE RACING

BLUE BONNETS RACEWAY. 7440 Decarie Blvd. Flat racing, harness racing. Information at: (739-2741)

RICHELIEU PARK. 15910 Notre Dame E. Harness racing. For information: (642-7444)

HORSE RIDING

LUXIANA RANCH. 242 Marie Victorin, Vercheres. (583-6461)

BROKEN WHEEL DUDE RANCH. Sutton Junction. (538-3610)

DOMAINE CHEZ HERVE. 600 Mtée Masson Mascouche. Terrebonne (666-8447). Mascouche (474-2288)

MONT BRUNO RIDING. 8810 Chambly, St Hubert (676-0917)

HOSPITALS

CATHERINE BOOTH. 4375 Montclair. (481-0431)

CHINESE HOSPITAL OF MONTREAL. 7500 St. Denis. (273-9154)

MONTREAL GENERAL HOSPITAL. 1650 Cedar. (937-6011)

HOTEL-DIEU. 3840 St. Urbain. (844-0161)

JEWISH GENERAL. 3755 Ste Catherine Road. (342-3111)

MONTREAL CHILDREN'S. 2300 Tupper. (937-8511)

QUEEN ELIZABETH. 2100 Marlowe. (488-2311)

ROYAL VICTORIA. 687 Pine Ave. O. (842-1251)

IMMIGRATION

IMMIGRANT ADJUSTMENT BRANCH. 355 McGill. (873-3472)

INFORMATION & REFERRAL CENTRE OF GREATER MONTREAL. 759 Victoria Square, No.54. (842-9751)

JEWISH IMMIGRANT AID SERVICES OF CANADA. 5151 Côte Ste Catherine. (342-9351)

CANADA IMMIGRATION CENTRE. 1500 Atwater. (283-5409)

CANADIAN CITIZENSHIP BRANCH (Secretary of State) 1080 Beaver Hall Hill, No. 2101. (283-5689)

AIDE AUX IMMIGRANT. 4281 de Maisonneuve O. (933-6165)

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IMMIGRATION & TRAVEL DEPT. 1620 Notre Dame O. (935-7425)

OFFICE FOR NEW CANADIANS. 2000 Sherbrooke O. (931-7311, locals 126, 110).

IMPORT SHOPS

CHINA RESOURCE PRODUCTS. 1230 Ste Catherine O. (861-4530) The finest example of Chinese products (including art) in Montreal. Also located at 357 Commune Street (845-6151, 845-6152) You can also visit their showroom of Chinese carpets, antique furniture and jade. (By appointment only).

CHINA PAGODA. 1127 Ste Catherine St. W. (844-3141)

IMPORT BAZAAR. 1108 Ste Catherine O. (866-6166)

ORIENTAL ARTS & CRAFTS. 2055 Ste Catherine O. (931-4655)

TITIKAKA. 70 Prince Arthur E. (843-6069) South American imports. Fine alpaca wool.

INDIAN SHOPS – all over old Montreal. Unfortunately leaving the place looking as if French Canadian atmosphere had invade colonial India.

SINGH FLEA MARKET. 338 Notre Dame E. (871-9041) Open 11:00 am-11:00 pm.

JEWELLERY SHOPS

WHAT'S GOIN' ON. 54 Duluth St. E. (843-6849).

JOAMERIE MOLLE. 154 Prince Arthur E. (843-7815).

WALTER SCHLEUP. 1482 Ste Catherine W. (933-4495).

MOUG. 1441 Crescent (844-6855, 844-6844).

JUKEBOX HIRE

DANIEL AMUSEMENT. 8760 8th Ave. (376-0440)

ALOUETTE AMUSEMENT. 2225 Beaconsfield Ave. (487-2228)

KITES

ARTISANAT 312. 312 St. Paul O. (525-1232) A good collection of kites, any shape or size and if you want just a regular styled kite then check the department stores downtown.

LATE NIGHT EATING

Restaurants listed below are open 24 hours daily.

BRITON. 1606 Ste Catherine O. (932-1652).

LA FONTAINE DE JOHANNIE. 3666 St-Denis. (845-6376)

PINES. 3734 Park Ave. (849-8430).

DUNN'S. 894 Ste Catherine O. (866-5577).

DANKOFF'S. 1446 Peel (849-1141).

MAIN RESTAURANT. 3887 St. Lawrence (843-8126).

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MOE'S.CORNER SNACK BAR. 1455 Closse (933-9274).

PIERCE DELICATESSEN. 1639 Ste Catherine O. (935-8992).

RICKSHA RESTAURANT. 83 Lagauchetière O. (861-5241).

BEN'S DELICATESSEN. 1001 de Maisonneuve Blvd. O. (844-1000) Open till 4:00am.

ALOUETTE STEAK HOUSE. 1176 Ste Catherine O. (866-6244). Till 4:00am.

LATE NIGHT GARAGES

GULF SERVICE. 2010 Mansfield (288-2397).

SAUVE SERVICE. 4680 Park Ave. (276-9825)

COTE DES NEIGES. 5228 Côte des Neiges (737-4574). Also road service and towing.

ROY GULF. 5701 Décarie. (737-1839) Towing service also offerred.

CENTRAL GULF. 1425 Park Avenue (277-7225)

PARK AVE. FINA. 4505 Park Avenue. (842-1525).

METRO TEXACO. 2011 Metcalf. (849-1926, 849-4097).

LATE NIGHT GROCERIES

TABAGIE VARIETES. 65 Sherbrooke E. Open till 11:00pm nightly and sells tobacco, magazines and groceries.

MACKAY FRUIT & DELICATESSEN. 1434 MacKay. Open till 10:30pm daily. Sells beer & cider.

JEAN DAIRY. 85 Pine Ave. O. (849-8515) Open till 10:00pm daily. Beer and cider.

G.F. DAIRY. 3509 Park Avenue (844-2986, 844-5200) Open nightly till 11:00pm; closed Sundays. Beer & cider.

ROSIE'S. 3515 Park Ave. (845-6931) Magazines and limited groceries. Open till the end of the TV late movie. (About 2:30am.)

CRESCENT GROCERY. 2000 Crescent St. (842-7525) Open till 11:00pm nightly except for 10:00pm Sundays. Beer & cider.

ALMA GROCERY. 1986A de Maisonneuve O. (932-1985) Open till 11:00pm Monday-Saturday. Beer & cider.

COLLEGE GROCETERIA. 1470 Bishop (288-2665) Open till 11:00 pm. Beer & cider.

CANTORS BAKERIES. 1665 de Maisonneuve O. (935-6262).

PERRETTE DAIRY. 5701 Sherbrooke O. (486-3367) & 4471 Ste Catherine St. O. (932-8891). Open till 11:00pm.

PELOPONISSOS. 152 Napoleon. (845-6765). Fresh bread, 24 hours daily.

LATE NIGHT TOBACCONIST

LAVAL NEWS. 826 Ste Catherine E. (845-7734) Tobacco, books and magazines. Open 24 hours daily.

LEATHER SHOPS

LEATHERSMITH. 109 Prince Arthur E. (842-2432)

O-GIMA MIT. 2118 Ste-Catherine O. (933-4791)

THE ARK. 5462 Sherbrooke West. (488-6111)

BEOWULF LEATHER. 2186 Ste-Catherine O. 2nd floor. (933-3364)

TOUCHATOU. 486 Ste Catherine O. (861-6914)

LEATHER SUPPLIES

LAMONTAGNE. 92 St. Paul E. (861-5547)

TANDY'S. 1224 Drummond. (866-5144)

DUCLOS. 386 Lemoyne. (849-4697)

FOURNIER. 411 St. Nicolas. (845-2436)

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LEATHERSMITH

SACOCHES HANDBAGS SANDALS CEINTURES BELTS

109 PRINCE ARTHUR ST. E.

842-2432

LEGAL AID

BAR OF MONTREAL. 800 est, de Maisonneuve. (842-2233). Criminal - 9:00 pm, Civil - 5:00 pm. French and English. Regular office hours.

BAR OF MONTREAL REFERRAL SERVICE. 84 Notre Dame O. (849-4547).

CITIZENS RIGHTS AGAINST BAILIFF SEIZURES. 2396 Chateauguay. (935-4691).

TRAIT D'UNION DU CARRE ST. LOUIS. 949 Cherrier. (523-2702)

COMMUNITY LEGAL SERVICES. 2529 Grand Trunk. (933-8432)

BAR ASSOCIATION. (873-3586) Open to those unable to afford lawyer or legal defence.

PROVINCIAL COURT. New Court House. Notre Dame E. (873-6381)

SERVICES JURIDIQUE ST.LOUIS. 3459 St. Hubert. *845-6618)

DEBTOR'S HANDBOOK. A Canadian legal guide to handling creditors and avoiding debts.

CIVIL RIGHTS IN CANADA. Both books are available in bookstores or from Self-Counsel Press, 40 Gormley Avenue, Toronto 7, Ontario.

OMBUDSMAN. 1255 Carré Phillips. (873-2021).

LIBRARIES

ATWATER LIBRARY. 1200 Atwater. (935-7344) 9:00 am - 5:00 pm. Closed Monday.

MONTREAL CHILDREN'S LIBRARY. 3835 Sewell. (288-3061) & 3700 St-Dominique. (845-8673) 1:00 pm - 5:00 pm, Mon-Fri. 7408 Bloomfield (276-7309) & 314 Northview (484-7194) All the above are closed on Sundays.

JEWISH PUBLIC LIBRARY. 5151 Ste-Catherine Rd. (735-6535)

FRASER-HICKSON INSTITUTE. 4855 Kensington. (489-5301)

CANADIAN NATIONAL INSTITUTE FOR THE BLIND. 1181 Guy. (931-7221)

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MONTREAL CITY LIBRARY. 1210 Sherbrooke East (872-2908). Hours: 10:00 am - 10:00 pm, Mon-Fri; 10:00 am - 5:00 pm, Sat; 2:00 pm - 6:00 pm, Sun. Trans: Sherbrooke bus 24.

MONTREAL MUSEUM LIBRARY. 1379 Sherbrooke West. (842-8091 - local 35) Hours: 10:00 am - 4:45 pm, Tues to Fri; 10:00 am - 9:45 pm, Wed. Trans: Sherbrooke bus 24.

REDPATH LIBRARY. McGill University (392-4513) Hours: 8:30 am-10:00 pm, Mon to Fri; 8:30 am - 5:00 pm, Sat; 2:00 pm-9:00 pm, Sunday.

NATIONAL LIBRARY OF QUEBEC. 1700 rue St- Denis (873-4553) Hours: 9:00 am-9:00 pm, Mon to Fri. Trans: St-Denis bus 30.

MUSEE D'ART CONTEMPORAIN LIBRARY. Cité du Havre. (873-2878) Hours: 10:00 am-5:00 pm, Tues to Fri. Trans: Bus 12 from Carré Phillips.

THE COMMUNITY LIBRARY. 3658 Ste-Famille. Hours: 3:00 pm-10:00 pm, Mon to Fri. (843-7885) Book exchange.

COTE ST-LUC LIBRARY. 7101 Côte St-Luc Road at Coronation (481-5676) Hours: 10:00 am - 10:00 pm every day of the year. Trans: bus 103 from Atwater terminus.

NDG LIBRARY FOR BOYS & GIRLS. 5065 Queen Mary (733-1423)

LIGHTING & SOUND EFFECTS

STONEAGE SOUND CO. The Mews, 1205 St-Marc (937-5123) Concert PA systems, lighting systems, live recordings and custom work either from start or modifications on existing equipment.

LIGHTS AND ILLUSIONS. 4593 Park Avenue (849-2704)

OUTRAGEOUS SOUND. 1070 MacKay (878-9393)

LOTO QUEBEC

LOTO QUEBEC. 500 Place d'Armes. Information (873-5353), results (873-5350).

MAN AND HIS WORLD

MAN AND HIS WORLD. Information (872-6222). Entrance to the fair is free but to enter a pavilion one needs a visa which cost $5 for the season or $3.50 for one day. Children under eight are admitted free. The exhibition operates seven days a week from mid-June to the first weekend in September. LaRonde amusement area open and closes at the beginning of the above months & stays open till 2:20 am.

Transportation to the site is possible by Metro from Berri de Montigny transfer station to Metro station St.Helen's Island. Or take bus 168 from Peel and de Maisonneuve Streets or bus 169 from Papineau Metro to La Ronde.

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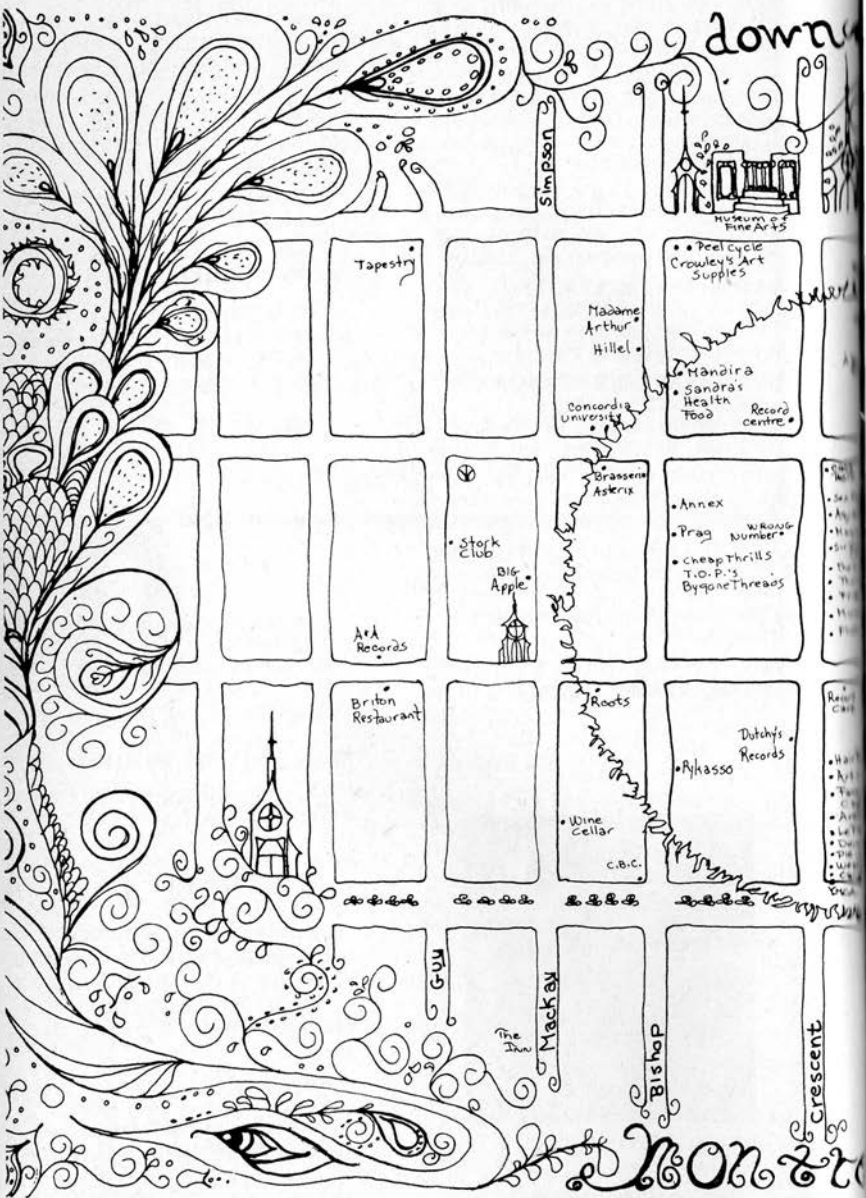
Simpson
Museum of Fine Arts
Peel cycle
Crowley's Art Supplies
Tapestry
Madame Arthur
Hillel
Mandira
Sandra's Health Food
Record centre
Concordia University
Brasserie Asterix
Annex
Prag
Wrong Number
cheap Thrills
T.O.P.'s
Bygone Threads
Stork Club
Big Apple
Ark Records
Briton Restaurant
Roots
Dutchy's Records
Rykasso
Wine cellar
C.B.C.
Guy
Mackay
The Fun
Bishop
Crescent

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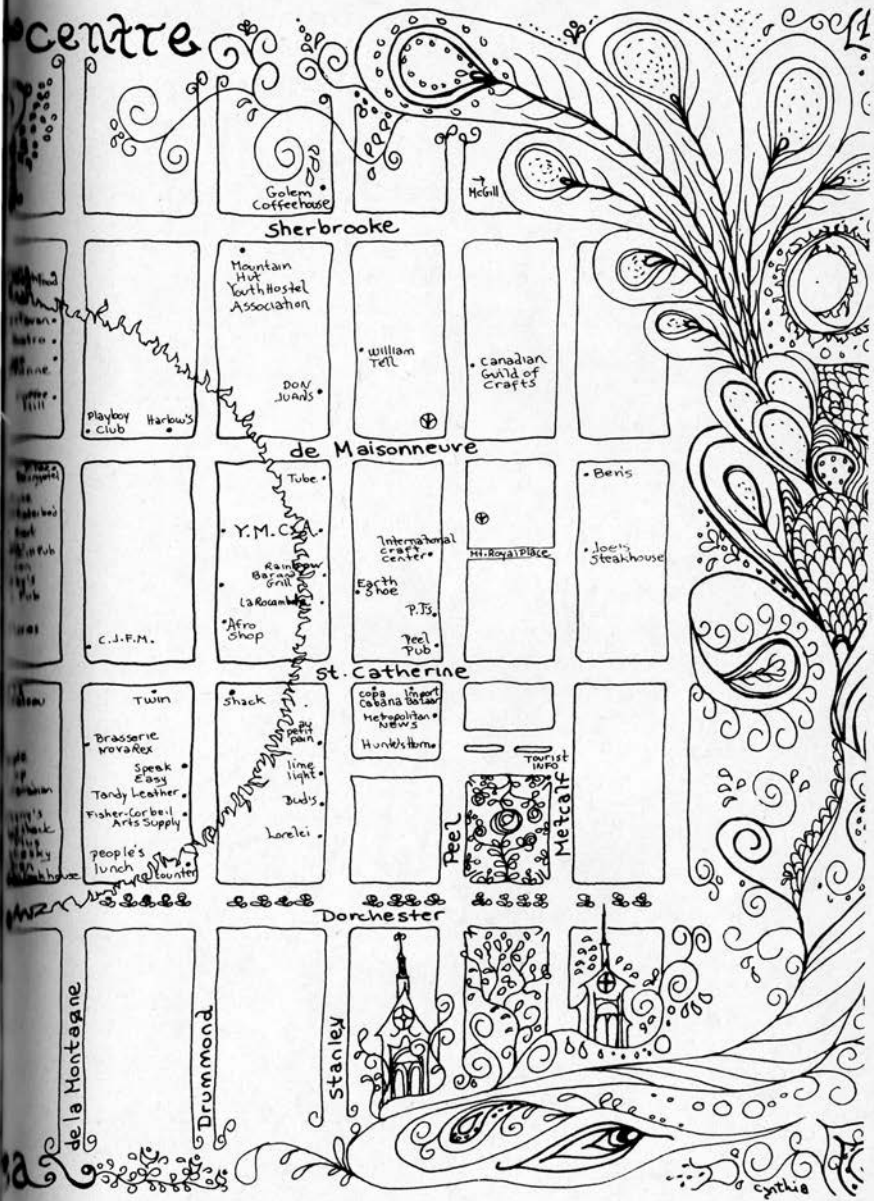
centre
Golem Coffeehouse
McGill
Sherbrooke
Mountain Hut Youth Hostel Association
William Tell
Canadian Guild of Crafts
Playboy Club
Harlow's
DON JUANS
de Maisonneuve
Tube
Y.M.C.A.
Rainbow Bar and Grill
La Rocambole
Afro Shop
C.J.F.M.
International Craft Center
Hr. Royal Place
Earth Shoe
P.J.'s
Peel Pub
Beris
Joe's Steakhouse
St. Catherine
Twin
Brasserie Nova Rex
Speak Easy
Tandy Leather
Fisher-Corbeil Arts Supply
people's lunch counter
Shack
pizza pizza
lime light
Bud's
Lorelei
copa cabana
Import Boutique
Metropolitan News
Hunter's Horne
Tourist INFO
Peel
Metcalf
Dorchester
de la Montagne
Drummond
Stanley
Cynthia

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OUTREMONT
CIMETIÈRE MONT-ROYAL
PARC MONT-ROYAL
PARC SUMMIT
CÔTE-DES-NEIGES
WESTMOUNT
SHERBROOKE
BERRI-DE MONTIGNY
BEAUDRY
FRONTENAC
LONGUEUIL
ÎLE SAINTE-HÉLÈNE
PLACE D'ARMES
PLACE VICTORIA
BONAVENTURE
DE LA CONCORDE
LIONEL GROULX
CHARLEVOIX
LA SALLE
DE L'ÉGLISE
JOLICOEUR
VERDUN
MONK
PONT VICTORIA
C.N.R.
ARCMTL

LEGENDE ✱ LEGEND
MÉTRO
STATION
STATION
LIGNE NO. 1
LINE NO. 1
LIGNE NO. 2
LINE NO. 2
LIGNE NO. 4
LINE NO. 4
EN SERVICE 1978
IN OPERATION 1978
AUTOBUS ● BUSES
LIGNE RÉGULIÈRE ET TERMINUS
REGULAR ROUTE AND TERMINAL
HEURES D'AFFLUENCE
RUSH HOUR SERVICE
LIGNE EXPRESS
EXPRESS ROUTE
COMMISSION DE TRANSPORT DE LA COMMUNAUTÉ URBAINE DE MONTRÉAL
MONTREAL URBAN COMMUNITY TRANSIT COMMISSION
HENRI BOURASSA
SAUVÉ
CRÉMAZIE
JARRY
JEAN-TALON
BEAUBIEN
ROSEMONT
MOUNT-ROYAL
MAISONNEUVE
PIE-IX

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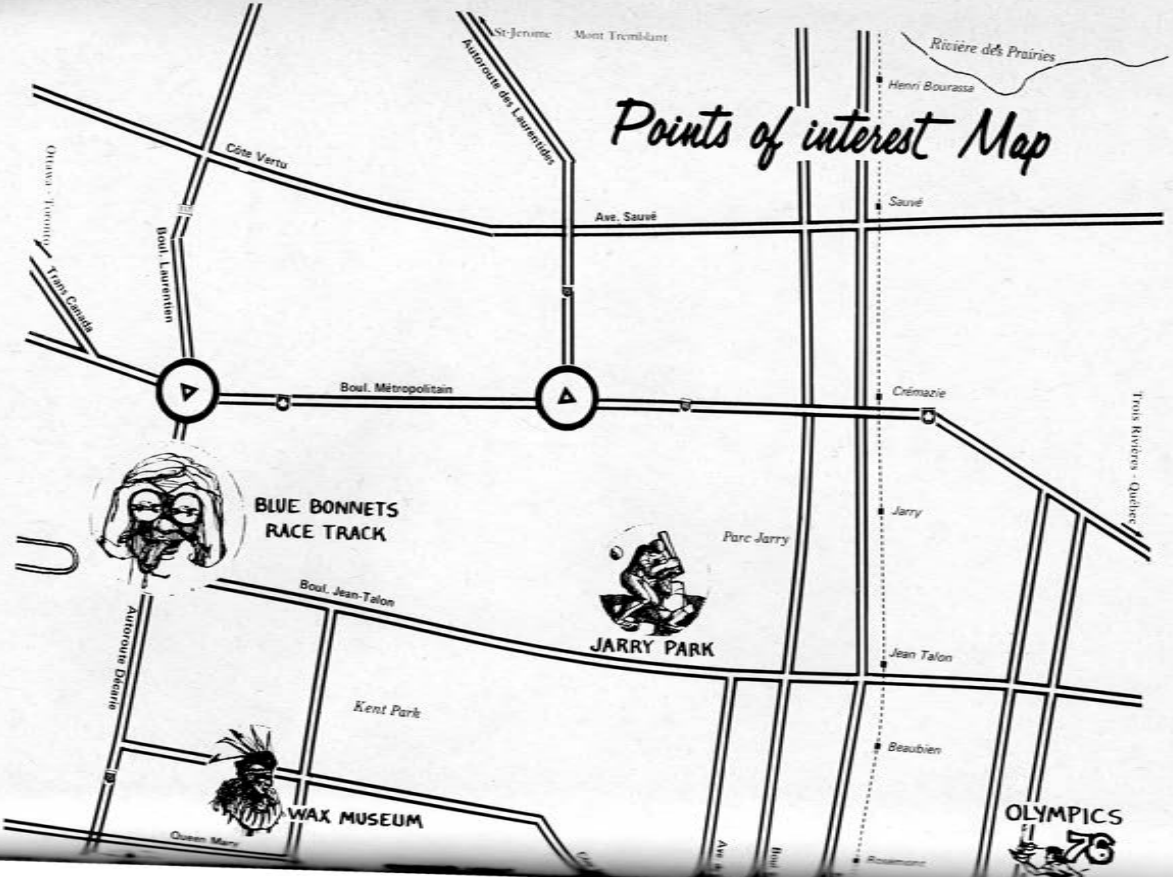
Points of interest Map
St-Jerome
Mont Tremblant
Autoroute des Laurentides
Rivière des Prairies
Henri Bourassa
Côte Vertu
Ave. Sauvé
Sauvé
Ottawa - Toronto
Trans Canada
Boul. Laurentien
Boul. Métropolitain
Crémazie
Trois Rivières - Quebec
BLUE BONNETS
RACE TRACK
Parc Jarry
Jarry
Boul. Jean-Talon
JARRY PARK
Autoroute Decarie
Jean Talon
Kent Park
Beaubien
WAX MUSEUM
Queen Mary
OLYMPICS
76

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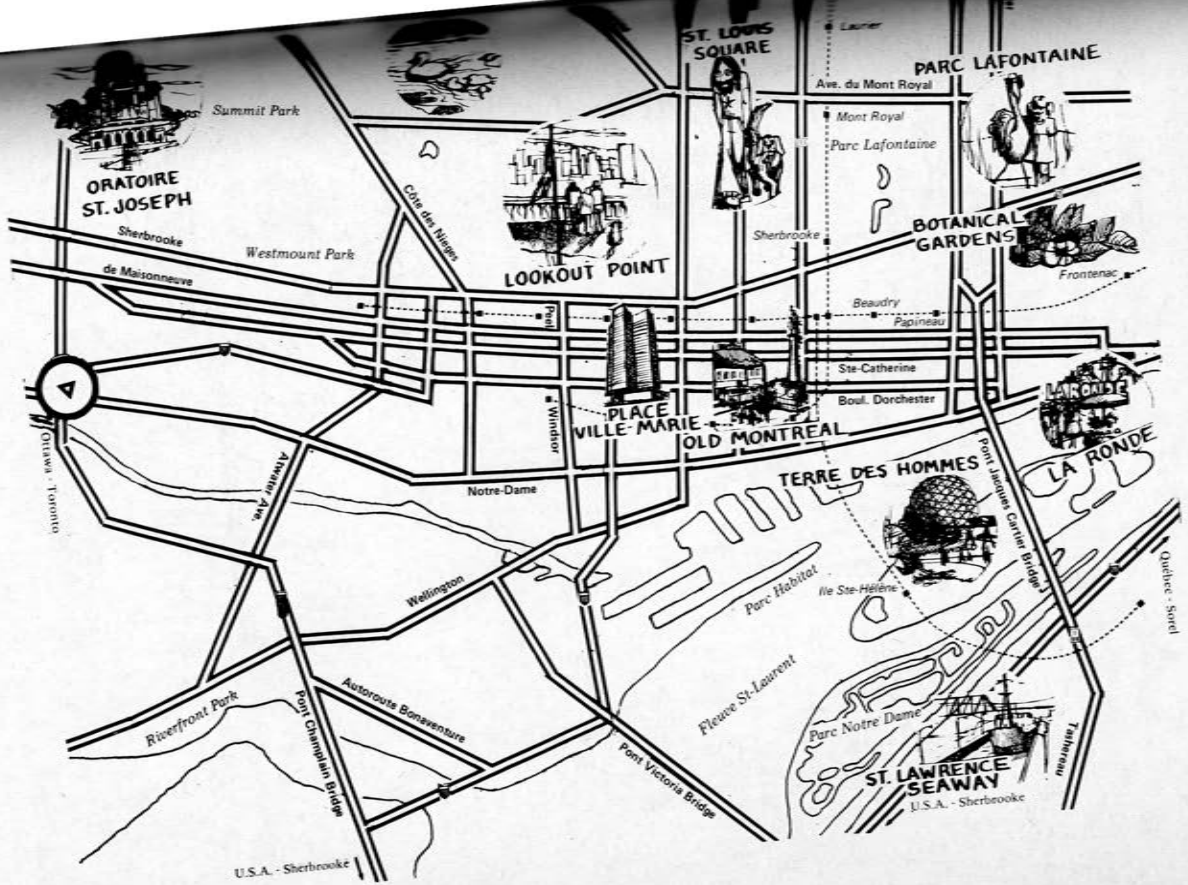
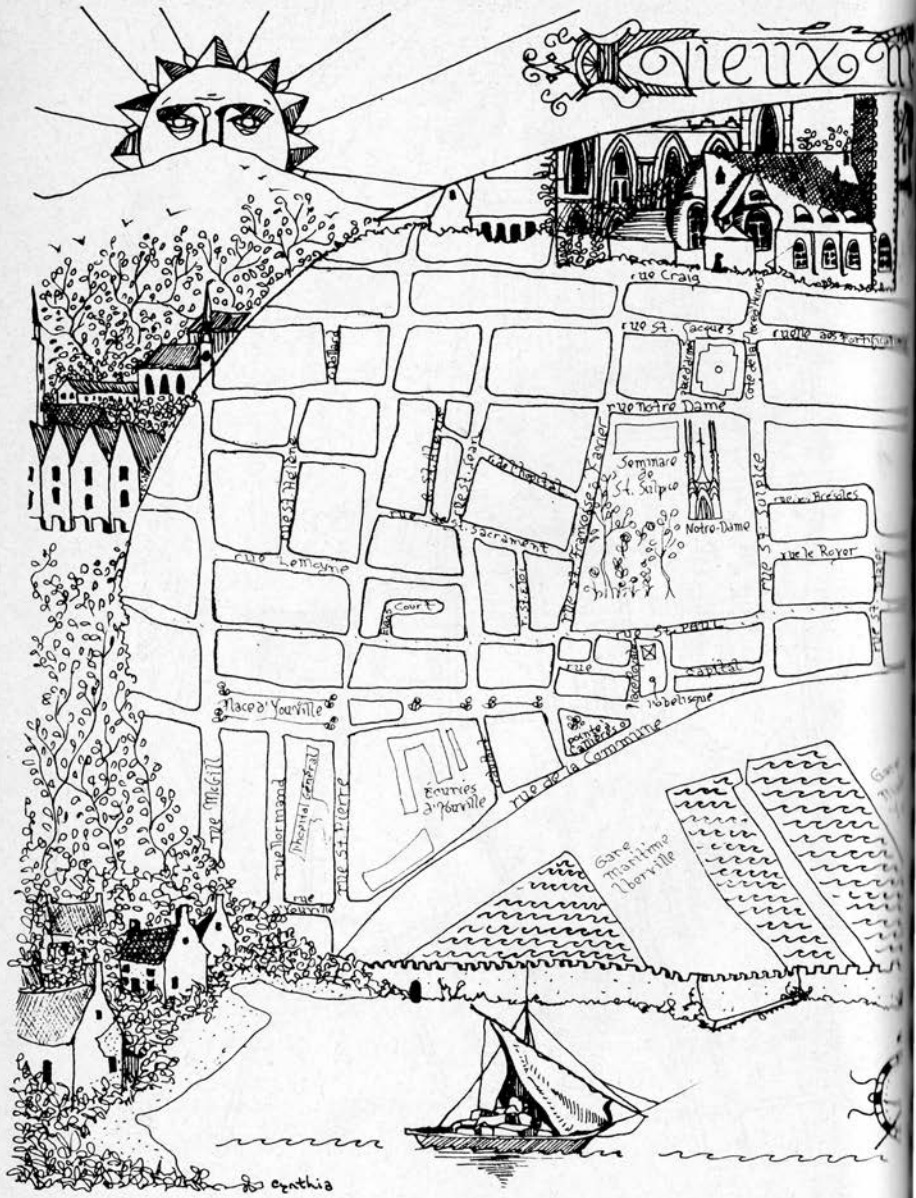
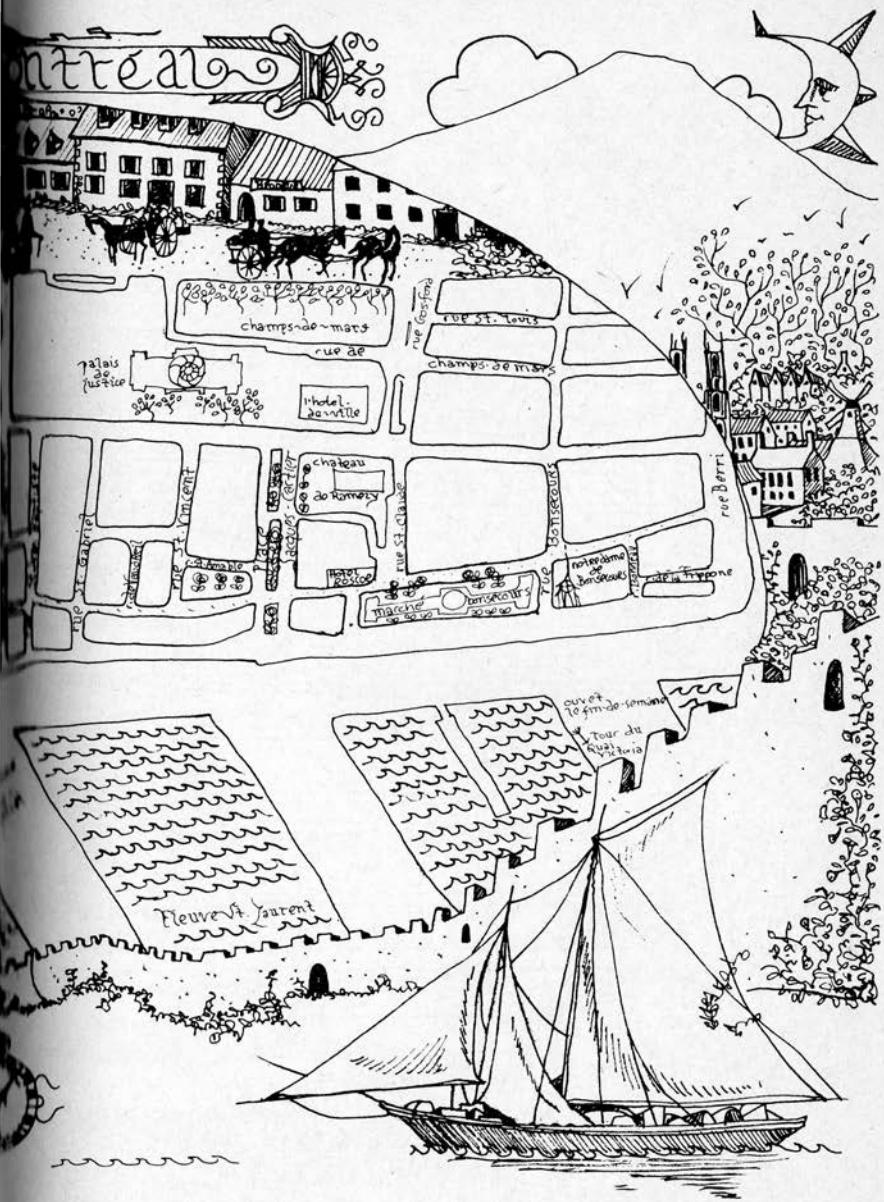

ST. LOUIS SQUARE
Laurier
PARC LAFONTAINE
Ave. du Mont Royal
Mont Royal
Parc Lafontaine
Summit Park
ORATOIRE ST. JOSEPH
Côte des Neiges
LOOKOUT POINT
Sherbrooke
BOTANICAL GARDENS
Frontenac
Sherbrooke
Westmount Park
de Maisonneuve
Peel
Beaudry
Papineau
Ste-Catherine
Boul. Dorchester
LA RONDE
PLACE VILLE-MARIE
Windsor
OLD MONTREAL
TERRE DES HOMMES
Pont Jacques Cartier Bridge
Ottawa - Toronto
Atwater Ave.
Notre-Dame
Wellington
Parc Habitat
Ile Ste-Hélène
Québec - Sorel
Riverfront Park
Pont Champlain Bridge
Autoroute Bonaventure
Fleuve St-Laurent
Parc Notre Dame
Pont Victoria Bridge
Tanneau
ST. LAWRENCE SEAWAY
U.S.A. - Sherbrooke
U.S.A. - Sherbrooke


Vieux
rue Craig
rue St. Jacques
rue Notre Dame
Séminaire de St. Sulpice
Notre-Dame
rue St. Sacrement
rue Lemoyne
rue St. Paul
rue le Royer
Place d'Youville
Obélisque
rue de la Commune
Gare Maritime Alberville
rue McGill
rue St. Pierre
rue Normand
Cynthia

ARCMTL


champs-de-mars
rue de
champs-de-mars
rue Jeanne
rue St. Louis
Palais de justice
l'hotel de ville
château de ramezay
rue St. Vincent
rue St. Claude
rue Berri
Hotel Reine
Marché
Notre-Dame de Bonsecours
rue de la Visitation
Fleuve St. Laurent
Tour du Quai Victoria

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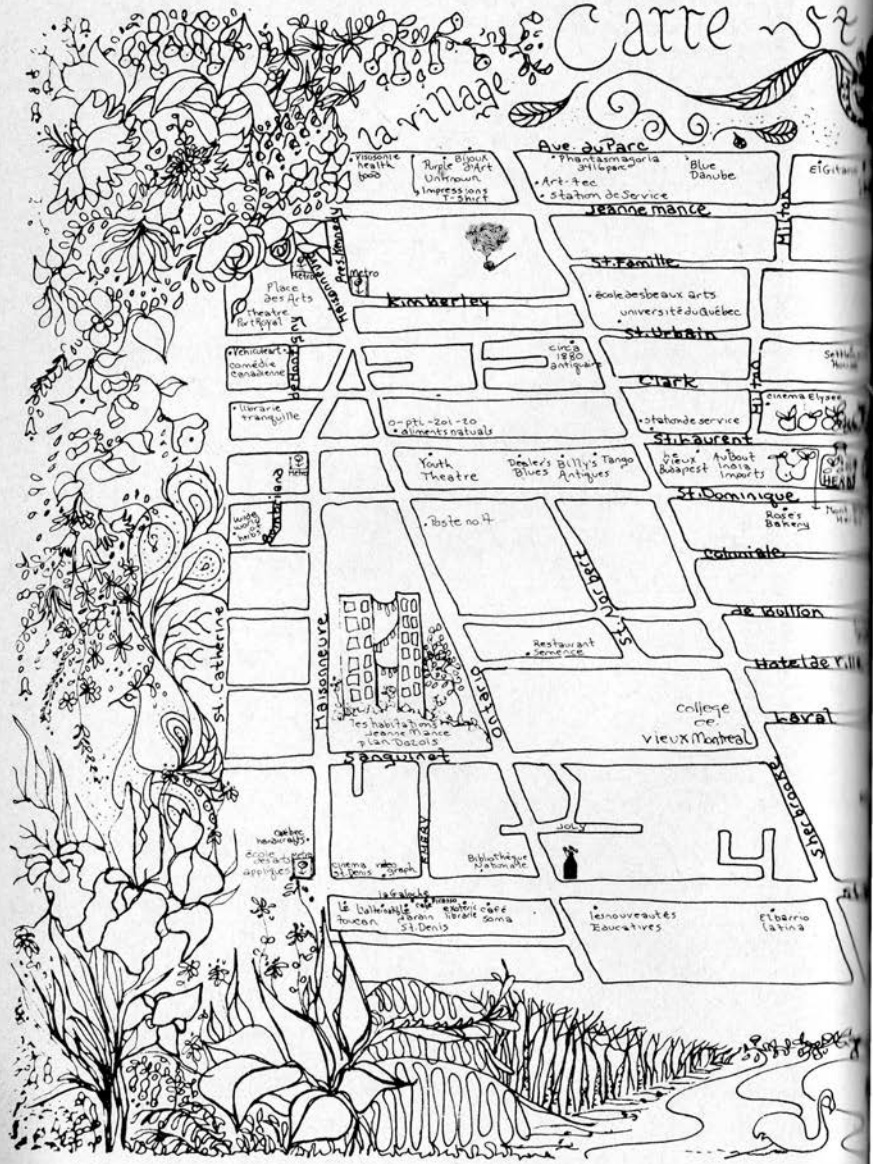
Carte
le village
Ave. du Parc
Jeanne mance
St. Famille
Kimberley
St. Urbain
Clark
St. Laurent
St. Dominique
Roses Bakery
Youth Theatre
Dealer's Blues
Billy's Tango Antiques
Poste no 4
Restaurant Semence
College de Vieux Montreal
Sanguinet
St. Catherine
Maisonneuve
Ontario
Hotel de Ville
Loval
Square Dorchester
Jolly
Bibliotheque Nationale
Cinema Parallele
Le Ballon Rouge
Le Toucan
Les nouveautés Educatives
El Barrio Latina
Place des Arts
Theatre Port Royal
Vehicule comedie canadienne
Librairie tranquille
Cinema Elysee
Vieux Budapest
Poste no 4

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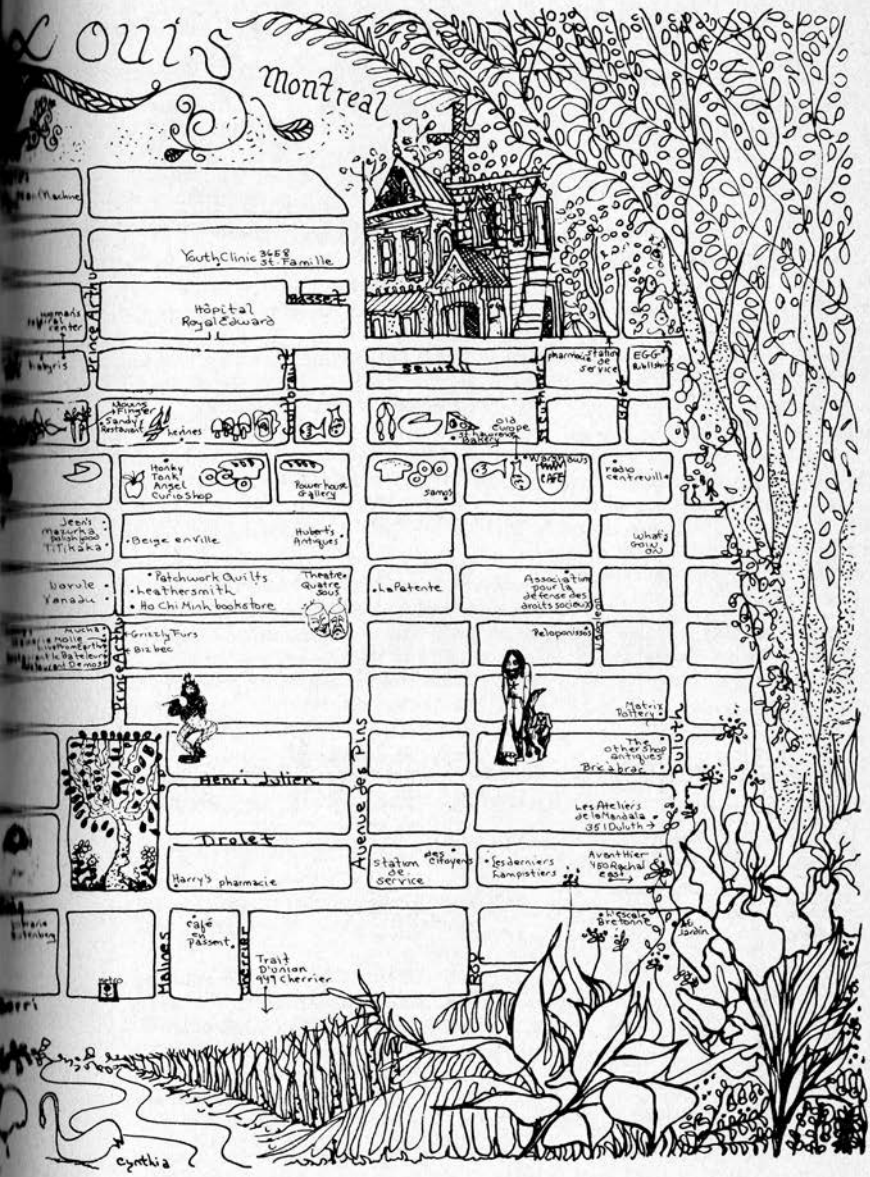
Louis Montreal
Youth Clinic 3458 St-Famille
Hôpital Royal Edward
Prince Arthur
Henri Julien
Drolet
Avenue des Pins
Duluth
Harry's pharmacie
Station de service
Les Citoyens
Les derniers hampstiers
Aventhier
Trait d'union 949 Cherrier
Matrix Pottery
Les Ateliers de la Tapisserie
Patchwork Quilts
Heathersmith
Ho Chi Minh bookstore
Grizzly Furs
Beige en Ville
Hubert's Antiques
La Patente
Association pour la défense des droits sociaux
Power house gallery
Old Europe
Cynthia

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MARKETS

FARMERS MARKET. The three markets sell fresh vegetables, meat and fish from early May to late Fall. During spring & summer there is an abundance of flowers for the exterior and windowsill garden.

ATWATER MARKET. Atwater Avenue and Notre Dame St. W. (932-3195) Hours: Mon to Sat - 8:00 am - 5:00 pm. Trans: Bus 107 or 108 from Atwater metro, south.

JEAN TALON MARKET. Place du Marché near Bélanger & Alma. (872-4620) Hours: Mon-Wed & Sat. - 8:00 am - 5:00 pm; Thurs. & Fri., till 9:00 pm. Trans: Jean-Talon metro.

L'ACADIE MARKET. L'Acadie and Ave. du Marché.

Saturday is by far the best day to visit the markets. One can purchase fresh vegetables, fruits and meats marketed by the farmers from the Laurentians and Eastern townships. There is also excellent locally made cheese and assortments of flowers.

FISH MARKETS

Both Jean-Talon and Atwater Markets have stalls for fish. Several others in the city are listed below.

WALDMAN'S: 74 Roy East (842-4483). Considered to be one of the best wholesale/retail fish purveyors in North America. Trans: Bus 55 from St. Laurent.

PORTUGUESE FISH MARKET. 159 Duluth East (843-6964).

JEAN-TALON FISH MARKET. 3562 Jean-Talon East (721-9948).

ST.LAWRENCE FISH MARKET. 1195 St-Lawrence (866-5384).

SHERBROOKE WEST FISH MARKET. 5207 Sherbrooke West, (486-5246).

SINGH FLEA MARKET. 338 Notre Dame E. (861-7119). A market of 30 artisans and merchants open all year from 11:00am - 11:00pm.

CRAFTS FAIR. Concordia University. 1455 de Maisonneuve Blvd. W. held in summer only on Thurs. and Fri. -5:00pm-10:00 pm and Saturday - 12:00 noon to 10:00 pm.

MARCHE 7 JOURS. Held 7 days a week in Windsor Station (866-9729). Book market, Mondays 10:00am to 6:00pm. Prints on Tuesday, 10:00 am - 6:00 pm. Wednesdays and Thursdays, antique market. Jewellery on Fridays, 10:00am - 9:00pm. Saturdays, handicrafts 10:00am - 5:00 pm. Coins and stamps on Sundays 10:00 am - 5:00pm. Place Bonaventure. For information on exhibits and schedule of events call (395-2355).

MEDITATION CENTRES

L'ESPACE SHYAM-SHYAM SPACE. 1666 Lincoln - Downtown Montreal. (931-3102) "Less talk, more meditation-less futility, more utility." - Swami Shyam.

MONTREAL DHARMDATU. 1429 Pierce St. Downtown Montreal. (935-3998). In accordance with teaching of Tibetan Buddhism and Chogyam T. Rimpoche.

INTEGREL YOGA INSTITUTE. 5425 Park Ave. (9279-8931) Offer Hatha Yoga, Pranayam and meditation courses. Teachings of Swami Satchitananda.

YOGA THEATRE. 160 Westminster Ave. North, Montreal West. (489-8973) With Baba Anaand and Sandesh —Raja Yoga, including meditation, Samadhi, Pranayam, Hatha Yoga, Mime. Have performed in Montreal high schools & art galleries during 1974-75.

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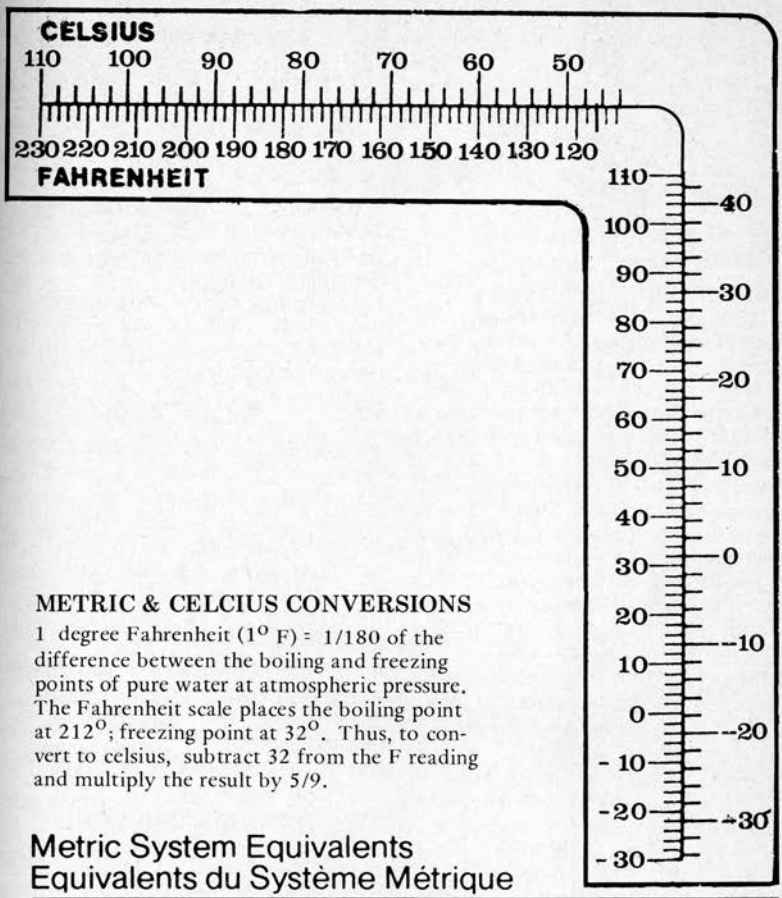

METRIC & CELCIUS CONVERSIONS

1 degree Fahrenheit (1^{o} F) = 1/180 of the difference between the boiling and freezing points of pure water at atmospheric pressure. The Fahrenheit scale places the boiling point at 212^{o}; freezing point at 32^{o}. Thus, to convert to celsius, subtract 32 from the F reading and multiply the result by 5/9.

Metric System Equivalents
Equivalents du Système Métrique

Length Measurements	Weight Measurements	Liquid & Volume
1 in. — 2.54 cm	1 oz. — 28.35 g	1 fl. oz — 28.41 ml
1 cm — 0.39 in.	1 g — 0.04 oz.	1 ml — 0.04 fl. oz.
1 ft. — 0.30 m	1 lb. — 0.45 kg	1 pt. — 0.57 litre
1 m — 3.28 ft.	1 kg — 2.21 lb.	1 litre — 1.75 pt.
1 yd. — 0.91 m	1 cwt. — 45.36 kg	1 qt. — 1.14 litre
1 m — 1.09 yd.	1 kg — 0.02 cwt.	1 litre — 0.88 qt.
1 mi. — 1.61 km	1 ton — 0.91 t.	1 Imp. gal. — 4.55 litre
1 km — 0.62 mi.	1 t — 1.10 ton	1 litre — 0.22 Imp. gal.

Mesures de Longueur	Mesures de Poids	Liquides/Capacité
1 po — 2.54 cm	1 oz — 28.35 g	1 oz fl — 28.41 ml
1 cm — 0.39 po	1 g — 0.04 oz	1 ml — 0.04 oz fl
1 pi — 0.30 m	1 lb — 0.45 kg	1 chop — 0.57 litre
1 m — 3.28 pi	1 kg — 2.21 lb	1 litre — 1.75 chop
1 yd — 0.91 m	1 cwt — 45.36 kg	1 pte — 1.14 litre
1 m — 1.09 yd	1 kg — 0.02 cwt	1 litre — 0.88 pte
1 mi — 1.61 km	1 tn — 0.91 t	1 gal imp — 4.55 litre
1 km — 0.62 mi	1 t — 1.10 tn	1 litre — 0.22 gal imp

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MUSEUMS.

CHATEAU DE RAMEZAY. 290 Rue Notre Dame East (861-3708) Opposite City Hall. Hours: 10:00am - 5:00 pm, Tues.-Sat; 2:00 - 5:00pm, Sun. Admission: adults - 50c, children - 10c. This museum contains paintings, coin collections, furniture and other memorabilia from Montreal's past.

MUSEE HISTORIQUE CANADIEN. 3715 Queen Mary Rd. (738-5959) Hours: 9:00am - 5:00pm weekly. Admission: adults - $1.75, children - 85c. Trans: Bus 62 from Phillips Square. This is a wax museum depicting Quebec history. The first floor is a reconstruction of the Roman catacombs.

LE MUSEE D'ART CONTEMPORIAN. Cité du Havre. (873-2878) Hours: 10:00am - 6:00pm daily; closed Monday. Trans: Bus 12 from Phillips Square.

MONTREAL MUSEUM OF FINE ART. 3079 Sherbrooke O. (866-1505) After two years of renovation the Museum will be opening in May 1976. Daily hours: 10:00am - 4:45pm, closed Mon. In the mean time the exhibits are housed at Calvet House in Old Montreal; St. Joseph's Oratory; and the Musée d'Art Contemporain.

McCORD MUSEUM. 690 Sherbrooke W. (392-4778). Opposite McGill University campus. Hours: 11:00am - 6:00pm, Fri. to Sun. Free admission. This museum exhibits Canadian history and ethnology, paintings, costumes, decorative and popular art. It is rated as one of the finest of its kind in North America and Western Europe.

MONTREAL MILITARY MUSEUM. Ile Ste-Hélène (872-2420) Hours: Open summers only from May thru September. Trans: Bus 169 from Papineau metro or from Ste-Hélène metro, walk across the part to the old fort. Costume drills are held in the summer. Admission: 25c.

BANK OF MONTREAL MUSEUM. 129 St-James W. (877-7110) Hours: 10:00 - 4:00pm, Mon to Fri. Nostalgia, maps, currency, photographs.

CAUGHNAWAGA MUSEUM. (637-2391) Daily 9:00am - 5:00pm. Indian documents and artifacts on view at the Kateri Tekakwita Museum at the Caughnawaga Reservation.

ANTIQUE TOOL MUSEUM. 901 Bleury (866-5692). Open Mon thru Sat. till 5:00pm at Pascal's Hardware.

MAISON RADIO CANADA. 1400 Dorchester E. (285- 2692) Home of Canada's national TV & radio network. Tours by appointment, daily, 1:00 - 5:00pm.

ELECTRICAL HISTORICAL MUSEUM. 208 Chambly, Longueuil. Tues.-Sun. 10:00am - 6:00pm (677-5733).

PANORAMA EXHIBIT. Bell Canada. History of communications in Canada. Terminated due to lack of financing.

MIDGET'S PALACE. 961 Rachel E. (527-1121). The former home of the King and Queen of the midgets— Count Philippe, Nicole, his wife and their son. During the 20's and 30's it was one of the most famous houses in Montreal. 10:00 am — 10:00 pm, daily. Adults, $1.50; children 75c.

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MUSIC CONCERT HALLS

PLACE DES ARTS. 175 Ste-Catherine St. O. (842-2112). Salle Wilfred Pelletier, Theatre Maisonneuve, Theatre Port Royal . Trans: Metro stop - Place des Arts.

PLACE DES NATIONS. (872-6222) Open air performances held during the summer months only. Located on Ile Ste-Helene, Terre des Homme Trans: Metro to Ile Ste-Helene on Longueuil Line.

THE FORUM. 2313 Ste-Catherine St.O. (932-6131). Trans: Metro to Atwater Station.

LE PLATEAU. 3710 Ave. Calixa Lavallée. Located in Park Lafontaine and bus 24 East, will get you there.

OUTREMONT THEATRE. 1248 Bernard O. (277-4145) Take bus 160 West from Beaubien Metro or bus 80 up Park Avenue from Place des Arts Metro Station.

THEATRE DU NOUVEAU MONDE. 84 Ste-Catherine St. O. (861-0563)

BIBLIOTHEQUE NATIONALE. 1700 rue St-Denis. (873-4553)

CENTRE SPORTIF DE L'UNIVERSITE DE MONTREAL. 2050 Edouard-Montpetit. (343-6174) Trans: Metro Laurier. Transfer to bus 50, 51 West.

MONUMENT NATIONAL. 1182 St-Laurent. (861-6413) Metro St-Laurent Station. Walk south of Ste-Catherine.

SALLE CLAUDE CHAMPAGNE. 200 Vincent D'Indy (272-4261) Trans: Metro Place des Arts, bus 129 or Metro Laurier. Transfer to bus 51.

MUSIC LIVE

L'EVECHE. 427 Place Jacques Cartier (861-5731) One of the best places in town to listen regularly to local musicians. Cover charge. Sun—Tues-Thursday - $2.00; Fri.&Sat- $2.50. No entertainment Mondays.

LA BOITE A CHANSON. 408 Saint Vincent (861-5039). French-Canadian folk music. Entrance—$0.25.

MOJO's. 4599 Park Avenue. Live jazz and African sounds, open 9PM, closed Monday and Tuesdays. Cover charge $1, weekends - $1.50.

ROCKHEAD's PARADISE. 1252 St. Antoine (861-2161) A jazz combo downstairs and upstairs rhythm and blues.

RAINBOW BAR & GRILL. 1430 Stanley St. (842-8262) Mon., Tues., and Wed. live entertainment. No cover charge.

LE SAINT VINCENT. 410 St.Vincent (861-5039) French-Canadian folk music. Entrance - $0.25.

L'IMPREVU. 446 Place Jacques Cartier. (861-5416)

IN CONCERT. 2 Le Royer (861-5669) The best nightly jazz and blues entertainment in town. No concerts Mondays. Cover charge - $3.50.

LA CASA NOUS. 485 Sherbrooke O. (844-3691) Jazz and folk on weekends during winter months.
FRIAR'S PUB. 1145 Crescent (849-9086) Day & evening/Fri. & Sat. - $0.75 cover charge.

CAFE CAMPUS. 3315 Queen Mary Road. (735-1259). Live entertainment. Lundi- $1.50 to $2.50.

CAFE PRAG. 1433 Bishop. Live music and the home of Pot Luck Theatre

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LA GRANDE PASSE. 411 Ontario E. (844-6284) Live jazz every Sunday and in winter there is live entertainment, theatrically & musically on Fridays and Saturdays. Cover charge-$1.50.

UNCLE CHARLES JAZZ JOINT. 1511 St. Vincent (1-326-1333) St. Agathe, Québec.

LA BUTTE A MATHIEU. Val-David, Québec. Quebecoise folk music.

LE PATRIOTE. St. Agathe (523-1131; 521-6666) Live Québecoise music.

VALENTIN'S. 291 Mont Royal O. (849-1371) Singers & variety except Sundays. Gay.

PLAYBOY CLUB. 2015 A, rue de la Montagne. (288-5181). Jazz festival on Sunday nights. Non-members are allowed in at $5. Weeknights - $1 for members, $2 for members on weekends.

LE PATRIOTE. 1474 Ste-Catherine E. (523-1131).

ALSO CHECK FOLK MUSIC / LIVE, MUSIC INFORMATION, MUSIC CONCERT-AUDITORIUMS

MUSIC REHEARSAL STUDIOS

The following are addresses and suggestions on places where you can practice your music without getting noise from your neighbours.

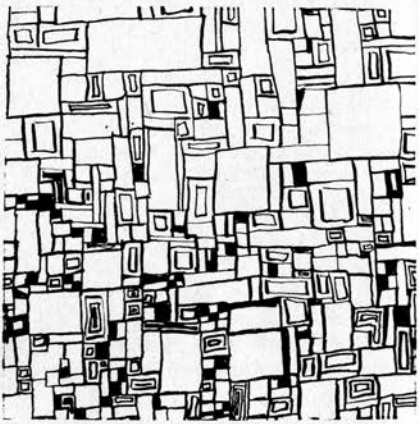
STUDIO DE MUSIQUE LABELLE. 3437 St-Denis (842-6448).

WOODWIND CAVE. 2112 Bleury (845-3937).

PIERRE LACASSE. 4284 de la Roche (526-3263)

CONVENTUM. 1237 Sanguinet Ateliers d'expressions multi-disciplinaires: local a la dispostion de musiciens ayant des projets intéressants. (866-4159)

Old Montreal near Youville Square has a number of old warehouses which would be ideal for places to practice.



MUSIC IN CHURCHES

ST. JOSEPH'S ORATORY. 3800 Queen Mary Road (733-8211) Organ recitals every Sunday at 3:30 pm to 4:15 pm. No admission charge. June 25 to Aug.27 - every Wednesday - $2.50.

CHRIST CHURCH CATHEDRAL. 1440 Union. (288-6421) Summer organ recitals at 12:20 pm No admission charge. Wednesdays only.

NOTRE DAME CHURCH. 116 Notre Dame West. (849-1070) Organ concerts at 12:45 pm daily except Sunday. No admission charge

RADIO CANADA CONCERTS. 1400 Dorchester E. (285-3333)

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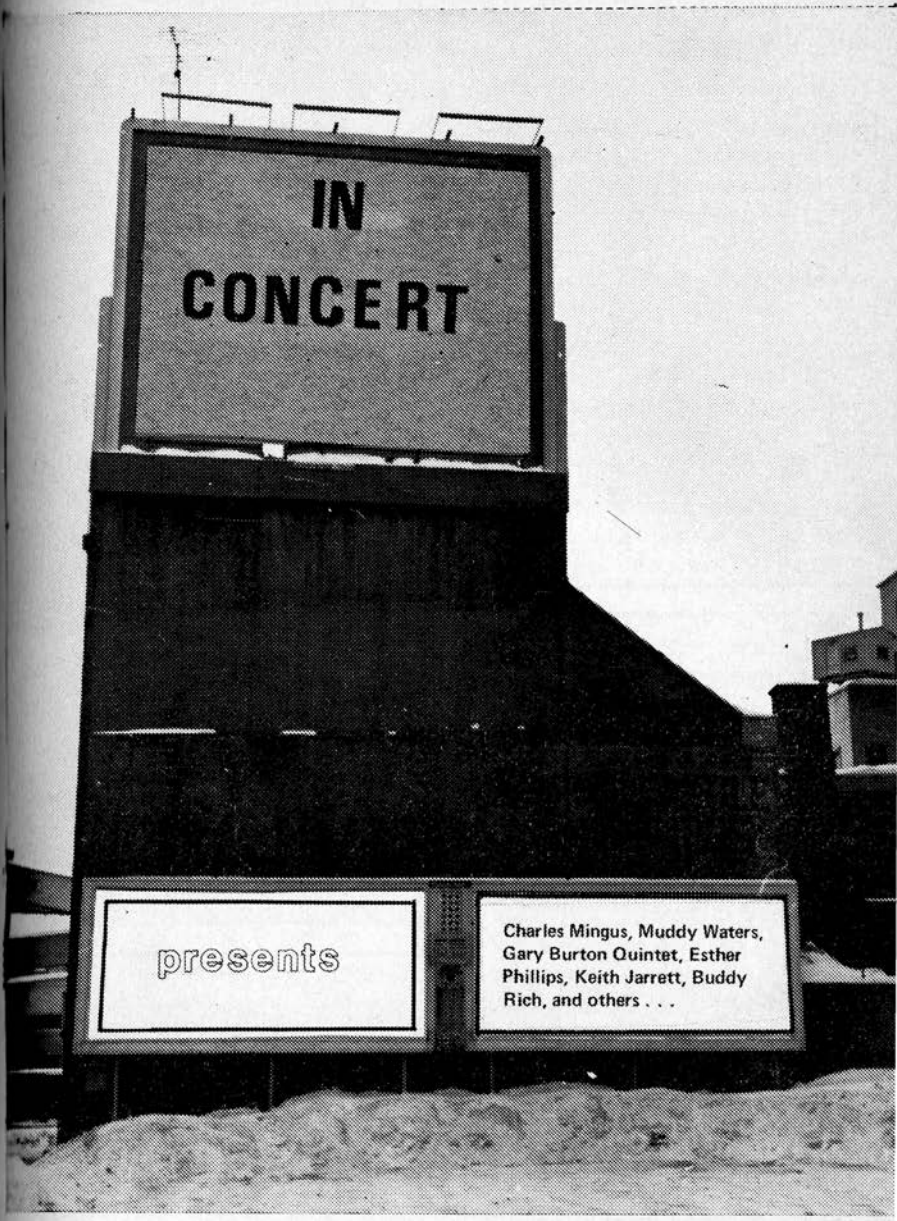
IN
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presents
Charles Mingus, Muddy Waters, Gary Burton Quintet, Esther Phillips, Keith Jarrett, Buddy Rich, and others . . .

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IN CONCERT 2 LeRoyer E. 861-5669

MUSIC BOOK SHOPS

MONTREAL MUSIC SUPPLY. 372 Sherbrooke O. (845-3938).

INTERNATIONAL MUSIC STORE. 1334 Ste Catherine O. (878-4485)

L'ALTERNATIF. 1587 St. Denis. (845-8887) Has a small selection of sheet music.

FAUCHER MUSIC STORE. 1286 Ontario E. (521-5583)

CANADIAN MUSIC CENTRE. 250 St. Joseph E. No.501 (849-7919) Record library for listening to classical music and an extensive selection of sheet music available on Canadian composers.

MUSIC INFORMATION

CJFM –95.9– Entertainment Calendar. Monday to Friday. 4:15 pm, 7:15 pm and 1:15 pm. 6:15 pm Saturday & Sunday.

CHOM-FM –97.7– Entertainment events aired throughout the day. On Tuesdays from 11:00-11:30 am, there is a run-down of events for the whole week.

THE GAZETTE & MONTREAL STAR. Both newspapers have up-coming events listings in the Saturday weekend paper under Entertainment Calendars.

PLACE DES ARTS. Distributes a free calendar on up-coming monthly events. Available at the ticket box office, Place des Arts and traveller aid centres.

A VENIR. An entertainment poster for theatres and concerts posted about the city. (521-5079-business number)

CETTE SEMAINE. Another entertainment poster for theatres and concerts. (521-5079-business number).

RADIO CENTREVILLE – CINQ – 99.3 FM – Monday to Friday. 10:45 to 12:45 am. Events and services are announced in French and between 1:30 pm & 2:00 pm in English.

MUSIC INSTRUMENTS

RUFUS GUITAR SHOP. 1529 Sherbrooke St.W. (935-4676)

WOODWIND CAVE. 2112 Bleury. (845-3937)

TWIGG'S. 1230 St. Hubert (843-3593)

STEVE'S. 51 Craig O. (878-2216)

RICHARD'S. 6056 Sherbrooke O. (482-4326)

ARDUINI MUSIC. 1019 Bleury (861-4772).

NIKOLA MUSIC SHOP. 4524 Park Ave. (271-6131).

ANTON WILFER. 2002 MacKay (933-7865).

MUSIC TUTORS

PAUL KEENAN. 816 St. Joseph (527-6756) Experienced classical pianist willing to coach students, beginners & advanced. Vocal coaching and instrumental accompaniment also taught.

JEROME LANGLOIS. Introduction to music, composition, improvisation. Piano & clarinet techniques. (737-7791)

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NEWSPAPERS

NEWSPAPERS - DAILY.

THE MONTREAL STAR. The city's evening english paper. 250 Craig St. O. (282-2781)

THE GAZETTE. 1000 St.Antoine St. (861-1111). Morning paper in english.

LA PRESSE. 7 St. Jacques St. O. (874-7272) French language evening paper and second-largest french paper in the world.

LE JOUR. 387 Lebeau, St.Laurent. (331-8961) Morning french paper.

LE DEVOIR. 211 St-Sacrement St. (844-3361) French-language morning.

NEWSPAPERS - ALTERNATE

ST.LOUIS SOUTH. A free community newspaper servicing the Carré St.-Louis area. Published at 3553 St.-Urbain St. (842-8836). French & English.

UP TO THE NECK. 3553 St. Urbain. Published ten times a year. (842-8836, local 33).

NEWSPAPERS - SPECIAL INTEREST

BARGAIN HUNTER. Published by the adVENTURE PRESS, Box 444, N.D.G. Station, bi-monthly. (482-5120)

NEWSTANDS

METROPOLITAN NEWS. 1248 Peel St. Open till midnight and has papers flown in daily from centres around the world.

CITY NEWS. 1243 Ste Catherine O. (288-8482) This shop has all local papers plus papers from most North American cities.

INTERNATIONAL NEWS. 2187 Ste Catherine O. (937-0474) Newspapers from world capitals daily.

WOLFE NEWS. 1550 de Maisonneuve O. Large selection.

ROSIE'S. 3515 Park Ave. (845-6931) Good selection of magazines and newspapers. Open till 2-3 am.

NUTS

REX NUT SHOP. 2167 Ste-Catherine O. (933-0412)

UNITED DELICATESSEN. 1077 St. Laurent (861-4447). Open 24 hours.

HEALTH FOOD STORES . . . most of these shops have large selections of nuts. Check page –

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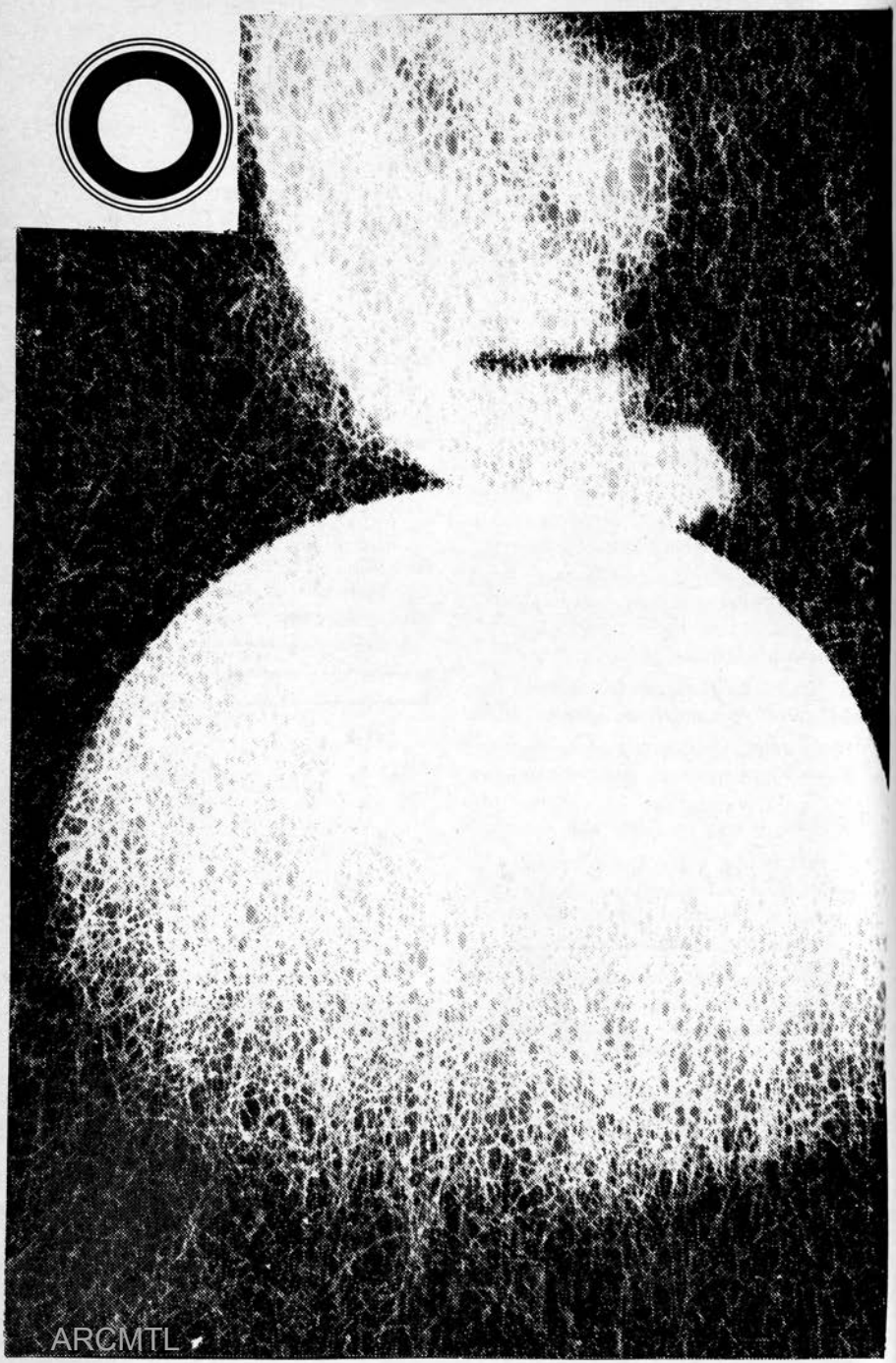
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OCCULT

WITCHES CAVE. 515 Bonsecours St. (285-0008). An occult boutique that carries a variety of books, herbs, candles, jewellery, crystal balls, tarot cards and oils. Astrology charts, tarot card readings and palmistry are also done.

MADAME JULIA. (767-8222) Card reader and numerologist.

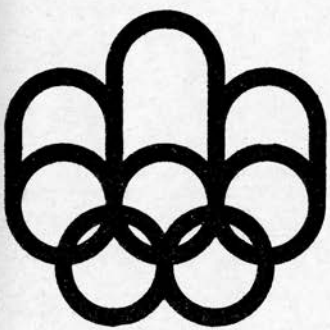
JAN RAY. 2365 Rome Blvd. (676-9924) Ville Brossard.

JACQUES THILLIER. 5300 Thackeray (728-7332)

418 BOOKS. 4345 St. Dominique (288-2944) The best bookstore in town dealing in the occult science.

OLYMPICS 1976

MONTREAL OLYMPICS, 1976. Information on events (286-1975). After January 1976 (286-1976)



OTTAWA

NATIONAL MUSEUM OF SCIENCE & TECHNOLOGY. 1867 St. Laurent Blvd. (One mile south of the Queensway). (998-4566) 9:00am-9:00pm daily. Closed Mondays. Sept–May. Free Admission.

NATIONAL ARTS CENTRE. Confederation Square. (996-5051)

NATIONAL GALLERY OF CANADA. Elgin at Slater. Open 10:00 am–6:00 pm on Tuesdays and Thursdays. Sundays & holidays–2:00 pm-6:00 pm. (992-4636)

NATIONAL POSTAL MUSEUM. Heron Rd. at Riverside Drive in the Sir Alexander Campbell Building. Open Tues-Sat. 9:00 am to 5:00 pm; Sun- 12:00 noon to 5:00 pm; closed Mondays. (998-8451)

NATIONAL SKI MUSEUM. 451A Sussex Drive. Open Saturdays, 11:00 am-4:00 pm. (233-5832)

NATIONAL MUSEUM OF MAN. (992-3497) NATIONAL MUSEUM OF NATURAL SCIENCES (996-3102) Both are located at Metcalf at McLeod.

NATIONAL CAPITAL COMMISSION. 48 Rideau St. Inquiry Centre where you can get any information on the nation's capitol. (992-4231).

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PARKS

Montreal Park Information: 873-2969.

DOMINION SQUARE. Located near the intersection of the two busiest streets in Montreal. In summer there are frequent concerts and open air art displays. It is also the starting point for most of the city's sight-seeing and caleche tours.

CARRE ST-LOUIS. This tiny park is located in Montreal's 'Village'. Complete with characteristic winding wrought-iron staircases and old Quebec architecture, this park usually hosts a good number of freaks and park-bench old timers. Located at St-Denis and Prince Arthur. Has childrens' play area well-enclosed for relaxing mothers.

PLACE JACQUES CARTIER. This cobbled square is et across from the fountains of the city hall buildings in Old Montreal. There are many clubs and shops of all varieties in the vicinity. It is located between Notre Dame East and rue de la Commune. Trans: metro to Champ-de-Mars or bus 55 south from St.Urbain.

BOTANICAL GARDENS at PARC MAISONNEUVE. 4101 Sherbrooke East. This is one of the world's top three botanical gardens with 192 acres of rolling parkland and specialised greenhouses. It is open from 9 AM to sunset all year 'round. Trans: bus 24 on Sherbrooke east or bus 185 from Frontenac metro.

PARC LAFONTAINE. This good-sized park contains two small lakes, a children's Garden of Wonders (872-2815), park concerts and recreational facilities. There is canoeing on the lakes. Located at Sherbrooke East and rue Park La-Fontaine. Trans: bus 24, Sherbrooke East.

PARC ILE STE-HELENE. A beautiful island park surrounded by the St. Lawrence River and Man and His World. It has facilities for picnics and swimming. The Montreal Military Museum, two old forts and a water-tower can be visited there. Trans: metro to Ile Ste-Hélène.

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WESTMOUNT PARK. A park of flowers, playgrounds, water fountains and rolling grassy hills. The atmos atmosphere is rather British, even a floral clock is thrown in for genuine effect. Bus 24 Sherbrooke St.West to Strathcona.

SUMMIT PARK. Bird, flower and bee sanctuary. In getting there you take the Park exit on Côte des Neiges and make a 180° turn; then take the first right (Belvedere) up to Summit Circle and park at the lookout.

VICTORIA SQUARE in English, SQUARE VICTORIA in Québecois— whichever or what ever, it's an ugly deserted affair at the bottom of Beaver Hall Hill at the corner of Craig. If anyone has a spare tree please plant it in this barren space.

PARC MONT ROYAL. Situated at the top of good old volcanic Mont Royal, this park if 5,000 acres of woods and rolling grassy fields floats 763 feet above the city. There are picnic areas, a sculpture garden, a lake and loads of room just to freak in. The cheapest way to scale the mountain is to climb it. There are steps at the foot of Peel & Ontario Streets at Pine Avenue and a small gravel road which starts behind the Cartier monument on Park Ave on the east slope of the mountain which is the most natural. Trans: walk up Peel St. or take bus 11 from Mount Royal metro or Côte des Neiges bus.

ANGRIGNON PARK. This is a large natural park in the southwest of the city with fishing, picnic and boating facilities. It has two lakes, each over a mile in length. There is a childrens' zoo open in winter from noon to 5 PM, Sat. & Sun. Admission: adults — 50c; children — 25c Trans: bus 78 from Atwater metro.

NOTRE DAME PARK. A product of Expo '67, it is the best example of Montreal's most dynamic man-made achievement: hilltop meadows with waist-high oat field; the rocky coasts of Labrador, quiet marsh lands with a frog or two; waterways and islands like the Thousand Islands; sandy coves and sea gulls; thousands of migrating birds. Trees and evergreens shield areas of shade and loneliness. Montreal's monument to nature. Before you set out on this hot summer day with your tent, fishing line, lunch and a number or two . . . this 100 acre park of Canadian foliage and topography is now a testing area for caterpillar tractors and bulldozers. The park does not exist — it's just another Olympian first. It is now a monument to Montreal.

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PASSPORTS

PASSPORT OFFICE. 1080 Beaver Hall Hill. (283-2152) 9:00am to 4:30 pm. To obtain a Canadian passport, you'll have to appear with application form completed, birth or citizenship certificate, two photographs or passport guarantor and a ten dollar bill. Expired passports are of no value in proving that you are a Canadian citizen.

PAWNBROKERS

TERMINAL PAWNBROKERS. 71 Craig O. (861-4621)

HOFFMAN's. 1472 Peel Street. (861-4621)

PET SHOPS

SEEDS & BIRDS. 1392 Ste-Catherine. (866-3264).

PARADISE PET CENTRE. 2043 St-Laurent. (288-4186)

P.J.'s PET CENTRE. Ste-Catherine & Atwater (Alexis Nihon Plaza). (937-9329).

NOWAK AQUARIUM. 5215 Sherbrooke O. (481-8323)

RED CARPET PET CENTRES. Le Viaduc, Place Bonaventure. (871-8232)

PARK AVENUE PET SHOP. 5593 Park Avenue.(271-8912)

PHOTOGRAPHIC COURSES

SCHOOL OF ART & DESIGN. (Museum of Fine Arts). 3430 Ontario. (842-8665) Beginners course from Oct-May. $125 excluding materials.

Y.W.C.A. 1355 Dorchester O. (866-9941) $20 for 5 weeks plus membership.

SCHOOL OF MODERN PHOTOGRAPHY. 1199 Bleury. (861-4984). $380. Day and evening courses - 6 months to a year.

LE PLAQUE SHACK. 1189A Cresecent St. (861-2140, 486-5441). Ten weeks; once weekly sessions of three hours. $75 registration fee will include classroom materials.

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3503 boul. St-Laurent 288 - 0344

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PHOTOGRAPHIC DARKROOMS (FOR HIRE)

PHOTO PGROGRESSION. 1417 MacKay (849-0694). Darkroom rentals, studio rentals and exhibition area. Basic, intermediate specialized courses offered.

PHOTOGRAPHIC EQUIPMENT (FOR HIRE)

N.D.G. PHOTO. 5488 Sherbrooke O. (489-8401). & Carré Phillips,(866-8761)

SIMON'S CAMERAS INC. 11 Craig W., (861-5401)

PHOTO SERVICE. 222 Notre Dame O. (849-2291)

PHOTO KINA. 595 de Maisonneuve O. (849-9386)

L.R. VIALA. 1280 de Maisonneuve E. (526-2535)

PHOTOGRAPHIC SUPPLIES

N.D.G. PHOTO. 5488 Sherbrooke O (489-8401) and 1197 Phillips Square (866-8761)

CENTRE PROFESSIONEL. 6324 Sherbrooke E. (255-6171)

PHOTO RAPID. 3503 St.Lawrence (288-0344)

EUROPEAN CAMERA SERVICE. 1108 de Maisonneuve O. (844-1766)

MITCHELL PHOTO SUPPLY. 1015 Dominion Square (866-4032)

PROGRESS PHOTO. 2162 Ste-Catherine O. (932-2545)

LA PLACE. 2078 St.Lawrence (288-7755), 5000 Queen Mary (738-5454). 7 Craig St. W. (861-3212)

SIMON'S CAMERAS INC. 11 Craig W., (861-5401)

PHOTOGRAPHIC EXHIBITS

McCORD MUSEUM. 690 Sherbrooke O. (392-4778) Open 11:00 am to 6:00 pm, Friday to Sunday. Home of the historical Nottman Photographic Collection.

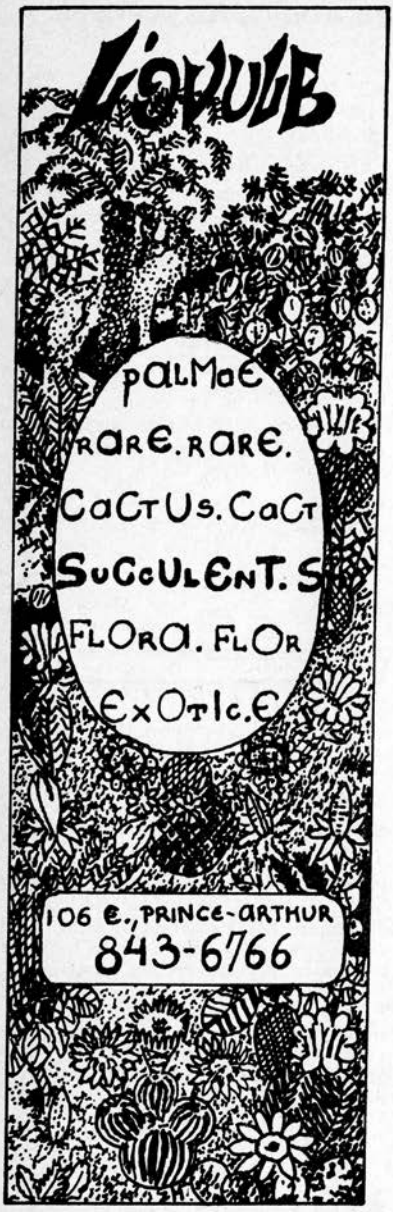
OPTICA PHOTO GALLERY. 453 St-Françoise Xavier. 10:30 am to 5:00 pm; 7:00 pm to 10:00 pm Tues-Fri. Saturday & Sunday - 1:00 - 10:00 pm. (844-9142)

MON OEIL. 179 St. Paul O. (845-2404). Local artists and photographers are invited to submit their portfolios with a view towards group and individual expositions for varying periods throughout the year.

PLANETARIUM DOW

PLANETARIUM DOW. 1000 St.Jacques St. O. 872-3455 for information; and 872-4530 - offices and group reservations Admission $1.50- adults, $0.75 for children under 18 years. Presentations in English and 12:15 Tues-Sun except for 1:00 pm & 3:30 on Saturdays. Evening shows at 8:15, Tues-Sun. En français— 14:15 hr, mardi—vendredi; 14:15 hr, 16:30 hr, samedi et 13:00; 15:30; 16:30 dimanche. Soirée 21:30 mar-dimanche.

ARCMTL



PLANTS

BRITE-LITE. 5322 St-Laurent (272-1147) Sells lights for growing.

L'OVULE. 106 Prince Arthur E. (843-6766)

PYKASSO. 1265 Bishop. (861-6075)

MONTREAL TROPICAL GARDENS GREENHOUSES, 53 Route 9C, Delson, Quebec (632-1260)

FAUST WHOLESALE. 20 Ontario St. E. (849-3685)

THE POTTING SHED. 486 Ste. Catherine O. (879-0335).

POETRY READINGS & WORKSHOPS

Most poetry readings get into full swing in the Fall, and carry on throughout the winter months.

POETRY VEHICULE. 61 Ste-Catherine St. O. (844-9623) Held at Véhicule Art, Montréal's co-operative art gallery.

POWERHOUSE. 3738 St-Dominique, (844-4101) Readings on Thursdays at 8:00 pm.

THE WORD. 469 Milton St. (845-5640) Readings are held every other Wednesday at 8:00 pm.

THE DOUBLE HOOK. 4174 Ste-Catherine St. O. (932-5093)

LOYOLA POETRY READINGS. 7141 Sherbrooke O. (482-0320) For information ask for Elspeth Sameron or Ron Wareham.

LA CASA NOUS. 485 Sherbrooke O. (844-3691) In winter months, poetry readings every Wednesday and sometimes on weekends.

POETRY READING INFORMATION. Call 845-5640 (10:00 am to 6:00 pm)

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WATERFALL

Spring
    a winging bus
up mountain
and water falls
                down

in boots I hiked
my coat
a habit
in fortress snow

still cloaked
we lurch
    travelling
up the mountain

I hang on

but three French Jews
laught in Yiddish
a waterfall on Guy St!

this keeps me here
when
    I fondle
    tomorrow

bus against
my warmth
yet ride
the formed route
there is truth
if I could move

my adult routes
pleasant
yet
as though beseiged
I have my
two arms
they wrap me round

I saw the water fall
in Greece,
I rode by
in clearsky
summerday.
I lay at the beach
collected rocks,
blue, pink, gray.

I passed by
        Sinai
where water
                fell

I passed by
        Sinai
so many years ago.

I've seen the sights
my habit eyes
still wear.
they see, but

oh my city,
I've patrolled the ever
green
half time buried

— Carol H. Leckner

NONE OF THE ABOVE

There are glorious symbols for what we are,
for what we've done. Churches and God
and circuses, the ferris wheel, the fun
house, libraries, statues, the morgue.
And there is glory in our action,
in our war and laughter,
in our construction, in our thought
and art, in our death.

But we have removed simplicity
and now to touch another must recall
all of these. No! your hand is none of these.
Your hand is nothing but your world
and my hand mine. And when they touch
there is one world. Isn't love simple.

— Grant Judd

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POST OFFICE

POST OFFICE
Business hours– 8:00 am to 5:45 pm, Monday–Friday. Saturday, open from 9:00 am to 1:00 pm.

Information, complaints and claims (283-2564) Monday to Friday 8:00 –11:00 pm)

Postal Code information (934-0881) Philatelic Centre, 1250 University (283-4185)

POSTER SHOPS

PURPLE UNKNOWN' 2145 Bleury. (849-6872)

METRO ART CENTRE. Alexis Nihon Plaza. (935-8614)

MONTREAL POSTER EXCHANGE. 2255 West Hill. 481-0328) Movie posters available.

BLOW-UP POSTER. Alexis Nihon Plaza. (935-8833) Colour or black & white photos enlarged to poster size.

POTTERY SHOPS

CANADIAN GUILD OF CRAFTS. 2025 Peel Street (849-2379)

MATRIX POTTERY. 230 Duluth E.

VISUAL ARTS CENTRE. 350 Victoria (488-9559)

POTERIE BONSECOURS. 427 Notre Dame E. (844-6253)

CADEAUX QUEBEC. 3770 St. Denis (849-5527)

LES ARCANES. 1710 St. Denis. (843-8457)

ANDRE GAGNON. 4012 St. Denis (843-8410)

QUEBEC HANDICRAFT CENTRE. 1450 St. Denis. (849-9415)

POTTERY SUPPLIES

CHARLOTTE CERAMICS. 312 Barrie St. (546-4035)

NOUVEAUTES EDUCATIVES. 2001 St. Denis. (844-1922)

POTERIE BONSECOURS. 427 Notre Dame E. (844-6253)

CERAMIC SUPPLY SHOP. 4170 Ste Catherine O. (932-8252)

UNICERAM. 4070 St. Denis. (845-2590) Catalogue available.

COMO CRAST. P.O.Box 105, Como Quebec. (458-5136) Fine pottery wheels and offers a delivery service.

POTTERY WORKSHOPS

POTERIE BONSECOURS. 427 Notre Dame E. (844-6253)

SAIDYE BRONFMAN CENTRE. 5170 Côte Ste Catherine Road. (739-2301)

JOHN HOPKINS. 2202 Old Orchard (486-7883)

VISUAL ARTS CENTRE. 350 Victoria. (488-9559).

UNIVERSITY SETTLEMENT. 3553 St. Urbain (842-8836)

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PRINTING

PRINTING (COMMERCIAL)

MONTREAL COPY CENTRE. 2007 Bishop (842-6817), 896 de Maisonneuve Blvd. W. (843-8912)

SIR GEORGE WILLIAMS (CONCORDIA) PRINTING SERVICES. 1435 Drummond St. (basement) (879-4571). Good prices, helpful.

PRINTING (COMMUNITY)

PRESSES SOLIDAIRES. 10 Ontario Street W. No.706. (843-4164) A political press which gives preference to political groups.

PRESSES DE MYTILINE. 3595 St. Urbain (844-4167) A women's press.

APLQ. (522-1175). Political press.

LIBRAIRIE PROGRESSISTE 1867 Amherst (522-1373) A political press and bookstore. Largest printing size: 11"x17". Typesetting.

VEHICULE PRESS. 61 St. Catherine St. West (844-7278) Printers of community newspapers, posters and books. Typesetting. Largest printing size: 14"x20".

PRINTING (RELATED SERVICES)

STAT CENTRE. 620 Cathcart Street Rm.860 (861-5216). Stats while you wait. Also negatives and colour xerox.

COMMERCIAL REPRODUCING. 1025 Beaver Hall Hill (866-1717) Stats and very large blow-ups.

McGILL TYPESETTING. McGill Union Bldg., McTavish St. (392-8914)

ARTISTAT. 2050 Mansfield (849-6361)

BRITISH BLUEPRINT. 1831 St. Catherine St. W. (935-9919, 933-7870, 937-2808). White photostats, white prints, supplies, etc.

VEHICULE PRESS
61 St. Catherine St. W.
844-7278

PUBLISHERS OF. . .

VEGETABLES — Poems by Ken Norris with drawings by Jill Smith. National award-winner for Design Excellence - 'Look of Books 1975'. Full-colour seed packet (with seeds) on front cover. $3.00

POSTERS - up to 14"x 20"
PAMPHLETS
ART CATALOGUES
BOOKS
LAYOUT & DESIGN
TYPESETTING
COMMUNITY PAPERS

VEHICULE!

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PUBLIC UTILITIES

BELL TELEPHONE. Operator Assistance - "O", Directory Assistance - "411", Repair Service - "611", Long Distance Directory Assistance - "1 & Area Code & 555-1212". Business office - 844-9911.

GAZ METROPOLITAIN. 1717 du Havre. Customers Service, Appliances Service & Emergency (24hr) -(527-8411) Billing, Credit & Collection - (527-8481) Administration & Sales - (527-8455)

HYDRO QUEBEC (HEAD OFFICE) 75 Dorchester O. (875-4311) Customer Services, Power problems & emergencies (381-4611).

WATER & SEWAGE, STREET LIGHTING, REFUSE. (872-3434)

NATIONAL CABLEVISION. 90 Beaubien O. Sales, installation and moving notices (273-5121). Repairs (276-2501), administration (270-3191).

QUEBEC LIQUOR BOARD

QUEBEC LIQUOR BOARD. SOCIETE DES ALCOOLS DU QUEBEC. 1450 Montagne, 3627 St-Laurent Blvd., 4235 St-Denis, 1663 Ste-Catherine O., 380 Laurier O., 900 Beaubien Est, 5071 Chemin de la Reine-Marie, Place Ville Marie, 5507 Côte-des-Neiges, Arcade du Métro - Place Victoria, 600 President Kennedy Ave., 1 Westmount Square. Mon. 1:00 pm - 6:00pm; Tues-Wed. 10:00 am - 6:00 pm; Thurs. & Fri. 10:00 am - 9:00 pm; Saturday - 9:00 am - 5:00 pm.

QUILTS

THE PATCHWORKS. 3609 Colonial. Graphic and traditional quilts, quilted and patchwork clothes.

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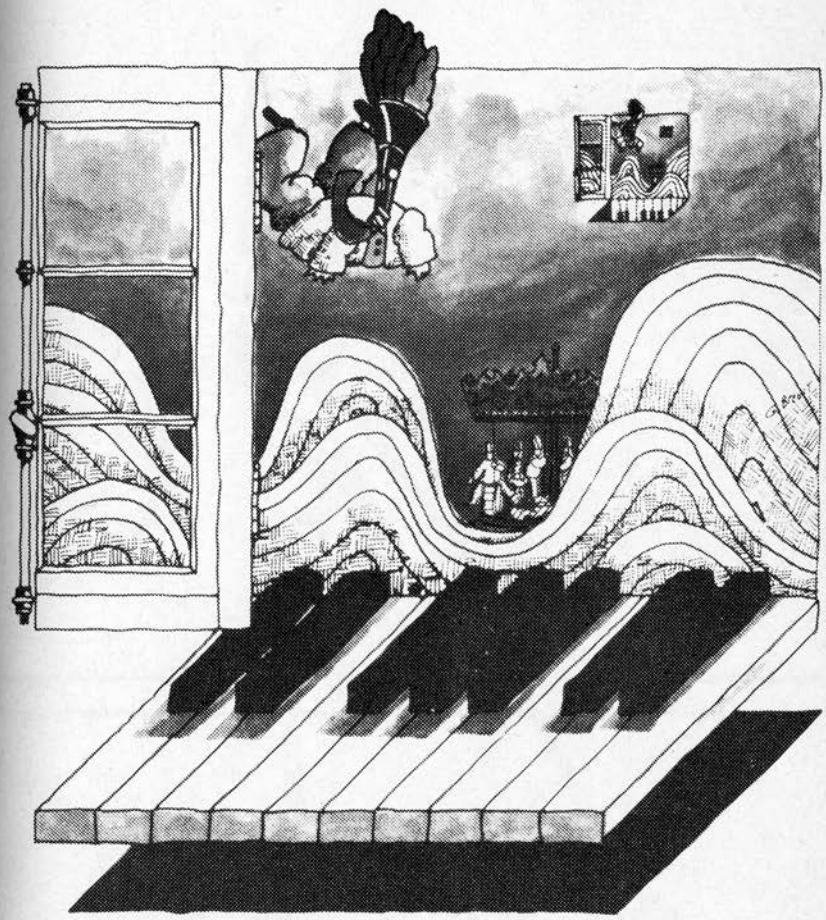

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HARVEST
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QUEBECMUSIC

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ARTIST	ALBUM
Louise Forrestier	Au Théatre Outremont Les Grands Succes (Light rock/folk
Contraction	La Bourse ou La Vie Contraction (rock/cosmic)
Ville Emard Blues Band	Ville Emard Blues Ban (Rock)
Les Sinners	Les Sinners (Rock)
Maneige	Maneige (Avant garde instrumental)
Leonard Cohen	New Skin for the Old Ceremony Live Songs Leonard Cohen Songs of Love and Hate Suzanne (Folk music & poet)
Jesse Winchester	Learn to Love It Third Down, 110 To Go Jesse Winchester (Country rock)
Chris Rawlings	Pearl River Turnaround (Folk Songs)
Lewis Furey	Lewis Furey (Rock)
Emmanuelle	Emmanuelle (Light commercial rock)
Gilles Valiquette	Deuxieme Arrêt Chansons Pour Un Café Du même nom (Rock songs)
Claude Dubois	Claude Dubois Touchez Dubois Tu Sais Le Monde de Claude Dubois (Rock songs)
Diane Dufresne	Sur La Même Longuers d'ondes A Part de d'ca j'me sens ben Tiens-toe ben j'arrive (Light commercial rock)
Robert Charlebois	Les Grand succes de . . . Un Gars Ben Ordinaire Charlebois Charlebois/Forrestier Quebeclove (Rock)

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Jacques Michel	C'que j'ai l'gout d'dire Dieu ne se mange plus A la coméde S.O.S. Pas besoin de frapper pour entrer (Rock/folk)
Beau Dommage	Beau Dommage (Folky)
Harmonium	Harmonium Les Cinq Saisons (Pop)
Raoul Duguay	Allô toulemônd (Progressive Folk-rock)
Les Seguins	Révolte de rêves En attendant Seguin (Folk lore)
Gilles Vigneault	Enregistrement au Theatre du Nouveaux Monde Gilles Vigneault Pays du fond de moi La Manikoutai Les Voyageurs Chansons et poèmes 1963 Mon Pays C'est le temps Le Nord du Nord (Folklore)
Renée Claude	Je suis une femme Une soir je fais l'amour avec toi Renée Claude Je Reprends Mon Souffle Le début d'un temps nouveau (Light rock)
Pauline Julien	Suite québecoise Pour mon plaîsir Allez voir, vous avez des ailes Licence complète Les grands succes de . . . Chante Raymond Lévesque Fragile Comme je crie, comme je chante Au milieu de ma vie, peut-être à la veille de . . . (Light rock)
Jean Pierre Ferland	Ferland Les Vierges du Québec Unpeu plus loin Jean-Pierre Ferland (Folk/Rock)

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R

RADIO STATIONS

RADIO CENTREVILLE-CINQ – 99.3 FM. P.O.Box 65, Station G, Montreal, Quebec. Servicing the Carré St.Louis area up to Mile End. English, French, Portuguese, Greek and Spanish. Broadcasting from 8:45 am - 8:00 pm Mon-Fri; 10:30 am - 9:00 pm Sat. & Sundays. (843-8686)

CJFM – 95.9 FM – Soft rock format with Jazz & Blues in late evenings and early mornings. 1407 Mountain. Office (844-0111, ex.85) Air (790-0700)

CHOM–97.7FM–Progressive rock. Sunday programs are not interrupted by advertisements. Bilingual. Office (935-2425), Air (790-0711)

CKVL –96.9 – Contemporary French format. Music in early morning - classical. 211 Gordon, Verdun. (766-2311)

CBM – 95.1 – CBC station with accent on public affairs. No adverts. English.

CBF – 100.7 – French. Programme information & comments (285-3333) Business (285-3211). Classical, opera, jazz, theatre, poetry and interviews in a block format. CBC, 1400 Dorchester E.

RAILWAY MUSEUM

RAILWAY MUSEUM. 122A St. Pierre St., St. Constant, Quebec (632-2410) Display of a hundred or so locomotives, street cars and equipment.

RAILWAYS INFORMATION

CANADIAN NATIONAL RAILWAYS (CNR). Train inquiries, fares & reservations (877-6550) Baggage information (877-4668).

CANADIAN PACIFIC RAILWAY (CPR) Train inquiries, fares & reservations (931-6271) Baggage (861-6811) Customer Service Centre (487-7130)

RECORD LIBRARIES

RECORD CENTRE. 2010 Crescent (845-3541) Record-lending library. Annual membership fee - $8, full-time students - $6. Entitles member to rent records. Stereo LP/$.60 per week, Mono LP/$.30 per week.

RECORD SHOPS

DISCUS MUSIC. 1609A Ste Catherine O. (932-8598) Central Station (871-9654)

DUTCHY'S RECORD CAVE. 1238 Crescent (861-4303), 1318 Ste Catherine O. (861-0202).

NEW WORLD RECORDS. 5270 Queen Mary Rd. (481-0800), 1075 Bernard O. (277-1588)

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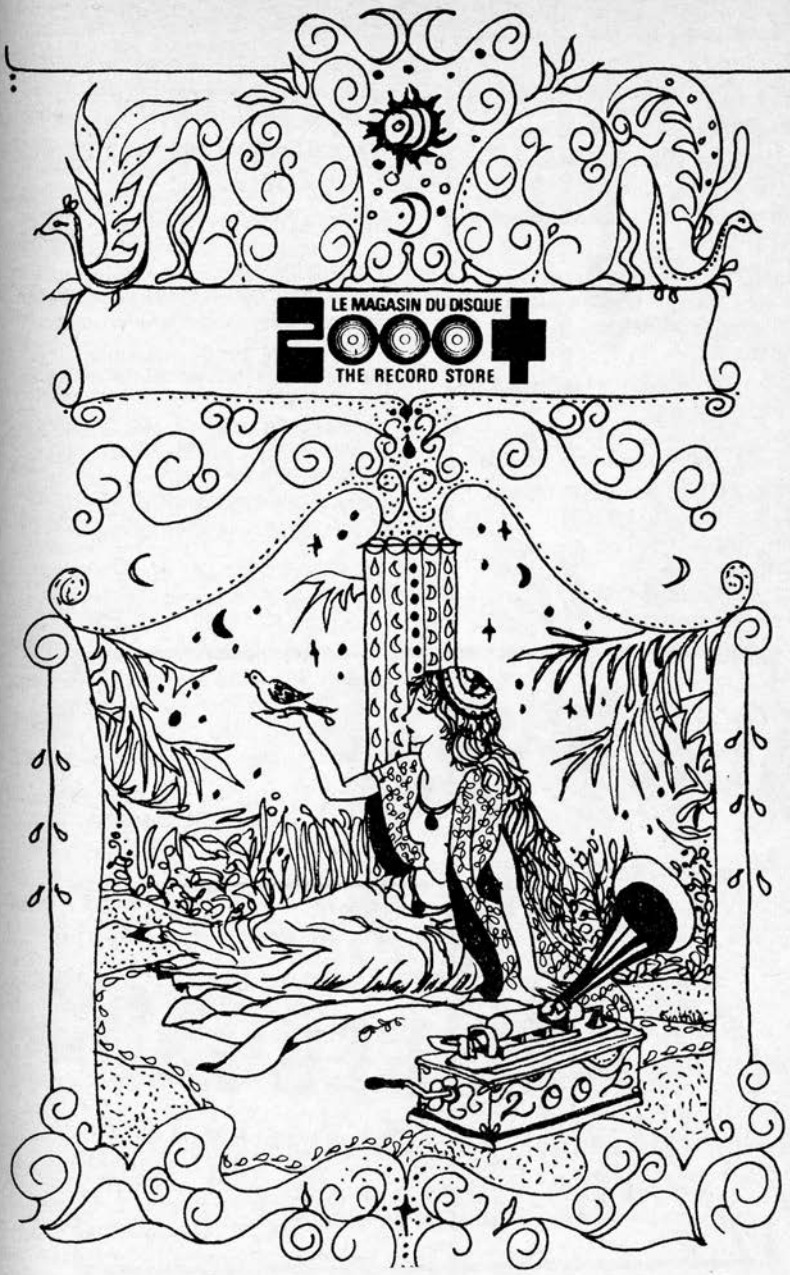

IMPORTS AND $3.99 WEEKLY SPECIALS

Listening room

1449 Mansfield 845-2139

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SHERMAN'S MUSIC CENTRE. Alexis Nihon Plaza. (933-2759), Plaza Côte des Neiges (735-6351)

DISCORAMA. Alexis Nihon Plaza (931-4132)

2000◆ RECORDS. 1449 Mansfield (845-2139)

INTERNATIONAL MUSIC STORE. 1334 Ste-Catherine O. (878-4485)

L'ALTERNATIF. 1587 St-Denis. (845-8887)

PHANTASMAGORIA. 3416 Park Ave. (845-4445)

CHEAP THRILLS. 1433 Bishop. (844-7604) Buys & sells used records.

LABYRINTH RECORD SHOP. 486 Ste Catherine O. (871-9704)

SKY-REGGAE. 1453 Closse Street (932-7273)

WORLD MUSIC. 1415 MacKay (843-7462)

A & A RECORDS. 1621 Ste Catherine O. (937-9579)

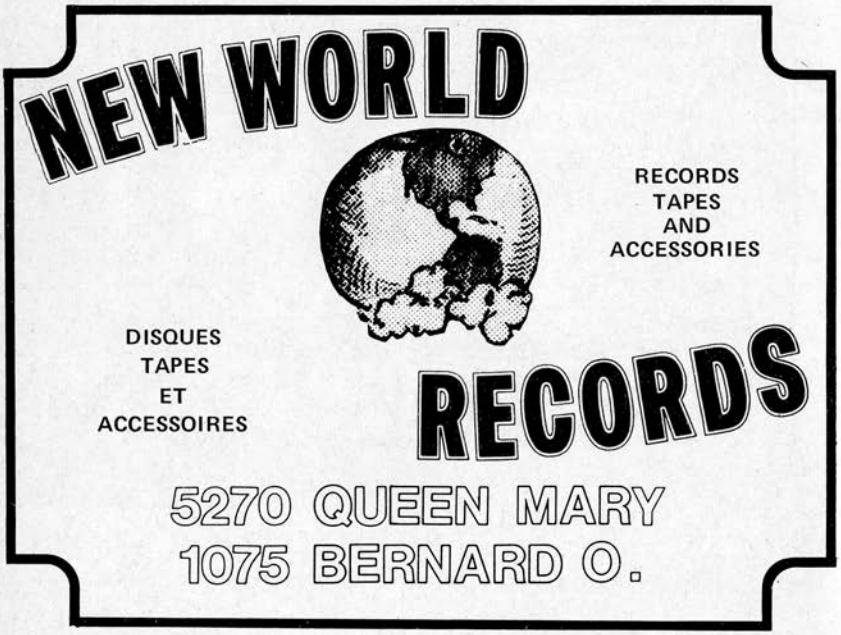
RECORDING STUDIOS

STUDIO TEMPO. 1422 McGill College Ave. (844-4144, 844-9595) Open weekdays and weekends, 24hrs.

STUDIO SIX. 1180 St. Antoine (861-9775) Open weekdays and weekends 24hrs.

RCA STUDIOS. 910 Lagauchetière St. E. (849-3251) Open 24 hrs weekdays and weekends by appointment.

STUDIO DE SON QUEBEC. 1135 Place Amherst (527-2151)



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RESTAURANTS

Inexpensive – $1.75 - $2.50.
Moderate – $3 - $6.

HAPPY WANDERER' 1923 Ste Catherine O. (935-7628) Swiss restaurant. Specials from $1.75 to $3.00. Inexpensive.

CLUB DES MOUSTACHES. 2070 Mountain Street (842-3481) French cuisine. Daily special till 8:30 pm. Moderate.

CARMEN. 2063 Stanley (288-8424) Hungarian food. Open 8:00am–1:00am daily. Inexpensive to moderate.

THAT FAMOUS CANADIAN CAFE. 1227 Crescent. Healthy Canadian food. 11:00am-3:00am. Inexpensive.

SANDY'S. 11 Prince Arthur O. (843-6760) Inexpensive Yugoslavian and Roumanian food.

LA BELLE MEUNIERE. 201 St. Paul O. (845-1886) Inexpensive food.

DA PASQUALI. 1414 Stanely (849-3130). Inexpensive Italian food.

ALI BABA. 1246 Stanley (861-8010) Moderately prices Middle East food.

DEMOS 160 Prince Arthur Est Greek restaurant inexpensive

SYMPOSIUM. 5334 Park Avenue (274-9547) Greek cuisine. Moderate.

POLSKA. 461 St. Sulpice (861-2195) Moderate.

AU PIERROT GOURMET. 421 Notre Dame E. (845-4723) French cuisine. Moderate.

ECOLE D'HOTELLERIE. St-Denis across from Carré St-Louis. (873-4163).

LE MAZOT. 1670 St-Denis (844-7171) French and Swiss. Closed Mondays, moderately priced.

EMERALD ISLE. 1195 Crescent (861-0225) West Indian food. Mon.-Friday. Special $2.00. Otherwise, inexpensive to moderate.

LE BATELEUR. 162 Prince Arthur E. (845-1816) Vietnamese food. Moderate.

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L'ESCALE BRETONNE. 4007 St-Denis (843-6354) Crepes. Inexpensive. A choice from a dozen types of coffee.

OSAKA. 2137 Bleury (849-3438) Japanese cuisine. Open noon to 2:30 pm and 5:00-10:00pm. Moderate.

PAM PAM. 1425 Stanley.(288-3090) Hungarian food. Exquisite cakes and a choice of coffees. 9:00am-12:30am. Moderate.

LA PETITE COQUILLE. 110 St. Paul O. (844-4575) Seafood restaurant. Inexpensive.

LE PARIS. 1812 Ste Catherine O. (937-4898) Mon-Sat, noon-3:00pm; 5:00-10:00pm. French. Moderate.

MAZURKA. 64 Prince Arthur E. (285-0014) Hungarian & Canadian food. Inexpensive.

LE BLACK BOTTOM. 22 St. Paul O. (861-8780) Soul food.

SILVERY MOON CAFE. 1455 Mansfield (842-8481) Chinese food. As much as you can eat, on Sundays, $2.00.

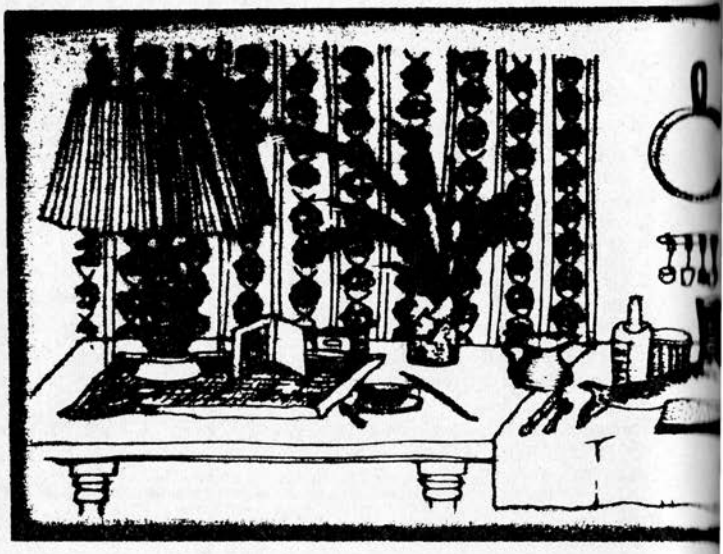
LE COLOMBIER 73 Prince Arthur Est Vietnamese, Japanese and Chinese food. Inexpensive!

Restauracja polska

stash's café bazaar
461 st - sulplice
old montreal

borstch · pierogi · golabki
bigos · stroganoff · nalesniki
polish, ukrainian & russian dishes

reserve 861-2915
open daily full licence



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WILENSKY'S LIGHT LUNCH. 5167 Clark St. (271-0247). Famous remainder from immigrant days. Written about by Richler & others. Sodas straight from the fountain and their famous 'Special'.
HARD TIMES EATING

YELLOW DOOR. 3625 Aylmer (392-4947) Between 12-2:00pm. Hot plate 35c - 55c with dessert and drink. Begins in September.
SALVATION ARMY. 1620 Notre Dame O. (932-2214) Supper, $1.25 at 4:30pm.
WELCOME CAFE. 20 Lagauchetière (861-3155) A plate of rice with gravy about 50c. Open till 5:00am..
ELDORADO LUNCH. Corner of St.Lawrence & Clark. (288-1710) 85c - 2.25. Till 2:00 am.

To eat out in Montreal the best time is around noon - 2:30 pm when most restaurants serve their daily specials. Usually half the cost of evening dining.

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SECOND-HAND SHOPS

LES GLANEUSES. 3937 rue Adam (524-3729) Tues & Thurs. 2:00 pm - 4:00 pm; 7:00 pm - 9:00 pm Wed & Fri - 2:00 pm - 4:00 pm. Trans: bus 125 or 126 from Frontenac metro to Boul Pie IX. Les Glaneuses on Adam has two buildings, one devoted to clothing and one to furniture.

SALVATION ARMY. 1620 Notre Dame O. (932-2214) Bus 79 Guy metro south to Notre Dame.

NEARLY NEW SHOP. 1209 de Maisonneuve O. (849-7245) Closed during summer months.

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SETTLEMENT HOUSE. 3553 St. Urbain (842-8836) Clothing depot.

NORMA'S ARK. 344A Victoria (931-7696) Distinctive junk and pot-pourri.

PANDORA'S BOX. 5906 Sherbrooke O. (489-5585) Women's and children's clothing.

SETTLEMENT HOUSE

SETTLEMENT HOUSE. Provides services to the community: Clubs for old people, play groups, legal advice centre, welfare and UIC counselling, daycare facilities & gymnasium for sports. Also act as meeting place for organizations such cultural groups. 3553 St. Urbain (842-8836)

SEX AID SHOPS

NATIONAL SEXE BOUTIQUE. 723 Mont Royal E. (522-6969), 4591 A Papineau (521-0193)

BLEURY SEX SHOP. 1243 Bleury St.

THE GARDEN. 1455 Crescent (845-6201)

MONTREAL SEX SHOP. 2127 Bleury (843-6928)

SIGHTSEEING TOURS

MURRAY HILL (937-5311) has information desks at most major hotels and at Dominion Square.

GREY LINE. 1241 Peel St. (937-2871) and information stands at some of the major hotels.

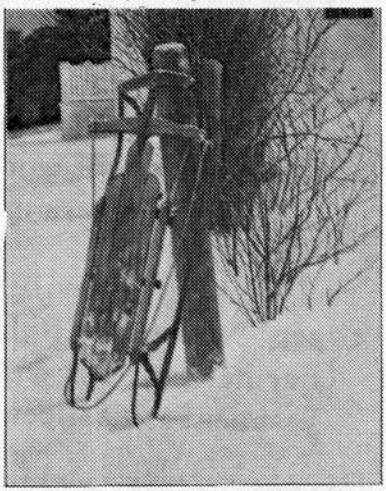
PROMENADE BUSES. They have a kiosque on Dominion Square & at the Montreal City Tourist Bureau. Tours are give from the lasts weeks of June to Labour Day.

CALECHES. Hore-drawn carriages which are available at Dominion Square, Place d'Armes, Place Jacques Cartier or Beaver Lake on the mountain. Available from mid May to mid October.

TAXI-GUIDES. Available at Dominion Square during summer months.

SLEIGHING

SLEIGHING. You'll find your sleigh waiting for you on weekends at the Jacques Cartier Monument on Park Ave. Bus 80, 129 & 128 from Place des Arts metro or take buss 11 from metro Mount Royal to Beaver Lake on the mountain top. Cost is about $8/hour for two to six passengers, depending on the arrangements you make with individual drivers before the ride. If you'd like to arrange for a special party, some sleighs carry 50 people. Reserve your sleigh in advance from Mont Royal Sleigh Rides at (844-1313) weekdays between 11:00 am & noon or from 5:00 - 6:00 pm. Nights (843-3803)



SNOWSHOES (FOR HIRE)

PEEL CYCLE AND SPORTS. 1398 Sherbrooke O. (843-7050) The daily cost of snowshoes - $2/day.

SILKSCREENING

SPONGE STUDIOS. (486-5824) Silk-screens, posters, art prints, fabric & T-shirts.

ARCMTL

ADULT ADVICE:

Exercises to Strengthen The Vaginal Walls

MIDNIGHT WRITER — GALLEY TWO

Tabloid photography requires less effort than writing. European agencies provide them by the bulk and some are lifted from other publications. Celebrity pictures are sometimes bought but more frequently simply borrowed. Pictures of sexual activity are pirated from the glossier and more expensive sex magazines. At times, staff members will pose for the photographs. Ex-nurse may be screen world's next sex goddess (see page 20.)

Advertisement does not have the financial influence to dictate the style of content of the tabloids. The reader does. Another contradiction

[illegible] when Peter arrived. His face flushed at the sight of her bouncing melons capped by deep red nipples. Rosa tossed

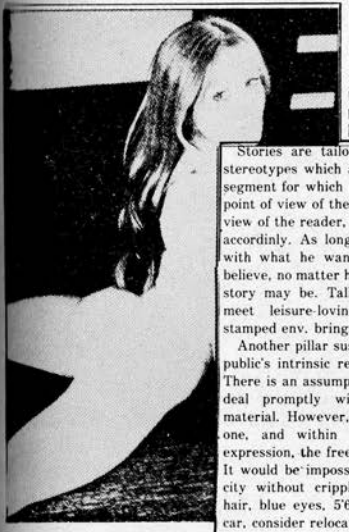
[illegible] Peter [illegible] stripped off his clothes and pent [illegible] with his eyes.

Rosa's hands raved all over his pure flesh, exploring every inch of his muscular body and driving him wild with desire. He moaned deeply when she groped between his thighs to enfold him in her teasing fingers.

As they sank to the floor Rosa's legs parted to welcome his insistent thrust and her eyes glinted with passion. The secret muscles she flexed sheathed Peter tightly and he surged to a spine-arching climax.

They lay in each other's arms for a few minutes until Peter moaned with renewed lust and pulled Rosa down on top of him, bracing himself for her tingling ride to fulfillment.

"These sexercises really do the trick," giggled Rosa later. "The guys don't know what's hit them when I squeeze and fondle them inside. It takes lots of practice but you can do it almost anywhere. Have a strict routine and do five contractions before I get



Stories are tailored to suit the myths and stereotypes which are widespread in the social segment for which they write. Tabloids offer no point of view of their own, they merely echo the view of the reader, shaping their editorial policy accordingly. As long as the reader is presented with what he wants to see, he will buy and believe, no matter how ludicrous or inauthentic a story may be. Tall tawny tantalizer wants to meet leisure-loving guys visiting NYC: a stamped env. brings fast reply.

Another pillar sustaining this credibility is the public's intrinsic respect for the printed word. There is an assumption that the authorities will deal promptly with any unreliable printed material. However, there are more truths than one, and within the hinges of freedom of expression, the freedom to lie must be included. It would be impossible to persecute inauthenticity without crippling plurality. Light brown hair, blue eyes, 5'6", good figure, fine income car, consider relocating if necessary.

Tabloids are both easy and inexpensive to produce. Many a professional writer finds himself spelling garbage at the rate of three, four stories per day while veterans of the art can produce up to ten stories and more. One may be dazzled with the velocity these articles are written in, but if you consider how these stories come about, the achievement becomes less spectacular. There is no verification, no research, and the only restriction consists of having the article fit the title and photographs supplied by the editor. Quotes, names and events are invented. Black hair, brown eyes, 5'3", 115 lbs., Catholic, office girl, good inc., seeks man lonely as she!

Enter any kiosque and chances are you'll be bombarded with a multitude of voluptuous females clade in minimum garments yet all wearing sensuous grins. With their mammoth breasts and voluminous posteriors they entice you to look on, yes, to look on, for as fate will have it these women are as much part of reality as the grotesque headlines which surround them. Light hair, dimpled smile, nice disposition, established in life, seeks man who likes country home.

ARCMTL

ARCMTL

CINCHY
VALDEZ
Midnight Publishing Company, in addition to Midnight, owns 12 less prestigious tabloids and six detective magazines. Each week it ships more than a million papers south of the border: the largest export item in Canadian publishing. A considerable amount make their way to Viet Nam where they seem to be favorite reading material with the American GI. Pretty country miss loves sunbathing, the tickly feel of grass against her bare skin, and love!

Keeping in mind the tabloid definition of exciting, writers revolve around the same stories where the protagonist or antagonist usually takes the form of a pimp, a prostitute, a transvestite, hippie or college student. College is always associated with tales of sex and drugs. Such headlines as: "Sex life on Campus Good College has become a four year orgy." (Close up) pop up frequently. The same myth applies to actors and the wealthy. Hazel eyed honey blonde longs to wed in near future, pretty, trim build, lots of love to give!

Tabloid writers are not at all the bulging eyed hunchbacks popularly imagined, nor do they prowl around dingy offices with their tongues sweeping floors. Most of them are serious writers whom because of a pecuniary set back humiliate themselves to the degrading task. Many would be poets and would-be novelists are employed. Torrid taste-tempting big-busted blonde desires dependably discreet man any race; let's be happy!

Sky proposed the experience as beneficial for any future writer. However, he added that serving long term (more than six months) can have degenerating effects. A 56, father of 100 kids still satisfies 8 wives

ARCMTL

A Grip Like a Vise

...ar-old lesbian and suf-
fers from a rare disease
called vaginismus. Vaginis-
mus is a contraction of the
vaginal muscles so that no
foreign body can leave

won't you, Margaret," and he gave me a big smile.

I had to smile back at her. The two girls lay [illegible] tapped together on the bed. Elizabeth should have counted herself lucky that I was in an ambulance team and that I had to be taken to the General Ho-

anything went wrong. I had a vial of relaxant on the bedside table. Searching into the depths of her delicious honeypot I felt myself coming to orgasm.

At the same time I felt Peta-[illegible] contract violently all over her climax. The only trouble was that he didn't close on her [illegible] again.

The semi-nude sexpot and the magnetic headlines are two of the vital components of the tabloid press. A tabloid is a weekly periodical which deals in a sensationalized way with a limited set of subjects. Sex and gore being the main variables. The "family tabloid" such as Midnight or the National Enquirer is mainly concerned with scandal stories about the rich and famous, rags to riches tales, miracle cures and consumer protection. Sunkist golden hair, brown eyes, fully-female shape, has been hurt by love in past, wants loyal man.

Steve Sky, a present member of the Dawson Faculty and ex-employee of the Midnight conglomerate, gave a lecture on how the pornography vehicle functions, Thursday last at the Vanier auditorium. A moustached chap with a sincerely warm smile he discussed both the pathetic and ironic sides of the operation. As the handful of participants discovered there are some facts about the tabloid press which are impressive. Like the size. Canadian-owned Midnight has a circulation figure of over 600,000. The other 4 nationally distributed tabloids range from 30,000 to 300,000. Advertising revenue is a minimal, less than 5 percent of space per paper is devoted to display ads, sales revenue make up for it. Do you like your gal in high heels and pantyhose? I'm built for 'em! But I need love, so write

Loyola News Wednesday November 8, 1972. Sex, drugs, depravity. Ghost-written for Steven Sky by Nick Zavaglia. A typical scene in an average tabloid editorial office as a harried editor, browbeats a staffer. He invented only 98 stories that day falling far under the usual quota. Hinton grabbed her by the hair and slapped her around until she was moaning and bleeding from cuts on her face and neck. Then he picked her up, threw her on the bed, ripped off her clothing and raped her. Gerry grabbed her by the throat and squeezed...until Maureen stopped struggling and collapsed on the car seat. He stripped her naked and after pawing her body, raped her... Grandma, 64, grows new set of teeth. How we will soon breath water like fish.

ARCMTL

WORK SHEET

RETURN POSTAGE GUARANTEE

NAME << STEPHEN GROSS >>

ADDRESS BOX 65629 STN. F ZONE 12. VANCOUVER B.C.

TEL.

Size: 7" X 4-1/4" – 7" X 2-1/8" – 3-1/2" X 2-1/8" – 3-1/2" X 4-1/4"

◯ 50% of ad cost in advance

◯ not camera ready

_____ added colour price paid _____

✓ If a second edition is necessary are you interested in repeating ad?

THE ABOVE IS THE FINAL LAYOUT FOR VOL.3 OF THE PEOPLE'S YELLOW PAGES.

Signature Steven Sky STEVEN SKY Date JUNE 17 1975

SOCIAL AID CENTERS

PROJECT CHANGE. 3553 St. Urbain Rm. 300 (843-3322)

CRISE. 3577 Rue de Bullion (843-5065) Information and referral centre on urban problems.

CONSUMERS' ASSOC. OF CANADA. 45 Jarry E. (388-2709)

CONSUMERS' PROTECTION BUREAU. Government of Quebec. 201 Cremazie Blvd. E. (873-5436)

INFORMATION & REFERRAL CENTRE OF GREATER MONTREAL. 759 Victoria Square No.54 (842-9751) Provides information re: social services, welfare, health & recreation resources. Also publish a complete and useful directory of community services.

CITY OF MONTREAL HOUSING DEPT. 330 St. Paul E. (872-2881)

CHRIST CHURCH CATHEDRAL SOCIAL SERVICES SOCIETY. 1441 University No.6 (849-4429)

GREATER MONTREAL ANTI POVERTY CO-ORDINATING COMMITTEE (GMAP) 3010 St. Lawrence (844-9800)

NEGRO COMMUNITY CENTRE. 2035 Coursol (932-1107,932-1108)

BLACK COMMUNITY PROJECT. 5757 Decelles No. 17. (737-1118)

OFFICE FOR THE PREVENTION & TREATMENT OF ALCOHOLISM & OTHER TOXICOMANIAS - OPTAT - 3215 Côte Ste Catherine Rd. (731-3339)

HEAD & HANDS. 5826 Sherbrooke O. (481-0277) Human relations counseling.

UNIVERSITY SETTLEMENT HOUSE. 3553 St. Urbain. (842-8836, ext.22) for Welfare and Low Income Citizens.

ALCOHOLICS ANONYMOUS. 4216 St. Hubert. (521-2185)

CITOYENS D'OLIER. 362 Roy E. (284-2090)

WELFARE RIGHTS ANTI-POVERTY. 572 Vinet (932-2388; 933-5958)

WESTMOUNT CITIZENS GROUP. 3209 St. Antoine (931-3166)

WELFARE DEPARTMENT OF MONTREAL. 435 Champ de Mars. Information (872-4262)

Also refer to IMMIGRATION, LEGAL AID CENTRES, HELP LINES, TENANTS AND WOMENS' HELP CENTRES.

STEREO SHOPS

AUDIO SHOP. 1193 Mountain (871-0091)

AUDIO CENTRE. 5260 Sherbrooke O. (482-4420)

AUDIORAMA. 5990 St. Hubert (273-0747)

AUDIOVILLE. 976 St. Lawrence (861-8614)

etc

ETCO. 464 McGill (288-6217)

LA PLACE. 2078 St. Lawrence (288-7755)

NORTEL AUDIO. 482 Ste Catherine O. (871-8500)

OPUS AUDIO. 5181 Decarie (481-0363) Sales & rentals.

ROXY STEREO CENTER. 331 Ste Rose, Laval W. (627-3995)

SON HI FI. 766 Sherbrooke O. (844-3441)

SOUND IDEAS. 1409 Bishop (842-9596)

SOUND VIBRATIONS. 5001 Queen Mary Rd. (737-1053)

OUTRAGEOUSOUND. 1070 MacKay St. (878-9393) Sound reinforcement "Disco" mobile & permanent installations - sales, rentals.

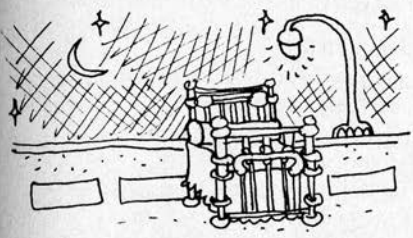
STREET SLEEPING

STREET SLEEPING. If you're out in the cold, no room, and haven't found a friend to stay with. The night is warm and those cups of coffee are losing out to sleep here are a few suggestions for resting in relative comfort.

ARCMTL

Try the lawns surrounding St. Patrick's Church at the corner of Dorchester and Beaver Hall Hill. Public baths not far away in Central Station University and Belmont entrance, one block away.

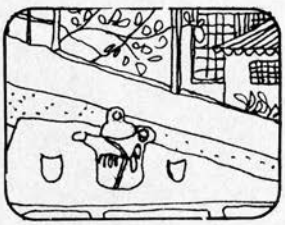
St. James Church on the corner of City Councillers and Ste Catherine O. – a small tree and shaded lawn just to the rear of the church.



For a spacious, private monastery lawn to crash on, walk west on Sherbrooke past Guy and before Atwater, enter the second gate in the great, gray wall, turn left, walk a bit and voila . . . a wilderness!

Mont Royal Park and Ste Hélène's Island are both large parks with many shady groves to hide away at night. Both have public baths. Mont Royal's are at Beaver Lake, the Lookout, and at the corner of Park Ave. and Duluth. Ste Hélène's Island's baths are at the swimming pool Centre.

On the north side of the small park in front of Place des Arts just behind a hedge of trees is a reasonable place for sleeping.



T

TAXIS

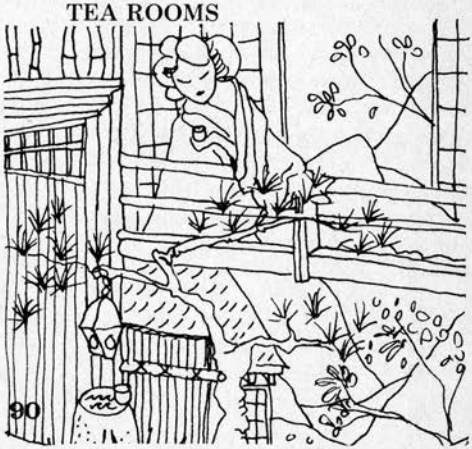
Taxis are fairly inexpensive in Montreal & fairly easy to find on the street. Tips of 15 per cent are expected. If you are someplace where you can't find a taxi cruising the following phone numbers will get one.

DIAMOND – (842-3221)
VETERAN'S – (866-4551)
LASALLE – (861-2552)
WESTMOUNT – (935-2468)
MONTREAL WEST – (484-8018)

Around downtown most riders will be under $1.50, about $2.00 to the north side of the Mountain, Côte des Neige area.

Taxis for handicapped people are also available in the Greater Montreal area. Mini Bus Forest, 7620 du Mail (353-6901); Medicar Service, 2930 Gover (733-7969)

TEA ROOMS



ARCMTL

TOP. 1450 Bishop St. Open noon to midnight, Tues.-Fri.
CHEZ TAVAN. 2102 de la Montagne (842-3481)

CHEZ LOUIS. 2140 de la Montagne

LE JARDIN SAINT DENIS. 1615 rue St. Denis (288-2023)

TOMAN'S. 1421 MacKay Street.

TELEGRAMS

TELECOMMUNICATIONS. 360 St. Jacques O. 'St. James' (285-6411, information- 285-6451) Service is 24hrs to send or receive money and there are pay phone telegram booths at the green light information stand in Central Station.

TENTANTS HELP ORGANIZATION

HOUSING CODE. (872-2881) housing aid to have landlord repair and fix the necessities in your flat.

FIRE PREVENTION BUREAU. (872-3791).

CITY HEALTH DEPARTMENT. 1125 Ontario E. (872-4300), (872-2421).

CITY OF MONTREAL. Electrical and Gas Board (384-7270).
Rent Control Board, 1 Notre Dame E., 11th floor (873-2190).

COMITE LOGEMENT ST. LOUIS. 352 Roy E. (845-7679).

COTE DES NEIGES TENANTS' ASSOCIATION. 5930 Cote des Neiges, Apt. 108.

HOUSING DEPARTMENT. 330 St. Paul E. (872-2881).

MUNICIPAL HOUSING OFFICE. (872-3040) information on municipal low rent houses that are available, 390 St. Paul E.

TENT HIRE

METRO SPORTS. 8366 St. Laurent (384-3582). Rents tents by the day or week. 9 x 9 will cost $15 for 3 days and $19 for the week. 9 x 13 $19 per weekend, $25 per week.

MOUNTAIN HUT. 1324A Sherbrooke O. (842-2851). Rents two man tents. Weekends $6.50 and a deposit of $25.00; by the week $14 plus 25 dollar deposit.

THEATRES

LE THEATRE DU RIDEAU VERT. 4664 St-Denis (844-1793).

THEATRE DE QUAT'SOUS. 100 Ave des Pins Est (845-7277).

THEATRE DU NOUVEAU-MONDE. 84 Ste-Catherine West (861-0563).

EXPO THEATRE. Cité du Harve (489-8641).

LA POUDRIERE. Ile Ste-Hélene (526-0821). Trans: bus 169 from Papineau metro, in winter bus 70.

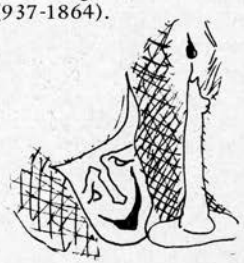
CENTAUR THEATRE. 440 St-François Xavier St. (288-6315). Trans: Place d'Armes metro.

SAIDYE BRONFMAN CENTRE. 5170 Côte Ste-Catherine Road (739-2301).

PLACE DES ARTS. 175 Ste-Catherine West (842-2112). This is Montreal's crystal ball cultural centre which consists of three theatres – Port Royal, Theatre Maisonneuve and Salle Willfred Pelletier.

THEATRE D'AUJOURD'HUI. 1297 Papineau (523-1211).

PENDULUM. Touring Co. 379 Roslyn (937-1864).



ARCMTL

THEATRIX. 240 9th Avenue, LaSalle (363-0959).

LA BUTTE A MATHIEU. Val David, Quebec (1-819-322-2248).

LE THEATRE DE MARJOLAINE. Eastman, Quebec (849-6201).

LE PATRIÔTE DE STE-AGATHE. Ste-Agathe (523-1131).

CONTEMPORARY DANCE THEATRE. 5785 boul. Monk (761-1577).

LA PATRIOTE. 1474 St. Catherine E. (521-6666).

REVUE THEATRE. 1858 de Maisonneuve West (937-2733).

FESTIVAL LENNOXVILLE. (861-2221) P.O. Box 1470, Lennoxville, P.Q.

LAURENTIAN THEATRE CENTRE. Mont Rolland, Exit 42 Laurentian Autoroute (271-5126).

SUN VALLEY SUMMER THEATRE. St. Adele, Quebec. Information Montreal (435-5641) and in St-Adele (229-3511).

BATEAU THEATRE L'ESCALE. St. Marc sur le Richelieu (584-2226).

TOURIST OFFICES

MONTREAL TOURIST BUREAU. 85 notre Dame E. (872-3561) Open all year from 8:30 to 4:30, Monday - Friday.

MONTREAL TOURIST BUREAU. Dominion Square (872-3538) Open 9:00am-9:00pm, seven days a week in summer months only.

QUEBEC TOURIST BUREAU. 2 Place Ville Marie (873-2015) Open 9:00am-5:00pm seven days a week.

MONTREAL URBAN COMMUNITY TRANSIT COMMISSION. For bus and metro information call (877-6260).

TEXACO TOURING SERVICE. 1425 Mountain (842-4281) Information and maps available on North American travelling.

T-SHIRT PRINTERS

IMPRESSION. 2149 Bleury (849-1708)

DOMINION CREST. 407 Notre Dame E. (842-1136).

ARCMTL

T.V. & STEREOS (FOR HIRE)

AVENUE T.V. SERVICE (728-9285).

CITY WIDE (273-7591).

GRANADA (274-7765).

METRO T.V. (937-1900).

COLORVISION (935-6363).

UNIVERSITIES & CEGEPs

CONCORDIA UNIVERSITY. (879-5995).

UNIVERSITE DU QUEBEC. (876-5500).

UNIVERSITE DU MONTREAL. (343-6111).

CEGEP DU VIEUX MONTREAL. 200 Sherbrooke O. (842-7161).

DAWSON COLLEGE. 350 Selby (931-8731); Lafontaine Campus, 1001 Sherbrooke E. (525-2501); The New School, 485 McGill, 6th floor (931-8731).

MCGILL UNIVERSITY. 805 Sherbrooke O. (392-4311).

SCHOOL OF ART AND DESIGN MONTREAL MUSEUM OF FINE ARTS. 3430 Ontario Ave. (842-8665), 2015 Drummond (844-3685).

VISUAL ARTS CENTRE. 350 Victoria (488-9559).

ECOLE DE MUSIQUE VINCENT d'INDY. 200 Vincent d'Indy (273-4271).

COLEGE DE MONTREAL. 1931 Sherbrooke O. (933-7397).

COLLEGE DE MAISONNEUVE. 3800 Sherbrooke E. (254-7131).

MARIANOPOLIS COLLEGE. 3647 Peel (288-6166)

CONSERVATOIRE DE MUSIQUE. 100 Notre Dame E. (873-4031)

LOYOLA OF MONTREAL (incorporated with CONCORDIA U.)

visual arts centre

FALL,WINTER, SPRING,SUMMER day & night courses

FINE ARTS
drawing - colour
design - painting
printmaking
silkscreen
calligraphy

TEXTILES
batik - macrame
weaving - spinning
dyeing - hooking
soft sculpture - quilting

CERAMICS
handbuilding - design
wheel - sculpture
surfaces - glazes

CHILDREN COURSES
ask for a brochure
350 Victoria avenue
488-9559

ARCMTL

VACCINATIONS

INFECTIOUS PARASITIC DISEASES CLINIC. (844-0161) Hôte Dieu de Montréal.

TROPICAL DISEASES CLINIC. (344-3777) Queen Mary Veteran's Hospital.

MONTREAL GENERAL HOSPITAL (937-6011)

C.N.R. MEDICAL CLINIC. 935 Lagauchetière O. (877-5581) Yellow fever vaccinations.

A book is available for travellers who frequent warm climates. "Health Guide In Warm Climates" by S.K.K. Seah. The book is available at most bookstores or through the Queen Mary Hospital.

VD HANDBOOK

VD HANDBOOK. P.O. Box 1000, Station G, Montreal 130, Quebec. Send 25 cents for the first copy and 10 cents for each additional copy (maximum 20) to cover costs of mailing and handling.

VD CLINIC. Refer to clinics.

VIDEO

VIDEO GRAPHE. 1604 St. Denis (842-9786). Videotape equipment for viewing and production. Submit a project and if accepted you will be given instruction and production facilities.

VOLUNTARY WORK

VOLUNTEER BUREAU OF MONTREAL. 2015 Drummond, Apt. 900 (844-4442-4443-4444).

VEGETARIAN RESTAURANTS

MANDIRA. 2055 Bishop (844-1484).

CIRA'S CUCKOO NEST. 5108 Sherbrooke O. (484-0433).

AU JARDIN. 410 Duluth (849-8867) Open 12 - 2 p.m.; 5 - 9:30 p.m.

TOP. 1433 Bishop. Open 12 - 12.

VISOSONIE 2151 Bleury (844-6028) open 11 am. to 11 pm.

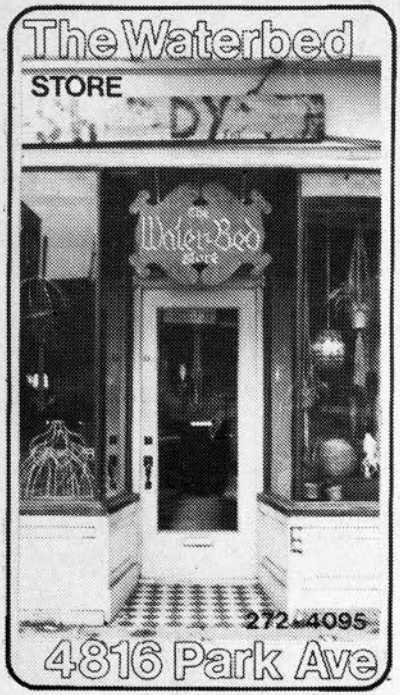
HILLEL FOUNDATION. 2130 Bishop (845-1865).

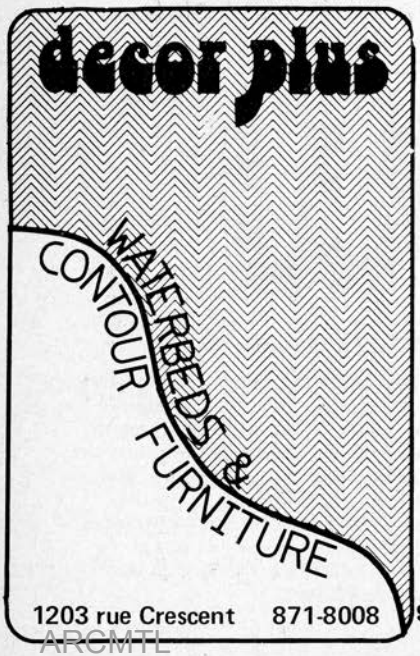
SEMENCE. 2004 Hôtel-de-Ville (849-0817). Noon to 2:00 pm, 5:00 pm -8:00 pm. Closed Saturday, Sunday and Monday.

WALKS IN MONTREAL

OLD MONTREAL by the Association of Volunteer Guides of Montreal Museum of Fine Arts give a tour of the exterior architecture of buildings in the old quarter. You leave Place Vaugquelin which is next to the City Hall at 11 a.m. on Wednesdays, from the end of June until Labour Day. Tours last from one to one and half hours.

ARCMTL





MAN AND HIS WORLD. Metro stop. Ile Ste-Hélene. A fine place to walk at any time of the day throughout the summer. Get the first metro out in early morning and you'll have the area all to yourself. It was designed for humans to walk and no cars to run you down.

This book supplies you with a map of Old Montreal, Carré St. Louis and Down Centre. Follow them in any manner and let yourself be in an exterior museum. Also check under Parks for more walking possibilities.

WATERBED SHOPS

AQUARIUS. 1465 Crescent Street (844-3580).

SHADY. 4816 Park Ave. (272-4095).

AQUA-TECH. 486 Ste. Catherine O. (861-5361).

DECOR PLUS. 1203 Crescent Street (871-8008).

BOUTIQUE LE COUSSIN. 1679 Ste-Catherine O. (935-7545).

AMIBE. Place Bonaventure "Le Viaduc" (866-5900).

WINE MAKING SUPPLIES

WINE CELLAR. 1197 Mackay (866-6075).

AMATEUR WINE SHOP. 3675 St. Johns Road, Lakeshore (626-6896) 1705 Dollard, LaSalle (365-7511).

TUDOR NATURAL FOODS. 5175 Sherbrooke O. (486-3943).

WINE MAKING TOURS

ANDRES WINES. 3055 St. Picard, St. Hyacinthe (467-0131). A 90 minute tour, which includes a wine and cheese tasting session. The tour is given at 4:30 p.m. daily Monday thru Friday.

SECRESTAT LA MAISON 2101 Trans Canada Highway, Dorval. (683-2211) Tours are given to groups of 25 to 50 people, phone in advance.

ARCMTL

WEATHER. Information 24hrs.
(636-3302)

MONTREAL, QUE.[1]—45°30′N, 73°34′W. ALTITUDE ABOVE M.S.L. 187 FEET

	AIR TEMPERATURE							HEATING FACTOR	RELATIVE HUMIDITY			
	Mean Daily	Mean of Daily		Mean of Monthly		Absolute Extreme		Degree-Days Below 65°F.	0100 E.S.T.	0700 E.S.T.	1300 E.S.T.	1900 E.S.T.
		Maximum	Minimum	Maximum	Minimum	Highest Recorded	Lowest Recorded					
	°F.	°F.	°F.	°F.	°F.	°F.	°F.	No.	p.c.	p.c.	p.c.	p.c.
Jan.	15.4	22.7	8.2	43	−12	55	−27	1,540	80	80	74	76
Feb.	16.4	23.6	9.3	40	−8	57	−29	1,370	78	80	66	71
Mar.	28.0	34.6	21.3	52	1	77	−20	1,150	77	79	60	68
Apr.	41.6	49.5	33.8	72	20	86	2	700	78	75	64	64
May.	55.6	64.3	46.9	82	34	94	23	300	78	74	52	60
June.	65.6	74.2	56.9	88	45	94	34	50	80	75	54	62
July.	70.4	78.7	62.1	89	53	97	46	10	80	77	53	62
Aug.	68.2	76.3	60.1	88	50	96	43	40	80	78	53	64
Sept.	59.6	67.1	52.0	83	39	91	32	180	83	83	56	71
Oct.	48.0	54.9	41.2	73	28	84	19	530	82	85	59	72
Nov.	35.2	40.6	29.7	60	12	72	−18	890	81	83	69	79
Dec.	20.7	26.7	14.7	45	−7	59	−29	1,370	81	82	74	79
Year	**43.7**	**51.1**	**36.3**	**91**	**−16**	**100**	**−29**	**8,130**	...	...	...	...

	PRECIPITATION						WIND			BRIGHT SUNSHINE	THUNDER	FREEZING TEMPERATURES[2]
	Rain		Snow		Total (water)		Most Prevalent		Average Speed (miles per hour)	Mean No. of Hours	Mean No. of Days[3]	Mean No. of Days
	Mean Amount	Days	Mean Amount	Days	Mean Amount	Maximum Fall in 24 Hours	Direction	Percentage				
	in.	No.	in.	No.	in.	in.						
Jan.	1.16	5	23.8	14	3.54	1.75	SW	25	12.6	79	0	30
Feb.	0.57	3	21.5	14	2.72	1.20	W	26	12.7	102	0	28
Mar.	1.46	6	18.0	11	3.26	1.67	SW	27	12.5	145	1	25
Apr.	2.72	11	6.5	3	3.37	1.62	SW	25	12.3	167	1	10
May.	3.30	13	T	[3]	3.30	2.04	SW	26	11.2	203	2	1
June.	3.76	13	0	0	3.76	2.68	SW	33	9.9	222	4	0
July.	3.97	13	0	0	3.97	2.71	SW	37	9.3	244	5	0
Aug.	3.48	10	0	0	3.48	2.98	SW	35	9.1	223	4	0
Sept.	3.72	12	T	[3]	3.72	1.94	SW	29	9.7	170	2	0
Oct.	3.33	16	0.7	1	3.40	3.39	SW	26	10.5	126	1	3
Nov.	3.00	10	9.2	6	3.92	2.08	SW	21	11.5	69	0	17
Dec.	1.25	6	21.1	13	3.36	1.96	W	29	11.9	61	[3]	29
Year	**31.72**	**118**	**100.8**	**62**	**41.80**	**3.39**	**SW**	**28**	**11.1**	**1,811**	**20**	**143**

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WOMEN'S HELP CENTERS

WOMEN'S INFORMATION AND REFERRAL SERVICE. 3595 St. Urban (842-4781). Legal, medical, welfare, immigration and associated problems.

WOMEN'S INFORMATION SERVICE Y.W.C.A. 1355 Dorchester O. (866-9941) (Local 44).

MONTREAL RAPE CRISIS CENTRE. (866-6666) 1355 Dorchester O., 1st floor. A 24 hour bilingual service has been set up to deal with victims of sexual assualt and rape.

SINGLE MOTHERS CENTRE. 1210 Greene Ave. (935-9349)

WOMEN'S SELF-HELP CENTRE. 3595 St. Urbain (844-5893) Open to all women interested in learning more about bodies and in taking more responsibility for their own health.

CHAMPLAIN WOMEN'S CENTRE. 900 Riverside Drive, Apt. 141 (672-8772) Champlain CEGEP, St. Lambert.

ANO-SEP. 1207 St. Andre, No.314, (845-7636 or 845-7533) French language aid centre for divorced and separate women.

MONTREAL DIET DISPENSARY. 2182 Lincoln (937-5375) Free vitamins, milk and friendly direction for pregnant women.

WOMEN'S RECEIVING HOME. 4102 Dorchester O. (932-5306) Accomodation for women only. Temporary emergency home.

MAISON D'ACCEUIL. 4373 Esplanade (845-0151) Temporary accomodation for women and their children.

ELIZABETH HOUSE. 2131 Marlowe (482-2488) Residence for single mothers.

GRACE HAVEN. 6690 Monkland Ave. (484-2228) Residence for single mothers.

MONTREAL COUNCIL OF WOMEN. 1396 Ste Catherine O. Apt. 422 (861-6010)

FAMILY SERVICES ASSOCIATION OF MONTREAL. 4515 Ste. Catherine O. (934-0721).

MONTREAL WOMEN'S YELLOW PAGES. A resource book on Womens aids and services in Montreal. Available at bookstores and most Women's Centres. Made by the people at Women's Information and Referral Centre, 3595 St. Urbain. Book cost $1.00 each. Birth Control Handbook, P.O. Box 1000, Station G, Montreal, Quebec. Send 25 cents per copy (maximum 10) for mailing and handling.

NATIONAL COUNCIL OF JEWISH WOMEN OF CANADA. 5775 Victoria Ave., Apt. 105 (733-7589).

DIAL-A-DIETITION. 1538 Sherbrooke O., Apt. 817. Free telephone service; head office (932-4427)

FAMILY PLANNING ASSOCIATION. 336 Sherbrooke E. (844-3349). Birth Control Information Centre (844-3349).

YM-YWCA

YOUNG MEN'S CHRISTIAN ASSOCIATION. 1441 Drummond (849-5331)

YOUNG WOMEN'S CHRISTIAN ASSOCIATION. 1355 Dorchester O. (866-9941)

YOUTH HOSTEL ASSOCIATION

YOUTH HOSTEL. 3541 Aylmer (843-3317).

YOUTH HOSTEL ASSOCIATION. 1324 Sherbrooke O. (842-9048).

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Viewing south, standing at a lampstand, viewing north
Complaints refer to Governments category p. 35

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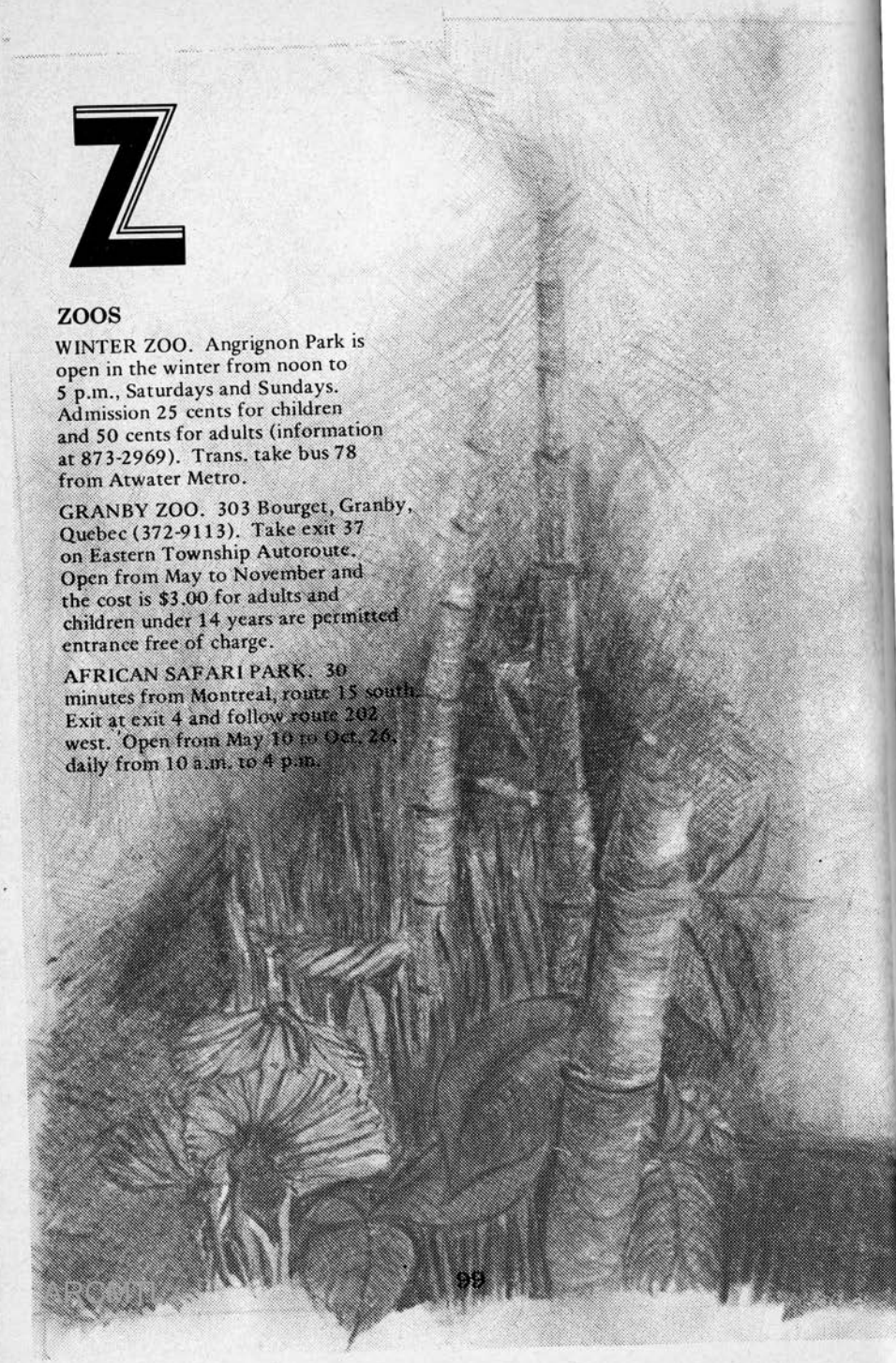

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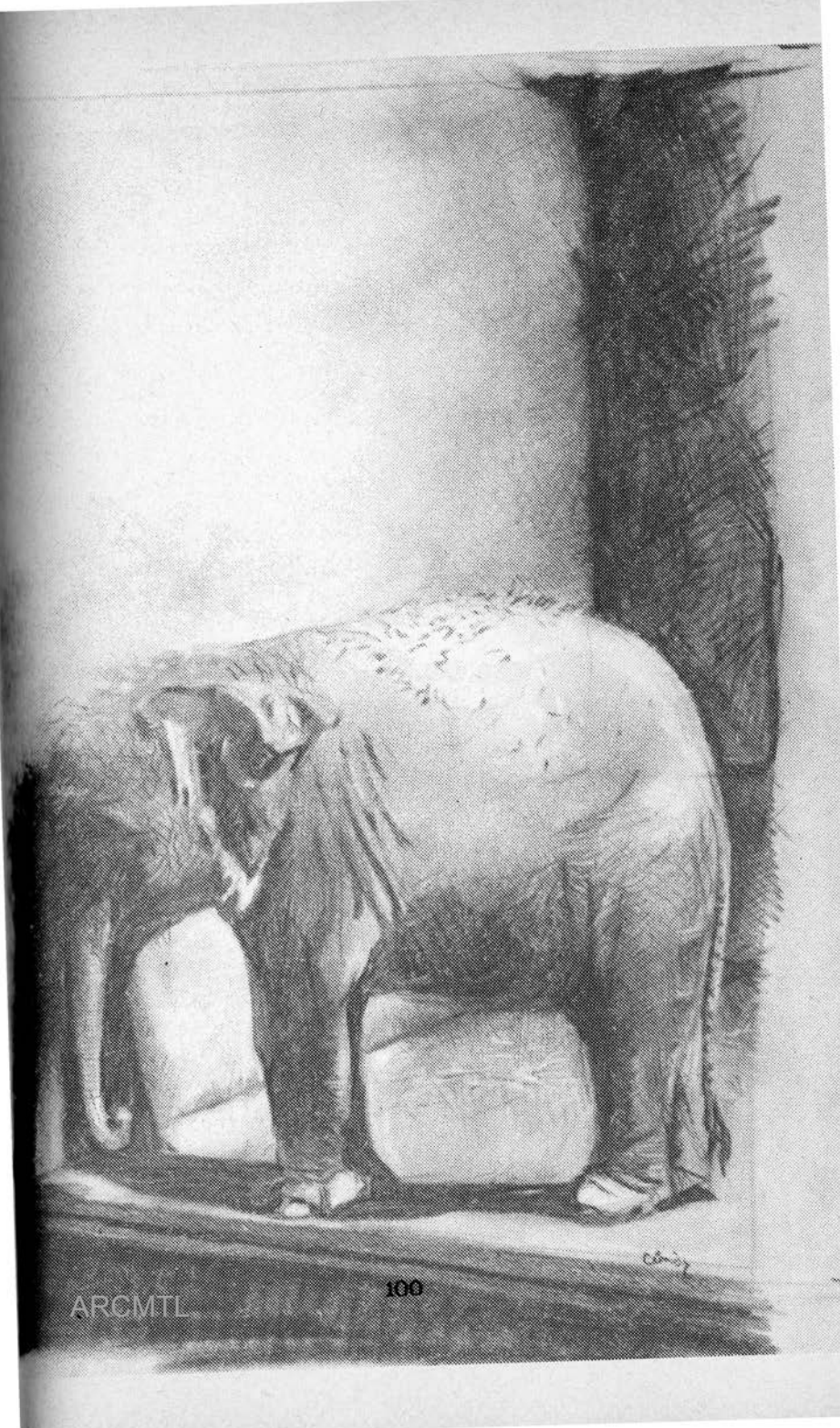
ZOOS

WINTER ZOO. Angrignon Park is open in the winter from noon to 5 p.m., Saturdays and Sundays. Admission 25 cents for children and 50 cents for adults (information at 873-2969). Trans. take bus 78 from Atwater Metro.

GRANBY ZOO. 303 Bourget, Granby, Quebec (372-9113). Take exit 37 on Eastern Township Autoroute. Open from May to November and the cost is $3.00 for adults and children under 14 years are permitted entrance free of charge.

AFRICAN SAFARI PARK. 30 minutes from Montreal, route 15 south. Exit at exit 4 and follow route 202 west. Open from May 10 to Oct. 26, daily from 10 a.m. to 4 p.m.



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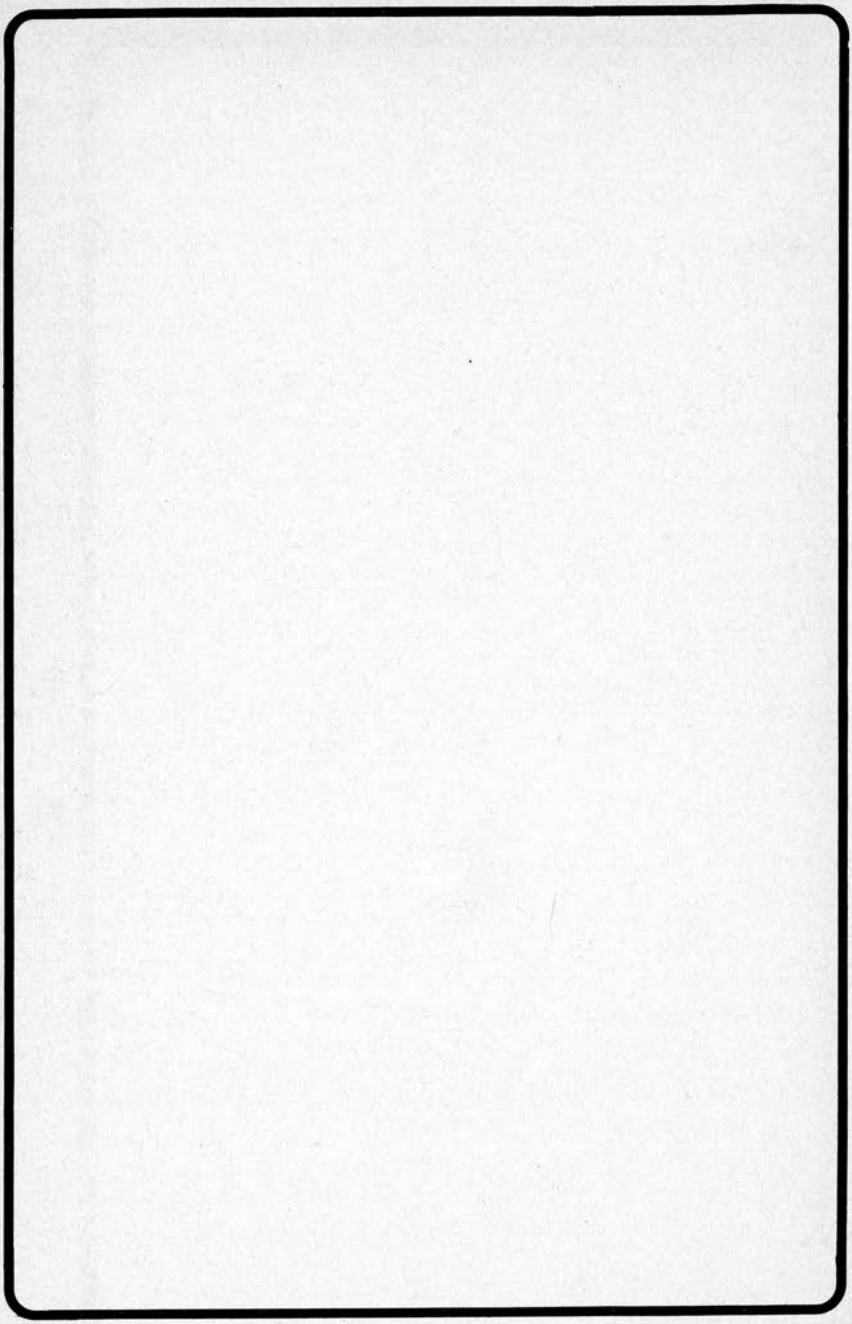

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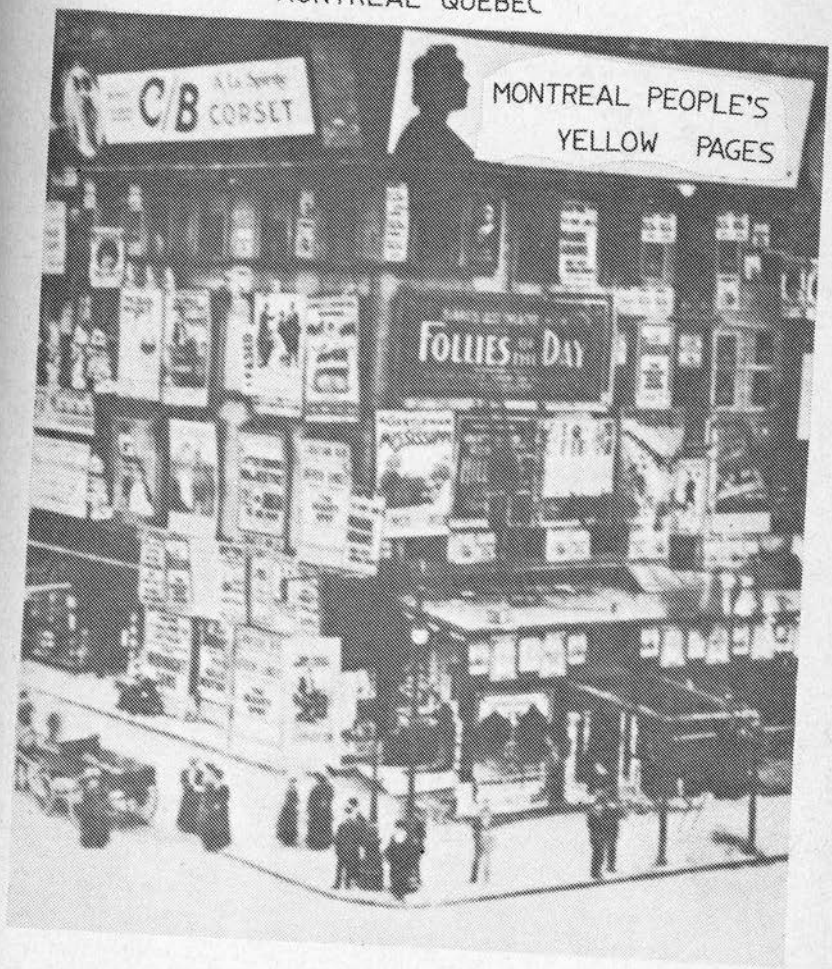

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We welcome the feelings of those Montrealers interested in turning some of their knowledge back into this city. If you would like to share your favourite eating, drinking, walking, smoking or hiding spots, here's your chance!

We would also like to extend an invitation to Montreal writers to submit their perceptions of our fair city through poems or short stories.

Small businesses, artisans, community services: if you want free publicity through listings, let us know.

For that matter, all those interested in helping us to form a composite portrait of Montreal's many faces: legal and social aids, clinics, coffee houses, museums, media, restaurants, bars etc., are invited to do so by contacting us.

Write, fold, stamp and return.

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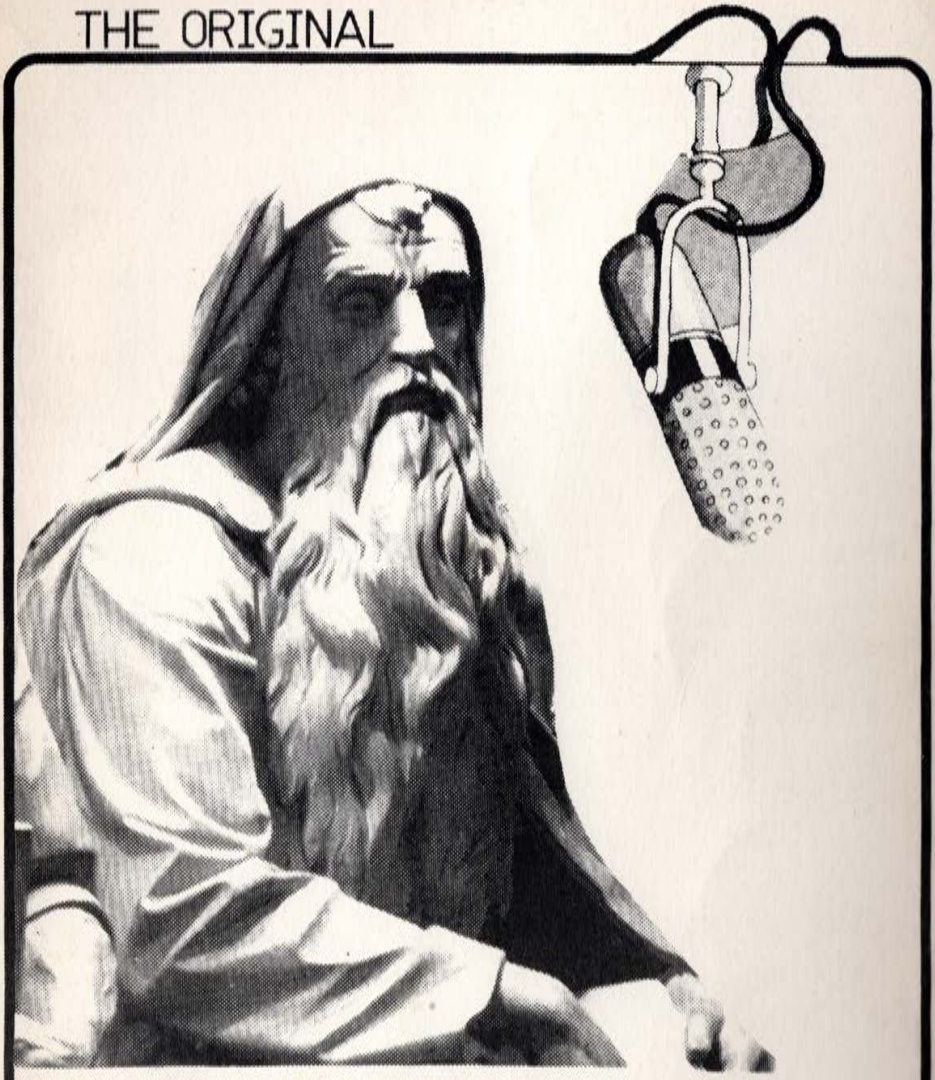

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The Montreal People's Yellow Pages is a new kind of guidebook. Its information is carefully researched and fitted into a simple alphabetical format, which provides long or short-term visitors and residents with a handy, portable composite picture of her many faces; accommodation, eating, travel, maps, music, theatre, legal aid, politics, rental, services, markets, museums, night life and many, many more.

Use The Montreal People's Yellow Pages as an aid for discovering the creative life-energy of your city.

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